BACHELOR OF SOCIAL WORK (BSW) Four-Year Full Time Programme (2024 Admissions)

Scheme and Syllabus for Career related First Degree Programme

under OBE System in Affiliated Colleges

UNIVERSITY OF KERALA

2024

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BACHELOR OF SOCIAL WORK (BSW)

Four-Year Full Time Programme

(2024 Admissions)

Scheme and Syllabus for Career related First Degree Programme under OBE System in Affiliated Colleges

1. INTRODUCTION

Social Work is a helping profession which assists individuals, families, groups, and communities to enhance their well-being. It is a noble and satisfying profession committed to social change and social justice. The professional social worker finds themselves working in a myriad of practice fields and impacting lives. Some of the avenues a social worker is employed in include governmental and non-governmental organizations involved in development of vulnerable groups, child and family welfare programmes, hospitals and elder-care settings, correctional institutions, industries, schools etc.

The University of Kerala Four-Year Undergraduate Programme (UoK-FYUGP)[1]: The present syllabus is based on the directives under the New Education Policy 2020. It stands out from the previous schemes and syllabus in its introduction of the Four-Year Undergraduate Programme (FYUGP). The FYUG programmes offered by the University of Kerala is student-centric and Outcome based. These programmes provide holistic and multidisciplinary education experience in addition to a focus on the chosen major and minors as per the choices of the student. They also offer the student multiple pathways for learning. This document unfolds the pathways to achieve an academic degree in Social Work, which is essential to practice as a professional social worker.

This document starts with presenting the Programme Outcomes of the Social Work programme and the andragogy adopted by the discipline. Then it goes on to present the modalities (courses, degrees and pathways) through which the Programme Outcomes could be achieved, describing in detail the UoK-FYUGP Model with respect to the discipline of Social Work. The List of Courses

[1] University of Kerala. February 2024. University of Kerala Four-Year Undergraduate Programme (UoK-FYUGP)-Guidelines to Board of Studies.

offered are then provided with details of fieldwork hour requirements. Detailed modules are presented in the last section along with elaboration of fieldwork components.

2. PROGRAM SPECIFIC OUTCOMES (PSOs)

The present syllabus is envisaged on lines of Outcome based Education (OBE). Hence extensive work has gone into determining outcomes and preparing an outcome document (Annexure 1). Given below are the Program Specific Outcomes (PSOs) of the MSW programme. Every course is designed with the aim of achieving the PSOs.

PSO 1: Informed about the Profession	The trainee shall be well-informed about the profession, by acquiring profession-specific and interdisciplinary **knowledge**.
PSO 2: Express Professionalism	The trainee shall demonstrate **ethical and professional behaviour and attributes**.
PSO 3: Apply the Problem-solving Process	The trainee shall systematically and skillfully apply the **problem-solving approach** in the process of helping clients achieve better social functioning.
PSO 4: Demonstrate Social Work Skills	The trainee shall demonstrate the **social work skills** relevant to the practice of **social work methods**.
PSO 5: Practice in Multiple Contexts	The trainee shall be capable of incorporating **diversity in practice** by adapting to **multiple fields and contexts** of social work and **engaging sensitively with clients** of different socio-cultural and religious backgrounds.

3. SOCIAL WORK ANDRAGOGY

Professional Social Work expects all-round development of the aspiring learners. Learners of social work are expected to engage at individual and group levels as well as coordinate with social work agencies as active personnel administering social welfare measures and doing referrals. Learners, also referred to as trainees, are put through a blend of theory and field practice (interchangeably termed fieldwork) so as to enable them to make a reflective and critical application of theory in practice. Thus, during supervised fieldwork, the social work trainee will

be assessed by their teachers and agency supervisors (where applicable) for personal and professional development for their ability to integrate knowledge (theoria) and apply in practice (praxis), acquisition of skills, especially documentation, keeping in mind the audience (poïesis), as well as development of broad understanding of research (research), based on the activities engaged in and initiatives undertaken (Jose, 2013).

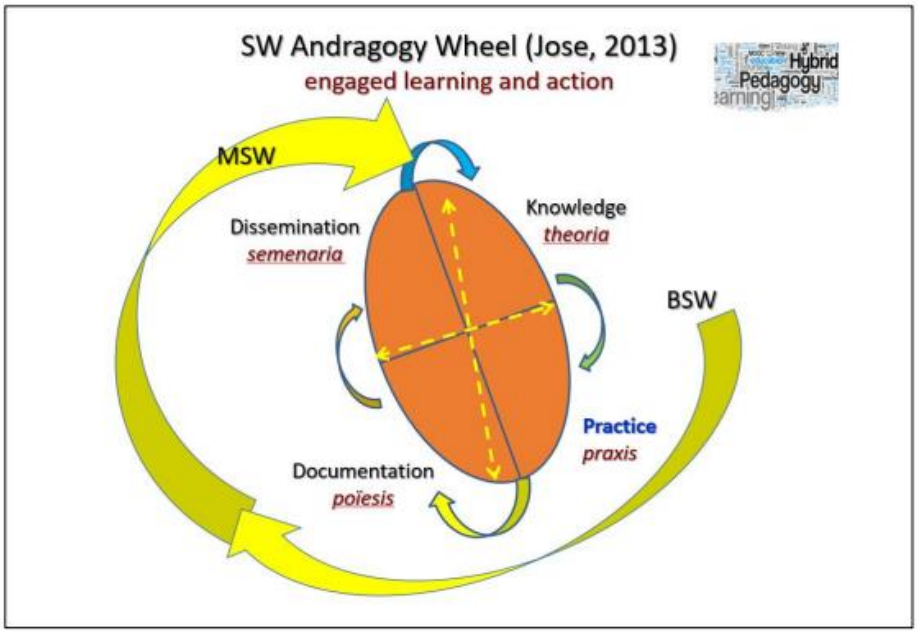

Diagram 1. Social Work Andragogy Wheel as a cyclic, reflective blend of practice (*praxis*), theory (*theoria*), documentation (*poiesis*) and dissemination (*semenaria*).

4. COURSES, DEGREES AND PATHWAYS OFFERED BY BSW FYUGP

The UoK-FYUGP offers the opportunities for students to choose from 8 kinds of degrees that can be acquired through 7 different pathways (5 pathways in the first 3 years and 2 in the fourth year). These pathways are created by selecting different kinds of courses from the University's or College's basket of courses. There are three kinds of courses offered by the University under the FYUGP, which can be further divided into 7 types.

1. **Discipline Specific Core (DSC) courses** are the core credit courses in a particular discipline. Students may choose DSC courses as their major or minor courses of study.

1.1. **DSC Major:** The degree is awarded based on the major chosen. A student completing three-year programme, shall have chosen 11 major courses, while a student completing four-year programme shall have chosen 15 major courses.

1.2. **DSC Minor:** Minor courses are chosen from different discipline other than the major. A student completing three-year programme, shall have chosen 6 minor courses, while a student completing four-year programme shall have chosen 9 minors.

2. **Discipline Specific Elective (DSE)** courses are a pool of credit courses in a particular discipline. These courses offer specialization to students in a particular discipline. DSEs are related to the DSC major. A student completing three-year programme, shall have chosen 6 DSEs, while a student completing four-year programme shall have chosen 7 DSEs.

3. **Foundation Courses:** There are four kinds of foundation courses which are of 3 credits.

3.1. **Ability Enhancement Courses (AEC)** are courses offered by language and literature disciplines to ensure enhancement of language proficiency among students. A student has to study 4 AEDs of 3 credits each. Two of these AECs are from English discipline and two from other language discipline.

3.2. **Multi-Disciplinary Courses (MDC)** are generic elective courses meant to ensure multi-disciplinary education to students. It is generally chosen from discipline other than major discipline. A student has to choose 3 MDCs.

3.3. **Value Addition Courses (VAC)** are meant to inculcate ethics. constitutional values, soft skills, sports and such similar values to students. A student has to choose 3 VACs.

3.4. **Skill Enhancement Courses (SEC)** are skill-based courses in all disciplines which may inculcate skill, competencies and hands on training. A student has to choose 3 SECs.

TABLE 1: General Foundation Courses

Sl No	Course	Credit for each course	No.of Courses	Total Credit	Disciplines Offering Course
1	Multi-Disciplinary Course (MDC)	3	3	9	All Disciplines
2	Ability Enhancement Course (AEC)	3	4	12	English Other Languages
3	Value Addition Courses (VAC)	3	3	9	All Disciplines
4	Skill Enhancement Course (SEC)	3	3	9	All Disciplines
Total Courses and Credits			13	39	

Degrees offered under the BSW FYUGP: The syllabus detailed herein leads to the award of eight specific degrees in Social Work:

(1) Bachelor of Social Work (BSW)
(2) BSW Major with multiple disciplines
(3) BSW Major with Single Minor
(4) BSW with Vocational Minor
(5) Double Major with BSW as first major
(6) Double Major with BSW as second major
(7) Bachelor of Social Work Honours, and
(8) Bachelor of Social Work Honours with Research

The credit requirements for these courses range from a minimum of 133-177 credits to a maximum of 150-200 credits. While the BSW degree can be acquired if a minimum of **145 credits** are acquired within 5-6 semesters, the BSW Honours and BSW Honours with Research require acquisition of a minimum of **189 credits** within 7-8 semesters. Credit requirements with respect to double major pathway needs to be considered separately from this general rule of 145-189 credits.

TABLE 2: Academic Pathways

Sl. No.	Pathways	DSC Major + DSE* (4credits)	Minor** (4credits)	MDC# SEC VAC** (3credits each)	AEC (3 credits)	Internship (14 credits)	Total Credits & Example
1	Social Work (Single Major)	**68** credits 17 courses (11+6)	**24** credits 6 courses	**27** credits 9 courses	**12** credits 4 courses	**14** credits (2 credits + additional 12 credits)	**145 Credits** Major: Social Work Minors: Psychology+ Sociology+ Management+ Statistics+ Economics
2	Social Work with multiple disciplines	**68** credits 17 courses (11+6)	**12+12** credits 3+3 courses	**27** credits 9 courses	**12** credits 4 courses	**14** credits (2 credits + additional 12 credits)	**145 Credits** Major: Social Work Minors: Computer Applications+ Cyber Crime
3	Social Work with Minor	**68** credits 17 courses (11+6)	**24** credits 6 courses	**27** credits 9 courses	**12** credits 4 courses	**14** credits (2 credits + additional 12 credits)	**145 Credits** Major: Social Work

							Minor: Web Design and Development
4	Social Work with Vocational Minor	**68** credits 17 courses (11+6)	**24** credits 6 courses	**27** credits 9 courses	**12** credits 4 courses	**14** credits (2 credits + additional 12 credits)	**145 Credits** Major: Social Work Minor: Data Analytics
5	Double Major (Social Work as first/second major)	Social Work (1st major): DSC Major and DSE: **44** credits (8+3 courses)	**4** credits (1 course)	18 credits*** 6 courses	12	**16** credits (2 credits + 14 credits)	**94 credits^ (80+14)** Social Work and Environmental Science
		Social Work (2nd major): DSC Major and DSE: **24** credits (3+3 courses)	**20** credits (5 courses)	9credits*** 3 courses		**17** credits (Additional)	**70 credits^ (53+17)** Environmental Science and Social Work

*To be acquired from the courses offered by Social Work discipline; ** To be acquired from courses offered by other disciplines; *** Under Double Major, MDC, SEC and VAC are related to the respective majors and preferably selected from the courses offered under the major discipline; # Of the three MDCs, one is on Kerala Studies and offered by the discipline of Language and Literature. ^The credits for double major is expected to reach the maximum credit requirement of 150 credits. Hence, if a student opts for a double major pathway, the student has to keep this in mind. The first or second major selected outside the discipline, should have credit requirements that do not exceed 150 when totalled.

A student opting for BSW is expected to undertake 11-15 discipline-specific core (DSC) major courses and 6-7 discipline-specific electives (DSE) courses, depending on whether the student chooses BSW, BSW honours/honours with research. In addition to the DSC-major courses and DSE courses, the student has to undertake 6-9 DSC-minor courses and 13 foundation courses (from within or without the discipline of social work, based on the type of course and pathways chosen). In addition to this, the student is expected to undertake internships during 4th Semester (of 2 credits), 5th Semester (of 6 credits) and 6th Semester (of 6 credits), and internships (for those opting for BSW Honours) or projects (for those opting for BSW Honours with Research) respectively of 12 credits during 8th Semester. For double major pathways, an additional 14-17 credit of fieldwork is expected.

Bachelor of Social Work (BSW): A student shall be granted a BSW Degree after acquiring minimum credits of 145. The additional credit requirement (i.e. general 133 credits+12 credits internship) is envisaged to meet fieldwork hour requirements. A student

is expected to acquire the requisite credit hours within 6 semesters covering 3 years. The student is also given an opportunity to acquire the minimum required credits of 145 in a **fast-track mode** within 5 semesters (N-1 semester). The BSW Degree can be acquired through **5 pathways**, which puts together different combinations of the courses detailed above. Based on the pathway chosen the BSW Degree can be qualified as:

1. **BSW Single Major:** The minimum credits requirement is 145 credits within 5-6 semesters. The 6 minor courses can be opted from 6 different disciplines.
2. **BSW Major with multiple disciplines:** The minimum credits requirement is 145 credits within 5-6 semesters. The minors selected are from 2 different disciplines, i.e. 3 minor courses each can be chosen from 2 disciplines.
3. **BSW Major with Single Minor:** The minimum credits requirement is 145 credits within 5-6 semesters. Only one minor discipline can be opted, i.e. all 6 minor courses completed should be from the same discipline.
4. **BSW with Vocational Minor:** The minimum credits requirement is 145 credits within 5-6 semesters. Only one minor discipline can be opted, i.e. all 6 minor courses completed should be from the same discipline, and the remaining 3 minor courses from vocational domain.
5. **Double Major with Social Work as first major:** The minimum credits requirement to qualify as first major in Social Work is **94** credits by 5-6 semesters. For the Double Major pathway the DSC Minors, MDCs, VACs and SECs are divided among the two majors. For a student who choses Social Work as the first major, 2MDCs, 2 SECs, 2 VACs and the internship of 2 credits are to be acquired from courses offered by the discipline of Social Work. In addition to this, a student is expected to undertake an additional total of 14-credit internship during the 5^{th} and 6^{th} Semesters, to meet requisite fieldwork hour requirements.

6. **Double Major with Social Work as second major** A student who chooses Social Work as second major is expected to meet a requirement of **70** credits from the discipline of Social Work. For a student who chooses Social Work as the second major, 1 MDC, 1 SEC and 1 VAC are to be acquired from courses offered by the discipline of Social Work. In addition to this a student is expected to undertake an additional total of 17 credits internship in the 4th, 5th and 6th semesters, to meet fieldwork hour requirements.

Bachelor of Social Work (BSW) Honours: As mentioned above, after the acquisition of 133 credits over the course of 5 or 6 semesters, the student can exit the programme with a BSW degree. If the student seeks to pursue higher studies, the student can choose between BSW Honours degree or BSW Honours with research degree. If the student opts to acquire a BSW Honours Degree, they can continue on to the 7th semester and take 4 discipline specific major courses and one discipline specific elective course. Of these 4 courses, credits for 2 courses are to be acquired by completing the requirements of online courses like MOOC. The student also undergoes a 12-credit internship. To complete the BSW honours degree, the student is required to acquire a minimum of 177 credits by the 8 semesters. The student is also given an opportunity to acquire the minimum required credits of 177 credits in a **fast-track mode** by 7 semesters (N-1 semester).

Bachelor of Social Work (BSW) Research: Students who secure at least 75% of marks in all six semesters can choose BSW honours with research stream in the fourth year. If the student opts for BSW Honours with research, the student moves on to the 7th semester acquiring 4 research related major courses and 1 DSE course. Of these 4 courses, credits for 2 courses are to be acquired by completing the requirements of online courses like MOOC. The student is also expected to meet a 12-credit project requirement. To complete the BSW honours degree with research, the student is required to acquire a minimum of 177 credits by the 8 semesters. The student is also given an opportunity to acquire the minimum required credits of 177 credits in a fast-track mode by 7 semesters (N-1 semester).

TABLE 3: Degrees, Courses and Credits under the BSW FYUGP

	DSC-Major	**DSE**	**DSC-Minor**	**Foundation**	**Internship/ Project**	**Total**
BSW (6 pathways)	11 courses 44 credits	6 courses 24 credits	6 courses 24 credits	13 courses 39 credits	2 credits+ 12 credits)	36 courses 145 credits*
BSW Honours	15 courses# 60 credits	7 courses 28 credits	9 courses 36 credits	13 courses 39 credits	2+ 12 credits +12 credits	44 courses 189 credits**

BSW Honours with research	15 courses# 60 credits	7 courses 28 credits	9 courses 36 credits	13 courses 39 credits	2+ 12 credits +12 credits	44 courses 189 credits**

*Max of 150 credits can be acquired. To meet Fieldwork requirements an additional Fieldwork Internship is introduced in the 5th and 6th semesters which brings the credits to 145; **Maximum of 200 credits can be acquired; # Of the 15 DSC major courses to be audited by BSW Honours and BSW Honours with research students, 4 courses are in the 4th year. Of these 4 courses, credits for 2 courses are to be acquired by completing the requirements of online courses like MOOC.

Electives: Under DSE, seven courses are offered, starting from the second year/third semester. While 6 of the elective courses are offered as part of the BSW degree, the 7th elective is offered in the fourth year. The electives offered as specialization under the BSW programme are:

Community Development: Community Development specialization focuses on improving the quality of life in communities, particularly for vulnerable populations. Professionals in this fieldwork on a wide range of issues such as poverty, education, healthcare, and economic development.

Medical and Psychiatric Social Work: The specialization in Medical and Psychiatric Social Work is a branch of social work that focuses on the assessment and treatment of individuals with medical and psychiatric conditions. Professionals in this fieldwork in various settings, including hospitals, mental health clinics, and community health centers. They collaborate with healthcare professionals to develop treatment plans, provide therapy, and support patients and their families in coping with the challenges of illness and mental health issues.

Family and Child Welfare: The specialization in Family and Child Social Work focuses on the well-being of children and families. Professionals in this field are often involved in cases related to child welfare, including child abuse, neglect, and foster care. They also work with families providing various services including case work, group work, family life education and family counselling.

Switching Majors/minors: The University of Kerala permits students if they so desire, to switch their major and minor discipline at the end of second semester. If the student opts to switch major, the major can be chosen from the Minors or the MDCs attended by the student.

Exit options: If the student opts to continue with the major discipline, the next exit is after the completion of 6th semester or 3rd year (or 5th semester if 133 credits is acquired in the 5th semester under the N-1 fast-track scheme).

5. SOCIAL WORK COURSES: FEATURES AND LIST

As described in the Introduction section of this document, there are three kinds courses offered under the FYUGP, which can be further divided into 7 types- (1) Discipline specific core (**DSC**) **Major** courses; (2) Discipline specific core (**DSC**) **Minor** courses; (3) Discipline specific-electives (**DSE**); and **Foundation courses**, comprising of (4) Multi-disciplinary courses (**MDC**), (5) Value added courses (**VAC**), (6) Skill enhancement courses (**SEC**) and (7) Ability enhancement courses (**AEC**). AECs as well as one MDC are designed and offered by Language and Literature discipline, hence, these have not been presented in this document. This syllabus document presents Course outlines of the other 6 types of courses, excluding one MDC and AEC mandated by the University. Likewise, as the online courses of the 4th year are to be opted by students independently, course outlines of these have also not been presented. Thus, the Course outlines of **sixty-four** courses have been presented in this document.

The general features of the courses designed under the social work discipline are:

1. The DSC Major courses have been designed in such a way that students gain knowledge about the profession and the skills to practice its 6 methods¥. Students also acquire the ability to critically analyze situations by applying basic interdisciplinary knowledge from psychology, sociology, economics and law. A course on Social Work Competencies is also offered to integrate the input from methods and inculcate further skills. Other skill-based courses include Counselling and Project Management.
2. DSC and DSE courses are of 4 credits and Foundation courses are of 3 credits.
3. One credit of theory is equivalent to 15 hours, whereas 1 credit of fieldwork is equivalent to 30 hours.

¥ - *primary methods being social casework, social group work, community organisation; and secondary methods being social action, social welfare administration and social work research*

4. For all courses, syllabus has been outlined in 5 modules. Except for 2 courses related to BSW honours with research in the 4th year, all other courses have 4 modules of theory and the last module is designated as fieldwork.

5. The syllabus maintains a uniform pattern with DSC and DSE courses having 3 credits of theory (45 hours) and 1 credit of fieldwork (30 hours), covering a total of 75 hours.
6. Foundation courses, which are 3-credit courses, has been designed to have 2 credits of theory (30 hours) and 1 credit of fieldwork (30 hours), totally covering 60 hours.
7. All (except 2) DSC Major courses, electives and foundation courses offered by the Social Work discipline, have a 1 credit fieldwork component, where 1 credit is 30 hours.
8. One DSC Major course is entirely designated for fieldwork.
9. An additional Internship of 12-14 credits (depending on pathway) is mandatory in the 5th and 6th semesters to meet the minimum fieldwork hour requirement of 1000 hours.

The **list** of courses designed and offered by the discipline of Social Work is given below.

TABLE 4: Number of Courses offered by Social Work

Types	**Details**	**Total**
DSC Major	BSW 3 years: 11 courses BSW Honours 4th Year: 2 courses BSW Honours with Research 4th Year: 2 courses	15
DSC Minor	BSW 3 years: 6 BSW 4th year: 3	9
DSE	CD: 7, MPSW: 7, FCSW: 7	21
MDC	5 Courses	5
VAC	6 Courses	6
SEC	8 Courses	8
	Total courses for which **Course Outlines** are presented in the document	**64**

TABLE 5: List of DSC Major Courses for B.S.W. (Three Years)

S.N.	**Sem**	**Code**	**Course Name**	**Level**
1	1	UK1DSCSWK100	Introduction to Professional Social Work	Foundation
2	2	UK2DSCSWK103	Psychology for Social Work	Foundation
3	3	UK3DSCSWK200	Working with Communities	Intermediate

4	4	UK4DSCSWK203	Working with Individuals	Intermediate
5	4	UK4DSCSWK204	Sociology and Economics	Intermediate
6	5	UK5DSCSWK300	Working with Groups	Higher
7	5	UK5DSCSWK301	Social Work Administration	Higher
8	5	UK5DSCSWK302	Theory and Practice of Counselling	Higher
9	6	UK6DSCSWK303	Social Work Research	Higher
10	6	UK6DSCSWK304	Social Legislations	Higher
11	6	UK6DSCSWK305	Fieldwork Lab (120 hours)	Higher

TABLE 6: List of DSC Major Courses for B.S.W. Honours (Fourth Year)

SN.	Sem	Code	Course Name	Level
12	7	UK7DSCSWK400	Social Work Competencies	Capstone
13	7	UK7DSCSWK402	Project Planning and Management	Capstone
14	8	UK7DSCSWK404	Online (Suggested: Specialization-based)	Capstone
15	8	UK7DSCSWK404	Online (Suggested: Specialization-based)	Capstone

Table 7: List of DSC Major Courses for B.S.W. Honours with Research (Fourth Year)

SN.	Sem	Code	Course Name	Level
16	7	UK7DSCSWK401	Research Methods in Social Work	Capstone
17	7	UK7DSCSWK404	Advanced Social Work Research	Capstone
18	8	UK8DSCSWK409	Online: IT tools for research	Capstone
19	8	UK8DSCSWK410	Online: Academic Writing and Publishing	Capstone

TABLE 8: List of DSC Minor Courses (All 4 Years)

S.N.	Sem	Code	Course Name	Level
1	1	UK1DSCSWK101	Social Analysis for Development	Foundation
2	1	UK1DSCSWK102	Professional Social Work	Foundation
3	2	UK2DSCSWK104	Social Work Methods	Intermediate
4	2	UK2DSCSWK105	Psychological Analysis for Development	Intermediate
5	3	UK3DSCSWK201	Social Work Competencies	Higher
6	3	UK3DSCSWK202	Community Immersion	Higher
7	7	UK7DSCSWK403	Project Management	Capstone
8	7	UK7DSCSWK405	NGO Management	Capstone
9	7	UK7DSCSWK406	Social Entrepreneurship and CSR	Capstone

DISCIPLINE-SPECIFIC ELECTIVE (DSE) COURSES

TABLE 9: List of Elective 1- Community Development Courses

S.N.	Sem	Code	Course Name	Level
1	3	UK3DSESWK200	Sustainable Development	Intermediate
2	4	UK4DSESWK203	Community Health	Intermediate
3	5	UK5DSESWK300	Rural Community Development and Corporate Social Responsibility	Higher
4	5	UK5DSESWK303	Urban Community Development	Higher
5	6	UK6DSESWK306	Gerontological Social Work Practice	Capstone
6	6	UK6DSESWK309	Social Policy and Planning for Community Practice	Capstone
7	8	UK8DSESWK400	Social Entrepreneurship and Innovation	Capstone

TABLE 10: List of Elective 2 - Medical and Psychiatric Social Work Courses

S.N.	Sem	Code	Course Name	Level
1	3	UK3DSESWK201	Health Care Administration	Intermediate
2	4	UK4DSESWK204	Medical Social Work	Intermediate
3	5	UK5DSESWK301	Psychiatric Information for Social Work	Higher
4	5	UK5DSESWK304	Geriatric Social Work	Higher
5	6	UK6DSESWK307	Psychiatric Social Work and Rehabilitation	Capstone
6	6	UK6DSESWK310	Therapeutic Interventions	Capstone
7	8	UK8DSESWK401	Advanced Therapeutic Interventions	Capstone

TABLE 11: Elective 3- Family and Child Welfare Courses

S.N.	Sem	Code	Course Name	Level
1	3	UK3DSESWK202	Child Care and Development	Intermediate
2	4	UK4DSESWK205	Child Mental Health	Intermediate
3	5	UK5DSESWK302	Working with Children in distress	Higher
4	5	UK5DSESWK305	School Social Work	Higher
5	6	UK6DSESWK308	Gender and Development	Capstone
6	6	UK6DSESWK311	Family Life Education	Capstone
7	8	UK8DSESWK402	Family Social Work	Capstone

TABLE 12: List of Foundation Courses

Sem	Type	SN.	Code	
1	MDC1	1	UK1MDCSWK100	Option 1: Community Immersion
		2	UK1MDCSWK101	Option 2: Sustainable Development

2	MDC2	3	UK2MDCSWK102	Option 1: Group Dynamics
		4	UK2MDCSWK103	Option 2: Transforming Social Behaviour
3	MDC 3	5	UK3MDCSWK200	Working with Communities
	SEC1	6	UK3SECSWK200	Option 1: Street Theatre
		7	UK3SECSWK201	Option 2: Computer Applications
4	SEC2	8	UK4SECSWK202	Option 1: Life Skills
		9	UK4SECSWK203	Option 2: Business Communication
		10	UK4SECSWK204	Option 3: Leadership and Practice of Animation and Training
5	SEC3	11	UK5SECSWK300	Option 1: PRA
		12	UK5SECSWK301	Option 2: Academic Writing
		13	UK5SECSWK302	Option 3: SPSS
3	VAC1	14	UK3VACSWK200	Option 1: Sustainability Consciousness
		15	UK3VACSWK201	Option 2: Personal Health Development
4	VAC2	16	UK4VACSWK202	Option 1: Self-Development
		17	UK4VACSWK203	Option 2: Peer Education
4	VAC3	18	UK4VACSWK204	Option 1: Yoga and Wellness
		19	UK4VACSWK205	Option 2: Stress Management

INTERNSHIP & PROJECT

The UoK-FYUGP guidelines mandates about 14 credits, of which the Internship during 4th Semester will be of 2 credits, and **Internship** (to provide hands-on training and cement the praxis component in education) and the **Project**, will be of 12 credits in 8th semester (ref. p.12 for further clarification). In addition to the University mandate, the Social Work discipline mandates 12-17 additional credits of fieldwork internship, based on the pathways chosen.

TABLE 13: LIST OF INTERNSHIPS

S.N.	Sem	Code	Internship/Project	Level
1	4	FW1	Internship (2 credits- 60 hours- 8 Days)	Intermediate
2	5	FW2	Internship (12 Credits-360 hours-45 Days)	Capstone
3	8	FW3	Project/Internship (12 Credits-360 hours-45 Days)	Capstone

6. FIELDWORK HOUR REQUIREMENTS

As Social Work is predominantly a practice profession, fieldwork is a mandatory component of the programme. Irrespective of the pathways or degrees pursued by the student it is expected that the student will complete a minimum of 1000 hours of fieldwork by the end of sixth semester.
An additional 12 credit internship is provided in the 5th and 6th semesters, along with the existing 2 credit and 12 credits (in 4th and 8th semesters respectively) bringing the BSW programme total credits to 145 credits and 4th year (BSW Honours/BSW Honours with research) credits to 189 credits. For students opting for *double major* pathway it is expected that an additional internship of 14-17 credits to be undertaken to acquire a minimum fieldwork hour requirement of 1000 hours.

Fieldwork hours expected to be acquired are as follows, depending on pathways and degrees chosen by the student.

TABLE 14: BSW (Fieldwork Hours)

Sem	DSE Majors (Credits)	DSE (Credits)	Internship	Total FW hours
1	1			30
2	1			30
3	1	1		60
4	2	1	2	150
5	3	2	12	510
6*		2		240

TOTAL	**14**	**6**	**14**	**1020**

TABLE 15: BSW Double Major- Social Work as first major (Fieldwork Hours)

Semester	DSC Major	DSC Minor	DSE	FC	Internship	Grand Total
1	30	30		30		90
2	30			30		60
3	30		30	60		120
4	30		30	60	120	240
5	60		30		180	270
6	60				180	240
Grand Total	**240**	**30**	**90**	**180**	**480**	**1020**

TABLE 16: BSW Double Major- Social Work as second major (Fieldwork Hours)

Semester	DSC Major Credits	DSC Minor Credits	DSE Credits	FC Credits	Internship Credits	Grand Total
1		30				30
2		60				60
3		60		30		90
4	30			30	90	150
5	30		30	30	210	300
6	120		60		210	390
Grand Total	**180**	**150**	**90**	**90**	**510**	**1020**

TABLE 17: BSW Honours BSW Honours with research (Fieldwork Hours)

Sem	Majors (Credits)	DSE (Credits)	Internship	Total FW hours
1	1			30
2	1			30
3	1	1		60
4	2	1	2	150
5	3	2	12	510
6*	6	2		240
7	2			90
8	0	1	12	570
TOTAL	**16**	**7**	**26**	**1680**

TABLE 18: BSW Honours with Research (Fieldwork Hours)

Sem	Majors (Credits)	DSE (Credits)	Internship	Total FW hours
1	1			30
2	1			30
3	1	1		60
4	2	1	2	150
5	3	2	12	510
6*	6	2		240
7	0			30
8	0	1	12	570
TOTAL	**14**	**7**	**26**	**1620**

7. SEMESTER-WISE LIST OF COURSES

TABLE 19: List of Courses- BSW (All Pathways Except Double Major)

SEM	TYPE	COURSE CODE	COURSE NAME
1	DSC1-Major	UK1DSCSWK100	Introduction to Professional Social Work
	DSC2-Minor	UK1DSCSWK101	Social Analysis for Development
	DSC3-Minor	UK1DSCSWK102	Professional Social Work
	MDC1	UK1MDCSWK100	Option 1: Community Immersion
		UK1MDCSWK101	Option 2: Sustainable Development
2	DSC4-Major	UK2DSCSWK103	Psychology for Social Work
	DSC5-Minor	UK2DSCSWK104	Social Work Methods
	DSC6-Minor	UK2DSCSWK105	Psychological Analysis for Development
	MDC2	UK2MDCSWK102	Option 3: Group Dynamics
		UK2MDCSWK103	Option 4: Transforming Social Behaviour
3	DSC7-Major	UK3DSCSWK200	Working with Communities
	DSC8-Minor	UK3DSCSWK201	Social Work Competencies
	DSC9-Minor	UK3DSCSWK202	Community Immersion
	DSE1	UK3DSESWK200	Sustainable Development
		UK3DSESWK201	Health Care Administration
		UK3DSESWK202	Child Care and Development
	SEC1	UK3SECSWK200	Option 1: Street Theatre
		UK3SECSWK201	Option 2: Computer Applications
	VAC1	UK3VACSWK200	Option 1: Sustainability Consciousness
		UK3VACSWK201	Option 2: Personal Health Development

SEM	TYPE	COURSE CODE	COURSE NAME
	MDC 3	UK3MDCSWK200	Working with Communities
4	DSC10-Major	UK4DSCSWK203	Working with Individuals
	DSC11-Major	UK4DSCSWK204	Sociology and Economics
	DSE2	UK4DSESWK203	Community Health
		UK4DSESWK204	Medical Social Work
		UK4DSESWK205	Child Mental Health
	SEC2	UK4SECSWK202	Option 1: Life Skills
		UK4SECSWK203	Option 2: Business Communications
		UK4SECSWK204	Option 3: Leadership and Practice of Animation and Training
	VAC2	UK4VACSWK202	Option 1: Self-Development
		UK4VACSWK203	Option 2: Peer Education
	VAC3	UK4VACSWK204	Option 1: Yoga and Wellness
		UK4VACSWK205	Option 2: Stress Management
	Internship (2 credits- 60 hours- 8 days)		
5	DSC12-Major	UK5DSCSWK300	Working with Groups
	DSC13-Major	UK5DSCSWK301	Social Work Administration
	DSC14-Major	UK5DSCSWK302	Theory and Practice of Counselling
	DSE3	UK5DSESWK300	Rural Community Development and Corporate Social Responsibility
		UK5DSESWK301	Psychiatric Information for Social Work
		UK5DSESWK302	Working with Children in distress
	DSE4	UK5DSESWK303	Urban Community Development
		UK5DSESWK304	Geriatric Social Work
		UK5DSESWK305	School Social Work
	SEC3	UK5SECSWK300	Option 1: PRA

SEM	TYPE	COURSE CODE	COURSE NAME
		UK5SECSWK301	Option 6: Academic Writing
		UK5SECSWK302	Option 7: SPSS
	Internship Project (6 credits - 180 hours- 25 days)		
6	DSC15-Major	UK6DSCSWK303	Social Work Research
	DSC16-Major	UK6DSCSWK304	Social Legislations
	DSC17-Major	UK6DSCSWK305	Fieldwork Lab (120 hours)
	DSE5	UK6DSESWK306	Gerontological Social Work Practice
		UK6DSESWK307	Psychiatric Social Work and Rehabilitation
		UK6DSESWK308	Gender and Development
	DSE6	UK6DSESWK309	Social Policy and Planning for Community Practice
		UK6DSESWK310	Therapeutic Interventions
		UK6DSESWK311	Family Life Education
	Internship Project (6 credits - 180 hours- 25 days)		
7	DSC18-Major	UK7DSCSWK400	Social Work Competencies
		UK7DSCSWK403	Research Methods in Social Work
	DSC19-Major	UK7DSCSWK401	Project Planning and Management
		UK7DSCSWK404	Advanced Social Work Research
	DSC20-Minor	UK7DSCSWK402	Project Management
	DSC21-Minor	UK7DSCSWK405	NGO Management
	DSC22-Minor	UK7DSCSWK406	Social Entrepreneurship and CSR
8	DSC23-Major	UK8DSCSWK407	Online (Suggested: Specialization-based)
		UK8DSCSWK409	Online: IT tools for research
	DSC24-Major	UK8DSCSWK408	Online (Suggested: Specialization-based)

SEM	TYPE	COURSE CODE	COURSE NAME
		UK8DSCSWK410	Online (Suggested: Academic Writing and Publishing
	DSE7	UK8DSESWK400	Social Entrepreneurship and Innovation
		UK8DSESWK401	Advanced Therapeutic Interventions
		UK8DSESWK402	Family Social Work
	Internship Project (12credit- 360hours- 45days)		

TABLE 20: List of Courses- Double Major: Social Work as First Major

S.N.	Sem	C	DM	Course Code	Course Name
1	1	DSC1	A1	UK1DSCSWK100	Introduction to Professional Social Work
2	1	DSC2	A2	UK1DSCSWK101	Social Analysis for Development
3	1	MDC1	A	UK1MDCSWK100	Option 1: Community Immersion
4	1	MDC1	A	UK1MDCSWK101	Option 2: Sustainable Development
5	2	DSC4	A3	UK2DSCSWK103	Psychology for Social Work
6	2	MDC2	A	UK2MDCSWK102	Option 1: Group Dynamics
7	2	MDC2	A	UK2MDCSWK103	Option 2: Transforming Social Behaviour
8	3	DSC7	A4	UK3DSCSWK200	Working with Communities
9	3	DSE1	A	UK3DSESWK200	Sustainable Development
10	3	DSE1	A	UK3DSESWK201	Health Care Administration
11	3	DSE1	A	UK3DSESWK202	Child Care and Development
12	3	SEC1	A	UK3SECSWK200	Option 1: Street Theatre
13	3	SEC1	A	UK3SECSWK201	Option 2: Computer Applications
14	3	VAC1	A	UK3VACSWK200	Option 1: Sustainability Consciousness
15	3	VAC1	A	UK3VACSWK201	Option 2: Personal Health Development
16	4	DSC10	A5	UK4DSCSWK203	Working with Individuals
17	4	DSE2	A	UK4DSESWK203	Community Health

18	4	DSE2	A	UK4DSESWK204	Medical Social Work
19	4	DSE2	A	UK4DSESWK205	Child Mental Health
20	4	SEC2	A	UK4SECSWK202	Option 1: Life Skills
21	4	SEC2	A	UK4SECSWK203	Option 2: Business Communication
22	4	SEC2	A	UK4SECSWK204	Option 3: Leadership and Practice of Animation and Training
23	4	VAC2	A	UK4VACSWK202	Option 1: Self-Development
24	4	VAC2	A	UK4VACSWK203	Option 2: Peer Education for Adolescents
	4th Sem: Internship 4 credits (4 credits x 30 hours= 120 hours)				
25	5	DSC12	A6	UK5DSCSWK300	Working with Groups
26	5	DSC13	A7	UK5DSCSWK301	Social Work Administration
27	5	DSE3	A	UK5DSESWK300	Rural Community Development and Corporate Social Responsibility
28	5	DSE3	A	UK5DSESWK301	Psychiatric Information for Social Work
	5th Sem: Internship 6 credits (6 credits x 30 hours= 180 hours)				
29	5	DSE3	A	UK5DSESWK302	Working with Children in distress
30	6	DSC15	A8	UK6DSCSWK303	Social Work Research
31	6	DSC16	A9	UK6DSCSWK304	Social Legislations
	6th Sem: Internship 6 credits (6 credits x 30 hours= 180 hours)				

TABLE 21: List of Courses- Double Major: Social Work as Second Major

S.N.	Sem	C	DM	Course Code	Course Name
1	1	DSC3	B1	UK1DSCSWK102	Professional Social Work
2	2	DSC5	B2	UK2DSCSWK104	Social Work Methods
3	2	DSC6	B3	UK2DSCSWK105	Psychological Analysis for Development
4	3	DSC8	B4	UK3DSCSWK201	Social Work Competencies
5	3	DSC9	B5	UK3DSCSWK202	Community Immersion
6	3	MDC3	B	UK3MDCSWK200	Working with Communities
7	4	DSC11	B6	UK4DSCSWK204	Sociology and Economics
8	4	VAC3	B	UK4VACSWK204	Option 1: Yoga and Wellness

9	4	VAC3	B	UK4VACSWK205	Option 2: Stress Management
	4	Internship 3 credits (3 credits x 30 hours= 90 hours)			
10	5	DSC14	B7	UK5DSCSWK302	Theory and Practice of Counselling
11	5	DSE4	B	UK5DSESWK303	Urban Community Development
12	5	DSE4	B	UK5DSESWK304	Geriatric Social Work
13	5	DSE4	B	UK5DSESWK305	School Social Work
14	5	SEC3	B	UK5SECSWK300	Option 1: Participatory Rural Appraisal (PRA)
15	5	SEC3	B	UK5SECSWK301	Option 2: Academic Writing
16	5	SEC3	B	UK5SECSWK302	Option 3: Statistical Package for Social Sciences (SPSS)
	5	Internship 7 credits (7 credits x 30 hours= 210 hours)			
17	6	DSC17	B8	UK6DSCSWK305	Fieldwork Lab
18	6	DSE5	B	UK6DSESWK306	Gerontological Social Work Practice
19	6	DSE5	B	UK6DSESWK307	Psychiatric Social Work and Rehabilitation
20	6	DSE5	B	UK6DSESWK308	Gender and Development
21	6	DSE6	B	UK6DSESWK309	Social Policy and Planning for Community Practice
22	6	DSE6	B	UK6DSESWK310	Therapeutic Interventions
23	6	DSE6	B	UK6DSESWK311	Family Life Education
	6	Internship 7 credits (7 credits x 30 hours= 210 hours)			

8. SCHEME: SEMESTER-WISE

TABLE 22: Scheme of DSC Major And DSE

SEM	Type	Course Name	Distribution of hours per semester	Instructional hrs per week		ESA	Maximum marks			Credits
				L	P	(hrs)	CA	ESA	Total	
1	DSC1-Major	Introduction to Professional Social Work	75	3	2	2	30	70	100	4
2	DSC4-Major	Psychology for Social Work	75	3	2	2	30	70	100	4
3	DSC7-Major	Working with Communities	75	3	2	2	30	70	100	4
3	DSE1	1.1. Sustainable Development	75	3	2	2	30	70	100	4

		2.1. Health Care Administration 3.1. Child Care and Development								
4	DSC10 -Major	Working with Individuals	75	3	2	2	30	70	100	4
4	DSC11 -Major	Sociology and Economics	75	3	2	2	30	70	100	4
4	DSE2	1.2. Community Health 2.2. Medical Social Work 3.2. Child Mental Health	60	3	2	2	30	70	100	4
4	Internship		60				100		100	2
5	DSC12 -Major	Working with Groups	75	3	2	2	30	70	100	4
5	DSC13 -Major	Social Work Administration	75	3	2	2	30	70	100	4
5	DSC14 -Major	Theory and Practice of Counselling	75	3	2	2	30	70	100	4
5	DSE3	1.3. Rural Community Development and Corporate Social Responsibility 2.3. Psychiatric Information for Social Work 2.3. Working with Children in distress	75	3	2	2	30	70	100	4
5	DSE4	1.4. Urban Community Development 2.4. Geriatric Social Work 3.4. School Social Work	75	3	2	2	30	70	100	4
	Internship		180				100		100	6
6	DSC15 -Major	Social Work Research	75	3	2	2	30	70	100	4
6	DSC16 -Major	Social Legislations	75	3	2	2	30	70	100	4
6	DSC17 -Major	Fieldwork Lab (Practical/Fieldwork with **External Viva**)	120		8	2	40	60	100	4
6	DSE5	1.5. Gerontological Social Work Practice 2.5. Psychiatric Social Work and Rehabilitation 3.5. Gender and Development	75	3	2	2	30	70	100	4
6	DSE6	1.6. Social Policy and Planning for Community Practice 2.6. Therapeutic Interventions-I 3.6. Family Life Education	75	3	2	2	30	70	100	4
	Internship		180				100		100	6
7	DSC18 -Major	H: Social Work Competencies	75	3	2	2	30	70	100	4
		HwR: Research Methods in Social Work	60	4	0					
7	DSC19 -Major	H: Project Planning and Management	75	3	2	2	30	70	100	4
		HwR: Advanced Social Work Research	60	4	0					

8	DSC23 -Major	H: Online (Suggested: Elective/Specialization-based) HwR: Online: IT tools for research					100		100	4
8	DSC24 -Major	H: Online (Suggested: Elective/Specialization-based) HwR: Online: Academic Writing and Publishing					100		100	4
8	DSE7	1.7. Social Entrepreneurship and Innovation 2.7. Therapeutic Interventions-II 3.7. Family Social Work	75	3	2	2	30	70	100	4
8	Internship/Project		360				40	60	100	12

TABLE 23: Scheme of Minor Courses

SEM	Type	Course Name	Distribution of hours per semester	Instructional hrs per week		ESA	Maximum marks			Credits
				L	P	(hrs)	CA	ESA	Total	
1	DSC2-Minor	Social Analysis for Development	75	3	2	2	30	70	100	4
1	DSC3-Minor	Professional Social Work	75	3	2	2	30	70	100	4
2	DSC5-Minor	Social Work Methods	75	3	2	2	30	70	100	4
2	DSC6-Minor	Psychological Analysis for Development	75	3	2	2	30	70	100	4
3	DSC8-Minor	Social Work Competencies	75	3	2	2	30	70	100	4
3	DSC9-Minor	Community Immersion	75	3	2	2	40	60	100	4
7	DSC20 -Minor	Project Management	75	3	2	2	30	70	100	4
7	DSC21 -Minor	NGO Management	75	3	2	2	30	70	100	4
7	DSC22 -Minor	Social Entrepreneurship and CSR	75	3	2	2	30	70	100	4

TABLE 24: Scheme of Foundation Courses

SEM	Type	Course Name	Distribution of hours per semester	Instructional hrs per week		ESA	Maximum marks			Credits
				L	P	(hrs)	CA	ESA	Total	
1	MDC 1	Option 1: Community Immersion	60	2	2	2	30	70	100	3

		Option 2: Sustainable Development								
2	MDC 2	Option 3: Group Dynamics Option 4: Transforming Social Behaviour	60	2	2	2	30	70	100	3
3	MDC 3	Working with Communities	60	2	2	2	30	70	100	3
4	SEC1	Option 1: Street Theatre Option 2: Computer Applications	60	2	2	2	30	70	100	3
5	VAC1	Option 1: Sustainability Consciousness Option 2: Personal Health Development	60	2	2	2	30	70	100	3
6	SEC2	Option 1: Life Skills Option 2: Business Communication Option 3: Leadership and Practice of Animation and Training	60	2	2	2	30	70	100	3
7	VAC2	Option 1: Self-Development Option 2: Peer Education	60	2	2	2	30	70	100	3
8	VAC3	Option 5: Yoga and Wellness Option 6: Stress Management	60	2	2	2	30	70	100	3
9	SEC3	Option 1: PRA Option 2: Academic Writing Option 3: SPSS	60	2	2	2	30	70	100	3

9. EVALUATION

GENERAL INSTRUCTIONS

- There shall be Continuous Comprehensive Assessment (CCA) and End-Semester Examination (ESE) in the ratio **30:70**.
- The fieldwork practicum-, internship and project examinations, in the form of *viva voce* and examination of fieldwork records, shall also have CCA and ESE components in the ratio **40:60**. (ref. **p. 393** for clear instructions and criteria regarding award of marks)
- The Continuous Comprehensive Assessment (CCA) shall be a sum-total of formative and summative assessment.
- The duration of the End-Semester Examination (ESE) shall be 2 hours.

TABLE 25: Formative and Summative Assessments

Some Formative Assessment methods	Some Summative Assessment methods

a. Practical Assignment b. Observation of Practical Skills c. Viva Voce d. Quiz e. Interview f. Oral presentations g. Computerized Adaptive Testing h. In-class discussions i. Group tutorial work j. Reflection writing assignments k. Home Assignments l. Self and peer assignments m. Any other method specifically designed for a particular course by the faculty or course/coordinator	a. Written test b. Open book test c. Laboratory report d. Problem-based assignments e. Individual project report f. Case study report g. Temporary project report h. Literature Survey i. Standardized test j. Any other method specifically designed for a particular course by the faculty or course/coordinator

THEORY, FIELDWORK AND PROJECT

Every course offered by the social work discipline has at least 1 credit or 30 hours dedicated to Fieldwork/Practical, and 2-3 credits dedicated to theory.

Theory: As part of CA, teachers can conduct both formative and summative assessments. However, as ESE is already available as a summative assessment method, it is suggested that more formative assessments methods be used to evaluate grasp of theory. Assessment of theory component shall cover 20 marks (out of 30 Marks of CA).

Fieldwork: Fieldwork Reports, Observation of Fieldwork Performance and Viva Voce shall be the primary methods used to evaluate fieldwork. While evaluation of Fieldwork reports and Observation of Fieldwork Performance shall be designated as formative assessment methods, Viva-voce shall be summative. Fieldwork performance can be evaluated through CA and ESE. At least 10 Marks (out of 30 Marks of CA) must be dedicated to assessment of Fieldwork- 5 each for formative assessment and summative assessment. Viva may be conducted *internally* for all odd-semesters and by an *external panel* for the even-semesters (ref.p.393 for critieria and marks). The viva voce conducted at the end of semester must assess the candidate for assimilation of theory and practice in fieldwork. Marks of external viva may be allotted to Fieldwork Lab (DSC 17); external written exam need not be conducted for that course.

Project/Internship: External Viva may be conducted in 8th semester for Project/Internship.

PATTERN OF QUESTION PAPERS FOR THEORY COURSES (ESE)

- The Question paper shall consist of three parts, of which Part-I shall consist of concepts or definitions, Part – II short essays and Part-III long essays.
- All question papers shall indicate its connection to Course Outcomes and Questions shall be based on Bloom's taxonomy.

TABLE 26: Pattern of Question Paper

PART	No. of Questions	Word requirements	Bloom's Level	Mark/Question	Total
Part-I	10 questions	One word or one sentence	Remember & understand	1	10
Part-II	5 questions	Not less than 300 words	Apply and Analyze	8	40
Part-III	2 questions	Not less than 600 words	Evaluate and Create	10	20
				TOTAL	70

INTERNSHIP/PROJECT

The Internship/Project Report shall be produced after the internship. For Internship the assessment of Agency shall be considered as a criterion for awarding marks. Other parameters for assessment include:

a. The fulfilment of course outcomes

b. Regularity and punctuality in reporting for work

c. Quality and content of work done

d. The quality of the reports and the punctuality in submitting the report

e. Participation in group conferences and contribution

f. Diligence shown in seeking individual guidance from the supervisor (individual conference) and reflecting and bringing about personal development

g. Keenness shown in undertaking the practical work, as well as the extra efforts and initiatives being made, to bring in qualitative difference to the work under supervision

h. Special assignments undertaken on behalf of the client and/or agency, and

i. A *viva-voce* at the end of the semester, to ascertain the grasp of the theories in practice and application of the host of methods of social work, the principles, and stages of social work intervention.

10. RANGE OF MARKS AWARDED INTERNALLY

For Continuous Assessment of Courses and Fieldwork

The guidelines, given below, indicate the range of marks that can be awarded internally, maximum percentage of students who may be deemed to be fit for the respective range of marks, and the conditions under which such range of marks are to be awarded.

Range of marks*	Maximum percentage of students who may be deemed fit for the range	Remarks
81-90	*Outstanding* To a maximum of 10% of students	For those students who have consistently demonstrated outstanding** performance (preferably advanced learners), shall be awarded 81-90 band marks, exercising due diligence. Proper justification and proof shall be prepared to consider students in this category.
71-80	*Excellent* To a maximum of 15% of students	Those students who have demonstrated consistent and exemplary performance shall deserve this category of marks.
61-70	*Very Good* To a maximum of 20% of students	Those students who have demonstrated above average performance shall deserve this category of marks.
51-60	*Good*	Those students who have demonstrated average performance consistently shall deserve this range of marks.
40-50	*Pass* *(For fieldwork practicum only; there is no separate pass for internals)*	Minimum marks that can be awarded to a student, (a) for fieldwork practicum, if he/she meets the minimum required fieldwork hours (270 hours of concurrent field practicum per semester and 225 hours each for the two Block field practicum); and (b) for internals, if he/she has made timely submissions of seminars and assignments, and has attempted the internal test, maintaining minimum quality as demonstrated by the subject teacher.

*Convert to percentage where applicable; **If more students qualify above this range for concurrent field practicum and block field practicum, due diligence shall be exerted and proper justification and proof shall be prepared to consider students in this category.

11. COURSE STRUCTURE AND MODULES

The Social Work discipline offers a total of 64 courses. The course outlines of these 64 courses are presented below. Each course outline begins with a course basic information, followed by contents of the module, references and course outcomes and mapping. Some of the terms in course outline are defined below:

A. Course Header: Course Code, Title, type of course, credits, hours and other identifying details of the course, corresponding to the Scheme

B. Course Outcomes (CO): The SMART outcomes expected to be achieved by the course, where SMART is abbreviation for specific, measurable, achievable, relevant and time-bound.

C. PSO Mapping: Under the OBE system, it is expected that each of the COs contribute to the Programme specific outcome (PSO). This is indicated in the Course matrix.

D. Bloom’s Mapping: Bloom's taxonomy is a framework for classifying educational learning objectives into six levels of thinking: Remember, Understand, Apply, Analyse, Evaluate and Create. Each CO is linked to a Bloom’s level, indicating the level of cognitive involvement expected from students. This also informs the nature of questions generated w.r.t. the CO.

E. Weightage: A weightage is assigned to each course outcome to indicate its relative importance in achieving the PSOs. This weightage can be used to determine the assessment methods and the extent to which each CO contributes to the PSO.

SEMESTER 1

1. DSC1-Major1-Introduction to Professional Social Work

Discipline	SOCIAL WORK				
Course Code	UK1DSCSWK100				
Course Title	INTRODUCTION TO PROFESSIONAL SOCIAL WORK				
Type of Course	**DSC Major**				
Semester	I				
Academic Level	Foundation (100-199)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites	None				
Course Summary	The course is intended to develop an understanding on Professional Social Work. The units are designed to orient students on the evolution of Social Work from charity to a profession, values and principles imbibed in it, development of social work education and its professional attributes. Field practicum has also been included to get an exposure to the fields of social work.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**FOUNDATIONS OF SOCIAL WORK**		10
	1	**Social Work**- Meaning, definition, characteristics and assumptions, Functions, Values and principles, Tools and techniques; Roles of Social Work Practitioner, Social work process, Scope of social work	
	2	**Methods of Social Work –** micro, mezzo and macro methods	
	3	**Core Concepts**: Social Service, Social Welfare, Social Reform, Social Security, Social Justice, Human Rights	
II	**HISTORICAL EVOLUTION OF PROFESSIONAL SOCIAL WORK**		12

	4	**Relevant Events in Social Work History of USA and UK-** Scientific charity, Elizabethan poor law, William Beveridge report, Settlement House movement, Charity Organization Society, YMCA	
	5	**History of Social Work in India** - Ancient India - Social Welfare during Sultanate and Mughal Period - contribution of Social Reformers, Social Reform Movements, and Organisations. **Development of Social Work Education**- Indian and Global context	
	6	**Evolution of Ideologies of Social Work**: Rationalism, Welfarism, Liberal and Democratic, Socialism, Humanism (Modern-Western); Post-Modernism, Feminism, Multiculturalism, Sustainable and People-centered Development (Contemporary).	
III	**PROFESSIONAL ATTRIBUTES**		13
	7	**Social Work as profession-** Definition and characteristics of a profession; Characteristic of Social Work Profession- a systematic and scientific body of knowledge, organized system of education, professional organizations, professional code of ethics	
	8	**Core Competencies** (NASW) ▪ Demonstrate Ethical and Professional Behaviour ▪ Engage in Diversity and Difference in Practice ▪ Advance Human Rights and Social, Economic, and Environmental Justice ▪ Engage in Practice-Informed Research and Research-Informed Practice ▪ Engage in Policy Practice ▪ Engage With Individuals, Families, Groups, Organizations, and Communities ▪ Assess Individuals, Families, Groups, Organizations, and Communities ▪ Intervene with Individuals, Families, Groups, Organizations, and Communities, ▪ Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities	
	9	**Code of Ethics**- NASW Code of Ethics, purpose, Social Work Values as incorporated in the Code of Ethics - ethical dilemmas in social work practice	
	10	**Social Work Associations**- Regional – KAPS, PSWA, ASSK, ICSW National – INSPWA, NAPSWI,ISPSW International- NASW, IFSW, IASSW, CSWE	

IV	**FIELDS OF SOCIAL WORK**		10
	11	**Traditional Fields of Social Work**: Medical and Psychiatric Social Work, Urban and Rural Community Development, Labour Welfare, Child and Family, Geriatric Social Work	
	12	**Emerging Social Work Fields**: Tribal Social Work, Dalit Social Work, Green Social Work, Feminist Social Work, Differently Abled Social Work, Queer Social Work, Correctional Social Work, Forensic Social Work.	
	13	**International Social Work:** Commonalities and diversity of Social Work practice across the globe.	
V	**FIELDWORK**		30
	14	Orientation on fieldwork	
	15	Report writing workshop	
	16	Exposure Visit- Conduct exposure visits to five agencies in different social work settings.	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Explain the historic context of Social Work in global and Indian scenarios	U	PSO1
CO-2	Illustrate the methods and Principles of Social Work	Ap	PSO1 PSO5
CO-3	Analyse Social Work as a Profession and the relevance of Code of Ethics	An	PSO2
CO-4	Understand and analyse the various social work contexts	U, An	PSO1 PSO5
CO-5	Extend a connection between theory and praxis of Social Work	Ap	PSO2 PSO5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Introduction to Professional Social Work

Credits: 2:1:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/ PSO	Cognitive Level	Knowledge Category	Lecture (L)/ Tutorial (T)	Practical (P)
1	Explain the historic context of Social Work in global and Indian scenarios	PSO1	U	F, C	L	
2	Illustrate the methods and Principles of Social Work	PSO1	Ap	C, P	T	
3	Analyse Social Work as a Profession and the relevance of Code of Ethics	PSO2	An	C	T	
4	Understand and analyse the various social work contexts	PSO1 PSO5	U, An	F, C	L	
5	Extend a connection between theory and praxis of Social Work	PSO2 PSO5	Ap	C, P		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	PSO2	PSO3	PSO4	PSO5	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	3	-	-	-	-						
CO 2	3	-	-	-	2						
CO 3	-	3	-	-	-						
CO 4	3	-	-	1	-						
CO 5	-	2	-	-	1						

Correlation Levels:

Level	Correlation
-	Nil

1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Internal / External Viva Voce
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Viva Voce	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4		✓		✓
CO 5			✓	✓

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2. DSC2-Minor1- Social Analysis for Development

Discipline	SOCIAL WORK				
Course Code	UK1DSCSWK101				
Course Title	SOCIAL ANALYSIS FOR DEVELOPMENT				
Type of Course	**DSC** Minor				
Semester	III				
Academic Level	Foundation (100-199)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	4	3		2	5
Pre-requisites					
Course Summary	The course "Social Analysis for Social Change" aims to equip learners with the necessary skills and knowledge to critically evaluate social processes and systems in the context of societal transformation. Throughout the course, students will delve into various perspectives such as class, caste, gender, and ecology to understand the dynamics of social change comprehensively. The course is structured to help students develop social analysis skills by exploring concepts like social awareness, structural analysis, system analysis, and historical and cultural analysis. Additionally, the course delves into assessing social change by examining its definitions, characteristics, sources, causes, and theories, providing students with criteria and indicators to measure societal transformations.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Introducing Social Analysis and Basic Frames**		**08**
		Social awareness: meaning and levels **Social analysis**: definition, characteristics**,** theoretical framework for social Analysis - analyses: Structural Analysis, System Analysis, historical and cultural analysis - tools for Social Analysis	

II	**Assessing Social Change and Strategies for Social Change:**		**12**
		Social Change: Definitions, characteristics, sources, and causes of social change. **Strategies**: Individual contact, campaign, Conscientization, cultural action, negotiation, pressure, legal action, nonviolence, conflict management, advocacy, networking, and political organization.	
III	**Social Development and Social Change**		**15**
		Social development - concept and definition, social development and economic growth **Social development and Social Change**- developmental issues like globalisation, urbanisation, migration, environmental change etc. and the resultant social change **Social Movements and Social Change**: Relevance of contemporary social movements at National and State levels. Human Rights movements at National and International levels (e.g., Amnesty International, Human Rights Watch)	
IV	**Social Policy and Social Change**		**10**
		Social Policy and Social Change: Definition, meaning, and importance of social policy. Policy formulation procedures and important machinery. The role of social workers in policy formulation and planning	
V	**Field Practicum**		**30**
		Hands-on Training on Social Analysis: Film and Documentary Screening	
		Community Profile: The students will prepare a community profile focussing on the power structures and systems approaches.	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Develop a comprehensive understanding of social analysis and demonstrate the ability to interpret and apply different levels of social awareness.	U	PSO-1
CO-2	Assess and analyze social change and identify the	An	PSO-3

	characteristics, sources, and causes of social change. Analyze and apply theories of social change to understand societal transformations.		
CO-3	Evaluate and employ a range of strategies for social change, including individual contact, Conscientization, advocacy, and networking and analyze theories and types of social movements to understand their role in driving social change.	Ap, An	PSO-3 PSO-4
CO-4	Apply Freirean-Gandhian approaches to education for social change and understand the transformative goals of education as advocated by Paulo Freire and Mahatma Gandhi and will implement Problem-posing and Conscientization educational methods to promote critical thinking and social awareness.	Ap	PSO-3 PSO-4
CO-5	Utilize various tools for social analysis frames, including Structural Analysis, System Analysis, and historical and cultural analysis in the villages. Evaluate social phenomena through fieldwork and will find out the problems of the villages.	C	PSO-3 PSO-5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: SOCIAL ANALYSIS FOR DEVELOPMENT

Credits: 2:1:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/ PSO	Cognitive Level	Knowledge Category	Lecture (L)/ Tutorial (T)	Practical (P)
CO-1	Develop a comprehensive understanding of social analysis and demonstrate the ability to interpret and apply different levels of social awareness.	PSO-1	U	C	L	
CO-2	Assess and analyze social change and identify the characteristics, sources, and causes of social change. Analyze and apply theories of social change to understand societal transformations.	PSO-3	An	C	L	
CO-3	Evaluate and employ a range of strategies for social	PSO-3 PSO-4	Ap, An	P, M	L	P

	change, including individual contact, Conscientization, advocacy, and networking and analyze theories and types of social movements to understand their role in driving social change.					
CO-4	Apply Freirean-Gandhian approaches to education for social change and understand the transformative goals of education as advocated by Paulo Freire and Mahatma Gandhi and will implement Problem-posing and Conscientization educational methods to promote critical thinking and social awareness.	PSO-3 PSO-4	Apl	C, P	L	
CO-5	Utilize various tools for social analysis frames, including Structural Analysis, System Analysis, and historical and cultural analysis in the villages. Evaluate social phenomena through fieldwork and will find out the problems of the villages.	PSO-3 PSO-5	C	M	L, T	P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO 1	**PSO 2**	**PSO 3**	**PSO4**	**PSO5**	**PSO 6**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						

CO 3	-	-	1	-	-	-						
CO 4	-	-	2	3	-	-						
CO 5	-	1	-	-	-	-						
CO 6	-	-	-	3	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓			✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓
CO-5	✓	✓		

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3. DSC3-Minor2-Professional Social Work

Discipline	SOCIAL WORK				
Course Code	UK1DSCSWK102				
Course Title	PROFESSIONAL SOCIAL WORK				
Type of Course	**DSC Minor**				
Semester	I				
Academic Level	Foundation: 100-199				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites	None				
Course Summary	Professional Social Work course provides students with an overview of the profession, its history, values, ethics, and theoretical frameworks. It introduces students to the fundamental concepts, skills, and practice areas within social work, preparing them for further study and engagement in the field related practices.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**PROFESSIONAL SOCIAL WORK**		10
	1	**Social Work-** Meaning, Definition, and scope Basic values and principles of Social Work Functions of Social Work- Preventive, Restorative, Rehabilitative, and Developmental	
	2	**Methods of Social Work –** micro, mezzo and macro methods	
	3	**Core Concepts**: Social Service, Social Welfare, Social Reform, Social Security, Social Justice, Human Rights	
II	**PROFESSIONAL ATTRIBUTES OF PROFESSIONAL SOCIAL WORK**		11

	4	**Social Work as profession-** Definition and characteristics of a profession Characteristic of Social Work Profession- a systematic and scientific body of knowledge, organized system of education, professional organizations, professional code of ethics	
	5	**Code of Ethics**- NASW Code of Ethics, purpose, Social Work Values as incorporated in the Code of Ethics - ethical dilemmas in social work practice.	
III	**FIELDS OF SOCIAL WORK**		12
	6	**Traditional Fields of Social Work**: Medical and Psychiatric Social Work, Community Development, Labour Welfare, Child and Family, Geriatric Social Work, Correctional Social work,	
	7	**Emerging Social Work Fields**: Green Social Work, Feminist Social Work, Differently Abled Social Work, Queer Social Work, Forensic Social work.	
IV	**FIELDWORK PRACTICUM FOR SOCIAL WORK**		12
	8	**Introduction to fieldwork practicum:** Basic concept of Fieldwork – integration of theory in practice (*praxis*) Purpose and significance of field practicum- self- reflection, exposure to social realities, organising and managing events, evaluate policy and practices.	
	9	**Ethical aspects of fieldwork**: Confidentiality, worth and dignity, beneficence, professional boundaries	
	10	**Communication and interpersonal skills:** Active listening Empathy and rapport building Verbal and non-verbal communications	
	11	**Components of fieldwork**- placement assignments, case management, professional development, field supervision, documentation and record keeping, evaluation and assessment	
V	**FIELDWORK**		30
	12	Social work exposure activities- e.g. agency visits, participation in social work seminar, expo, camp activities etc.	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Reflect over social work, its values, principles and methods	U	PSO-1
CO-2	Analyse Social Work as a Profession and the relevance of Code of Ethics	An	PSO2
CO-3	Understand and Analyse the various social work contexts	U, An	PSO1 PSO5
CO- 4	Understand the constituents of fieldwork practicum and its importance to professional development and various fieldwork settings	U, Ap	PSO1 PSO 2 PSO 5
CO- 5	Extend a connection between theory and praxis of Social Work	Ap	PSO2 PSO5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Professional Social Work

Credits: 3:0:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/ PSO	Cognitive Level	Knowledge Category	Lecture (L)/ Tutorial (T)	Practical (P)
1	Reflect over social work, its values, principles and methods	PSO-1	U	F	L	
2	Analyse Social Work as a Profession and the relevance of Code of Ethics	PSO2	An	C, P	L	
3	Understand and analyse the various social work contexts	PSO1 PSO5	U, An	C,P	L & T	
4	Understand the constituents of fieldwork practicum and its importance to professional development and various fieldwork settings	PSO1 PSO 2 PSO 5	U, Ap	C,P	L & T	

5	Extend a connection between theory and praxis of Social Work	PSO2 PSO5	Ap	P		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	**PSO2**	**PSO3**	**PSO4**	**PSO5**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO 1	3	-	-	-	-						
CO 2	2	3	-	-	-						
CO 3	3	-	2	-	-						
CO 4	3	2	-	-	1						
CO 5	-	1	-	-	3						

Correlation Levels:

Level	**Correlation**
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Internal/ External Viva voce
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Viva Voce	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓	✓		✓

CO 4		✓		✓
CO 5			✓	✓

REFERENCES:

1. Zastrow, C. (1996). *Introduction to social work and social welfare*. The Dorsey Press.
2. Misra P.D. (1994). Social Work: Philosophy and Methods, Inter-India Publications.
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4. *Chowdhary, Paul D. (1984). Introduction to Social Work; history, concept, methods and Fields. Atma Ram & Sons.*
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7. Dubois, Brenda and Karla Krogsrud Miley. (2002). *Social Work: An Empowering Profession*. Allyn and Bacon.
8. Cox David and Manohar Pawar *(2006). International Social Work*: *Issues, Strategies and Programs*. New Delhi: Vistaar Publications.
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4. MDC1-Option1: Community Immersion

Discipline	SOCIAL WORK				
Course Code	UK1MDCSWK100				
Course Title	COMMUNITY IMMERSION				
Type of Course	**MDC**				
Semester	I				
Academic Level	Foundation (100-199)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	3	2		2	4
Pre-requisites	None				
Course Summary	The course Community Immersion provides students with a rich community experience. Community immersion is an important process in professional social work practice. Hence, to start with, the student will be introduced to the profession of Social Work, its values, ethics, and methods. Then it goes on to describe and facilitate the practice of the basic competencies necessary for effective engagement with communities.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**INTRODUCTION TO PROFESSIONAL SOCIAL WORK**		**06**
	1	**Social Work** Meaning, definition, objectives Scope of social work Functions of Social Work- Preventive, Restorative, Rehabilitative, and Developmental Basic Values and Principles of Social Work	
	2	**Methods of Social Work –** micro, mezzo and macro methods	
	3	**Fields of Social Work-** Health, Correctional, Community Development, Industries, Vulnerable Communities (Children, Women, Youth, Elderly, disabled)	

II	**SOCIAL WORK AS A PROFESSION**		**08**
	4	Voluntarism Vs. Profession– Definition, characteristics of voluntarism and profession Social Work as profession- definition and characteristics of Social Work Profession, Professional role of Social Work Practitioner	
	5	Code of Ethics- NASW Code of Ethics, purpose, Social Work Values as incorporated in the Code of Ethics - ethical dilemmas in social work practice.	
III	**COMMUNITY IMMERSION**		**08**
	6	**Understanding the community:** Definition, types and characteristics of different communities	
	7	**Community immersion**: Definition and significance The role of community immersion in social work practice Ethical considerations in community engagement	
IV	**REQUISITES FOR COMMUNITY ENGAGEMENT**		**08**
	8	**Community Engagement Process:** Preliminary study, Community entry, Building Rapport with Community: Collecting information, finding and communicating with gatekeepers and leaders (formal and informal). Participative Community assessment and planning. Intervention, Evaluation and Termination.	
	9	**Tools, techniques and Skills:** Equip students through activity-based sessions) Establishing Rapport Empathy, active listening and observation skill- meaning, related aspects (relationship, knowing self and others, social sensitivity), non- verbal cues Critical thinking and problem solving Cultural competence Community mapping, survey, need assessment, community walks and tours, cultural immersion activities, Use of digital media- for data collection, documentation, community awareness	
V	**FIELDWORK**		**30**
	10	Experience community immersion by camping in a rural/ tribal community. Or Undertake community immersion activities in your own locality.	
			60

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Reflect over social work, its values, principles and methods and different contexts of social work practice	U	PSO-1 PSO -2
CO-2	Analyse Social Work as a Profession and the relevance of Code of Ethics	An	PSO 2
CO- 3	Understand and analyse the significance of community immersion in Social Work	U, An	PSO 1 PSO 5
CO-4	Imbibe and illustrate skills and tools needed for community involvement	U, Ap	PSO 4
CO- 5	Extend a connection between theory and praxis of Social Work	Ap	PSO2 PSO5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Community Immersion

Credits: 1:1:1 (Lecture:Tutorial:Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1	Reflect over social work, its values, principles and methods and different contexts of social work practice	PSO-1 PSO -2	U	F, C	L	
2	Analyse Social Work as a Profession and the relevance of Code of Ethics	PSO 2	An	C	L	
3	Understand and analyse the significance of community immersion in Social Work	PSO 1 PSO 5	U, An	U, C	L	
4	Imbibe and illustrate skills and tools needed for community	PSO 4	U, Ap	C,P	L	

	involvement					
5	Extend a connection between theory and praxis of Social Work	PSO2 PSO5	Ap	P		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	**PSO2**	**PSO3**	**PSO4**	**PSO5**	**PSO 6**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO 1		-	-	-	-	-						
CO 2			-	-	-	-						
CO 3	-	-		-	-	-						
CO 4	-	-			-	-						
CO 5	-		-	-	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Report Evaluation
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Report Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓
CO 5			✓	✓

REFERENCES:

1. Zastrow, C. (1996). *Introduction to social work and social welfare*. The Dorsey Press.
2. Misra P.D. (1994). Social Work: Philosophy and Methods, Inter-India Publications.
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5. MDC2-Option2: Sustainable Development

Discipline	SOCIAL WORK				
Course Code	UK1MDCSWK101				
Course Title	SUSTAINABLE DEVELOPMENT				
Type of Course	**MDC**				
Semester	II				
Academic Level	Foundation (100-199)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	3	2		2	4
Pre-requisites					
Course Summary	This course is designed to introduce the essential concepts of Sustainable Development.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Introduction to Sustainable Development**		**06**
	1	Sustainable development- Definition and Evolution- The Brundtland Commission, Sustainable Development Goals and their status.	
	2	Challenges to achieving sustainable development and Strategies to overcome challenges to sustainable development	
II	**Sustainable development goals**		**08**
	3	No Poverty, Zero Hunger, Good Health and Well-being	
	4	Quality Education, Gender Equality	
	6	Clean Water and Sanitation, Affordable and Clean Energy	
	7	Decent Work and Economic Growth, Industry–Innovation and Infrastructure, Reduced Inequalities	
III	**Sustainable development goals (contd.)**		**08**

	8	Sustainable Cities and Communities	
	9	Responsible Consumption and Production	
	10	Climate Action, Life Below Water, Life on Land	
	11	Peace-Justice, Strong Institutions, Partnerships for the Goals	
IV	**Sustainable Livelihood in sustainable development**		**08**
	12	Definition and purpose of Sustainable livelihood	
	13	Components of Sustainable Livelihoods,	
	14	Key Principles of sustainable livelihood	
	15	Sustainable Livelihoods Framework	
V	**Fieldwork**		**30**
	16	Assessment of indicators of SDGs in a Community	
	17	Community Visit and Data Collection	
	18	Report preparation on SDGs	
			60

Course Outcomes

CNo.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Acquire an awareness of the total environment and its linkages to economic and social issues, and allied problems	U	PSO-1,2
CO-2	Understand the complex relationships between the socioeconomic systems and the environment	U	PSO -2
CO -3	Develop better understanding of sustainable livelihood	Ap.	PSO -2
CO - 4	Analyse the human impacts on the ecosystems towards sustainable development.	An	PSO-3
CO – 5	Analyse the challenges facing to achieve SDG's.	An	PSO-3

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Sustainable Development

Credits: 4:0:0 (Lecture:Tutorial:Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	-	1	-	-	-						
CO 4	-	-	2	3	-	-						
CO 5	-	1	-	-	-	-						
CO 6	-	-	-	3	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Final Exam

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4	✓	✓		✓
CO 5	✓	✓		✓

REFERENCES

1. Sachs, J. D. (2015). The age of sustainable development. Columbia University Press.
2. United Nations. (2015). Transforming our world: The 2030 Agenda for Sustainable Development. Retrieved from https://sdgs.un.org/2030agenda
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SEMESTER 2

6. DSC4-Major2-Psychology for Social Work

Discipline	SOCIAL WORK				
Course Code	UK2DSCSWK103				
Course Title	PSYCHOLOGY FOR SOCIAL WORK				
Type of Course	**DSC** Major				
Semester	II				
Academic Level	Foundation (100-199)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	This course serves as a comprehensive foundation in psychology tailored for social work practice. It covers essential concepts of psychology emphasizing their application in social work settings. Along this, students explore various theoretical perspectives in psychology, with a focus on understanding and supporting individuals within diverse social contexts. The course examines human growth and development, emphasizing the role of heredity and environment, explores various developmental theories and multidimensional approach in development, to provide students with a holistic understanding of human development across the lifespan. Through this integrated approach, students gain the knowledge and skills necessary to apply psychological principles effectively in social work practice, fostering holistic well-being and empowerment within individuals, groups and communities.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Introducing Basic concepts of Psychology.**		**08**
	1	Psychology: Definition, Meaning, Nature and Scope	
	2	Basic Concepts	

		▪ Sensation & Perception: Meaning and Definition ▪ Learning: Meaning and Definition ▪ Memory: Meaning, Definition and Types ▪ Motivation: Meaning and Definition ▪ Intelligence: Meaning and Definition –Concept of IQ ▪ Personality: Meaning, Definition, Types and Traits	
II	**Theories of Psychology for Social Work practice**		**15**
	3	Classical Conditioning- Ivan P. Pavlov	
	4	Operant Conditioning- B F Skinner	
	5	Maslow's Hierarchy of Needs	
	6	Biological: Psychodynamic Theory- Sigmund Freud- Criticisms	
	7	Humanistic: Carl Roger	
	8	Social-Cognitive: Theory by Albert Bandura	
	9	Erikson's Psychosocial Developmental Theory	
	10	Kohlberg's Theory of Moral Development	
	11	Jean Piaget's Theory and Stages of Cognitive Development	
III	**Human Growth and Development (Developmental Psychology)**		**15**
	12	Developmental Psychology: differentiating Human Growth and Development - characteristics of Development - role of Heredity & Environment in development.	
	13	Stages, its characteristics, Developmental Tasks and hazards pertaining to each stage of Human Growth and Development.	
	14	Stage of Human Growth and Development I: Pregnancy and Prenatal Period, Infancy, Babyhood, Early and Late Childhood	
	15	Stage of Human Growth and Development II: Puberty, Adolescence, Early Adulthood, Middle Age and Old age	
IV	**Multidimensional Framework in Human Growth and Development**		**07**
	16	Biopsychosocial Model	
	17	Biophysical Considerations in assessments	

	18	Psychological Considerations in assessments	
	19	Social Considerations in assessments	
	20	Integration of 4 Ps in Biopsychosocial Model - Predisposing factors- Precipitating factors- Perpetuating factors- Protective factors	
V	**Fieldwork**		**30**
	21	Sample Case Assessments based on Biopsychosocial Model.	
	22	Observation and Interviews of different stages of development using prepared Checklist and Questionnaires (should be provided by the teachers).	
	23	Work with older adults in assisted living facilities to implement memory-strengthening activities and cognitive stimulation programs.	
	24	Apply psychosocial theories, such as Erikson's stages of development, to conduct life span assessments or assess basic individual needs and motivation using Maslow's Hierarchy of Needs.	
	25	Engage in developmental screenings and assessments for infants and toddlers by collaborating with school counsellors, Anganwadi teachers and other interdisciplinary teams involved in early childhood development.	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understanding the various concepts in psychology will help in creating an outlook about individual differences in practicing social work.	Understand	PSO-1
CO-2	Explain the basic theories and concepts of Psychology and Human Growth and Development in supporting the practice of Social Work.	Analyze	PSO-1
CO-3	Integrate and apply specific knowledge gained from psychology to inform social work practice with individuals, groups and communities.	Apply Analyze	PSO-3 PSO-4
CO-4	Critically evaluate the importance of considering the growth and development pattern in different ages and stages and its relation in working with different	Evaluate	PSO-3 PSO-4

	clientele/client systems.		

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: PSYCHOLOGY FOR SOCIAL WORK

Credits: 2:1:1 (Lecture: Tutorial: Practical)

CO. No.	CO	PO/ PSO	Cognitive Level	Knowledge Category	Lecture (L)/ Tutorial (T)	Practical (P)
CO-1	Understanding the various concepts in psychology will help in creating an outlook about individual differences in practicing social work.	PSO-1	U	C	L	
CO-2	Explain the basic theories and concepts of Psychology and Human Growth and Development in supporting the practice of Social Work.	PSO-1	An	C	L, T	
CO-3	Integrate and apply specific knowledge gained from psychology to inform social work practice with individuals, groups and communities.	PSO-3 PSO-4	Ap	P, M		P
CO-4	Critically evaluate the importance of considering the growth and development pattern in different ages and stages and its relation in working	PSO-3 PSO-4	E	C, P	T	

	with different clientele/client systems.					

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	-	1	-	-	-						
CO 4	-	-	2	3	-	-						
CO 5	-	1	-	-	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Internal/ External Viva Voce
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Internal/ External Viva Voce	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓			✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓
CO 5			✓	✓

REFERENCE

1. Ashford, Lecroy & Jose (2005). *Human Behaviour in Social Environment: A Multidimensional Perspective*. Wadsworth Publishing Co Inc.

2. Elizabeth B.Hurlock (1996). *Developmental Psychology*. Tata McGraw-Hill Ltd.

3. Elkind, David. (1975). *Children and Adolescents*. Oxford University Press.

4. Hoffiman Lois, Paris Scott (1994). *Developmental Psychology*. McGraw-Hill Inc.

5. Krech David & Cruchfield Richard S (1970). *Elements of Psychology: A Briefer Course*. Alfred Knopf.

6. Morgan Clifford. (1986). *Introduction to Psychology*. McGraw - Hill Book Co.

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8. Santrock John W. (2018). *Life-Span Development*. Tata McGraw-Hill Ltd.

9. Zastrow, Kirst, Ashman (2015*). Understanding Human Behaviour & the Social Environment*. Cengage Learning.

10. Baron, R. A. (2001). *Psychology.* Pearson Education Inc.

7. DSC5-Minor3- Social Work Methods

Discipline	SOCIAL WORK				
Course Code	UK2DSCSWK104				
Course Title	SOCIAL WORK METHODS				
Type of Course	DSC Minor				
Semester	II				
Academic Level	Foundation (100-199)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	4	3		2	5
Pre-requisites					
Course Summary	This course is designed to introduce the different methods of social work to enhance students' understanding of the basic concepts, tools and techniques in working with individuals / groups / communities.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Methods of Working with Individuals and Groups**		**11**
	1	Social case work –Definition-scope and importance of social case work, principles and process of social case work	
	2	Tools and techniques in social case work- Counselling skills.	
	3	Social Group Work-Definition-scope- the need for social group work – Group work process - Principles of Group Work	
	4	Stages of Group Work-Facilitation skills and techniques.	
II	**Methods of working with Communities and Social Action**		**11**
	5	Community – definition - characteristics- types- community organisation as a method of social work definition-objectives-principles- phases of community organization	

	6	Concepts of community development, community participation and community empowerment.	
	7	Social Action: Social action as a method of social work; social action and social reform; scope of social action in India.	
	8	Enforcement of social legislation through social action; Approaches: rights based approach and advocacy based approach with examples.	
III	**Social Welfare Administration, Policies and Legislations**		**12**
	9	Social Welfare Administration - Concept, Nature and Scope. Definition of social welfare administration and social work administration; Functions of Social Welfare Administration.	
	10	Social Policy and Social Planning: Definition, Concept, Nature, Scope, Principle. Policies regarding Other Backward Castes (OBCs), Scheduled Castes (SCs), Scheduled Tribes (STs),	
	11	Role of Social Workers in promoting Social Policies.	
	12	Social Legislations: Definition, its roles as an instrument of social change, constitutional basis for social legislation.	
IV	**Social Work Research & Fieldwork in Social work**		**11**
	18	Social Work Research - Meaning, definitions, objectives, scope and importance. Social Work Research as a method of Social Work.	
	19	Difference between Social Research and Social Work Research Basic understanding of the research process cycle. Participatory and Community based research	
	20	Fieldwork in social work – Nature, objectives and types of fieldwork - Importance of fieldwork in Social work education.	
V	**Fieldwork**		**30**
	23	Undertake Case studies, group activities and community sensitization activities in community.	
	24	Organize a community program in a nearby school.	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed

CO-1	Understand the basic methods of social work practice	U	PSO-1
CO-2	To enhance understanding of the basic concepts, tools and techniques in working with individuals and groups in problem solving.	U	PSO - 2
CO -3	To develop the ability to critically analyze community problems and suggest solutions through social work methods.	Ap.	PSO - 3
CO - 4	Build knowledge about social policies and legislations and its impacts in our society.	An.	PSO - 3
CO - 5	Develop skills in research and fieldwork interventions.	An.	PSO - 3

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Social Work Methods

Credits: 2:1:1 (Lecture:Tutorial:Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
CO - 1	Understand the basic methods of social work practice	PSO - 1	U	F, C	L	
CO - 2	To enhance understanding of the basic concepts, tools and techniques in working with individuals and groups in problem solving.	PSO - 2	U	F,C	T	P
CO - 3	To develop the ability to critically analyze community problems and suggest solutions through social work methods	PSO -3	Ap	P	T	P
CO – 4	Build knowledge about social policies and legislations and its impacts in our society.	PSO - 3	An.	C	T	
CO - 5	Develop skills in research and fieldwork interventions.	PSO - 3	An.	F	T	P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO 6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2		2	-	-	-	-						
CO 3	-	-	2	-	-	-						
CO 4	-	-	2		-	-						
CO 5	-		3	-	-	-						
CO 6	-	-	-		-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓

CO 4		✓		✓
CO 5		✓	✓	✓

REFERENCES

1. Zastrow, C. (1996). *Introduction to social work and social welfare*. The Dorsey Press.
2. Misra P.D. (1994). Social Work: Philosophy and Methods, Inter-India Publications.
3. Murli, Desai. (2010). *Ideologies and Social Work Historical and Contemporary Analyses*. Rawat Publication.
4. Chowdhary, Paul D. *(1984). Introduction to Social Work; history, concept, methods and Fields. Atma Ram & Sons.*
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9. Cox David and Manohar Pawar *(2006). International Social Work*: *Issues, Strategies and Programs*. New Delhi: Vistaar Publications.
10. Fink, Arthur et al (1985). *The fields of Social Work*. Beverly Hills, Calif: Sage Publications
11. Gore, M. S. (1965). *Social Work and Social Work Education.* Bombay: Asia Publication

8. DSC6-Minor4-Psychological Analysis for Social Work

Discipline	SOCIAL WORK				
Course Code	UK2DSCSWK105				
Course Title	PSYCHOLOGICAL ANALYSIS FOR SOCIAL WORK				
Type of Course	**DSC** Minor				
Semester	I				
Academic Level	Foundation (100-199)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites	None				
Course Summary	This course serves as a comprehensive foundation in psychology tailored for social work practice. It covers essential concepts of psychology emphasizing their application in social work settings. Along this, students explore various theoretical perspectives in psychology, with a focus on understanding and supporting individuals within diverse social contexts. The course examines human growth and development, emphasizing the role of heredity and environment, and explores various developmental theories to provide students with a holistic understanding of human development across the lifespan. Through this integrated approach, students gain the knowledge and skills necessary to apply psychological principles effectively in social work practice, fostering holistic well-being and empowerment within individuals, groups and communities.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Introducing Psychology (Basic Concepts & Theories)**		05
	1	Psychology: Definition, Meaning, Nature, Fields and Scope	
	2	**Basic Concepts** 1. Sensation & Perception: Meaning and Definition 2. Learning: Meaning and Definition 3. Memory: Meaning, Definition and Types 4. Intelligence: Meaning and Definition – Concept of IQ	

	3	**Social Work and Psychology:** Mental Health Social Work, Psychology in Aging and Gerontological Social Work, Community Psychology and Social Development, Forensic Social Work and Criminal Psychology, Psychology in Working with Children.	
II	**Theories of Psychology**		10
	4	Classical Conditioning- Ivan P. Pavlov	
	5	Operant Conditioning- B F Skinner	
	6	Maslow's Hierarchy of Needs	
	7	Biological: Psychodynamic Theory- Sigmund Freud- Criticisms	
	8	Erikson's Psychosocial Developmental Theory	
III	**Human Growth and Development (Developmental Psychology)**		25
	9	Developmental Psychology: differentiating Human Growth and Development - characteristics of Development - role of Heredity & Environment in development.	
	10	Stages, its characteristics, Developmental Tasks and hazards pertaining to each stage of Human Growth and Development.	
	11	Stage of Human Growth and Development I: Pregnancy and Prenatal Period Infancy Babyhood Early and Late Childhood	
	12	Stage of Human Growth and Development II: Puberty Adolescence Early Adulthood Middle Age Old age	
IV	**Multidimensional Framework in Human Growth and Development**		5
	13	Biopsychosocial Model	
	14	Biophysical Considerations in assessments	
	15	Psychological Considerations in assessments	
	16	Social Considerations in assessments	

	17	Integration of 4 Ps in Biopsychosocial Model - Predisposing factors- Precipitating factors- Perpetuating factors- Protective factors	
V	**Fieldwork**		30
	18	Using Assessment Frameworks	
	19	Analysis of Self using various theories of development and development stages	
	20	Analysis of at least 2 persons using various theories of development and development stages	
			75

Course Outcomes

No.	**Upon completion of the course the graduate will be able to**	**Cognitive Level**	**PSO addressed**
CO-1	Understanding the various concepts in psychology will help in creating an outlook about individual differences in practicing social work.	U	PSO-1
CO-2	Explain the basic theories and concepts of Psychology and Human Growth and Development in supporting the practice of Social Work.	An	PSO-1
CO-3	Integrate and apply specific knowledge gained from psychology to inform social work practice with individuals, groups and communities.	Ap	PSO-3 PSO-4
CO-4	Critically evaluate the importance of considering the growth and development pattern in different ages and stages and its relation in working with different clientele/client systems.	E	PSO-3 PSO-4

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Psychological Analysis for Social Work

Credits: 4:0:0 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
CO-1	Understanding the various concepts in psychology will help in creating an outlook about individual differences in practicing social work.	PSO-1	U	C	L	
CO-2	Explain the basic theories and concepts of Psychology and Human Growth and Development in supporting the practice of Social Work.	PSO-1	An	C	L, T	
CO-3	Integrate and apply specific knowledge gained from psychology to inform social work practice with individuals, groups and communities.	PSO-3 PSO-4	Ap	P, M	L, T	
CO-4	Critically evaluate the importance of considering the growth and development pattern in	PSO-3 PSO-4	E	C, P	T	

	different ages and stages and its relation in working with different clientele/client systems.					

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	PSO2	PSO3	PSO4	PSO5	PO1	PO2	PO3	PO4	PO5
CO 1	1	-	-	-	-					
CO 2	2	3	-	-	-					
CO 3	-	-	1	-	-					
CO 4	-	-	2	3	-					
CO 5	-	1	-	-	-					
CO 6	-	-	-	3	-					

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations

CO 1	✓	✓		✓
CO 2	✓			✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓

REFERENCES

1. Ashford, Lecroy & Jose (2005). *Human Behaviour in Social Environment: A Multidimensional Perspective*. Wadsworth Publishing Co Inc.

2. Elizabeth B.Hurlock (1996). *Developmental Psychology*. Tata McGraw-Hill Ltd.

3. Elkind, David. (1975). *Children and Adolescents*. Oxford University Press.

4. Hoffiman Lois, Paris Scott (1994). *Developmental Psychology*. McGraw-Hill Inc.

5. Krech David & Cruchfield Richard S (1970). *Elements of Psychology: A Briefer Course*. Alfred Knopf.

6. Morgan Clifford. (1986). *Introduction to Psychology*. McGraw - Hill Book Co.

7. Munn Norman L. (1969). *Introduction to Psychology*. Houghton Miffin Co.

8. Santrock John W. (2018). *Life-Span Development*. Tata McGraw-Hill Ltd.

9. Zastrow, Kirst, Ashman (2015*). Understanding Human Behaviour & the Social Environment*. Cengage Learning.

10. Baron, R. A. (2001). *Psychology*. Pearson Education Inc.

9. MDC2-Option1: Group Dynamics

Discipline	SOCIAL WORK				
Course Code	UK2MDCSWK102				
Course Title	GROUP DYNAMICS				
Type of Course	MDC				
Semester	II				
Academic Level	Foundation (100-199)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	3	2		2	4
Pre-requisites					
Course Summary	This course introduces the student to the concept of group dynamics with an aim to enable him/her understand, assess and practice with groups				

Detailed Syllabus:

Module	Unit	Content	Hrs
I	**Group dynamics**		**8**
	1	Groups- meaning and definition and types Group needs: egoistic needs, functional needs and cognitive needs Group dynamics: Concept, meaning, definition, characteristics Importance of group dynamics.	
II	**Communication and Group dynamics**		**8**
	2	Communication and interaction patterns: Maypole, Round Robin, Hot seat & Free floating. Types of communication and communication styles-Passive communication, Aggressive communication, Passive - Aggressive communication, Assertive communication. Barriers to effective communication	
III	**Stages of group development**		**15**
	3	Stages of group development: forming, storming, norming, performing and adjourning.	

	4	Group structure: Norms, Group control, Group size,Formation of sub-group: Cliques, Dyads and Triads Roles assumed by group members- enabler, mediator,joke, gate -keeper etc.	
	5	Conceptual dimensions of group cohesion	
IV	**Leadership**		**9**
	6	Leadership: concept, meaning, definition, types Theories of leadership, Roles and qualities of a leader	
V	**Fieldwork**		**30**
	7	Conduct group activities sessions (agency based or at community level) to understand group dynamics.	
	8	Arrange group discussion sessions, interdepartmental activities like debates, forums etc to experience group dynamics.	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understand group dynamics	U	
CO-2	Familiarize with the communication and interaction patterns in groups	R, U	
CO-3	Analyze the stages of group formation, group control and the conceptual dimensions of group cohesion.	An	
CO-4	Apply the concept of leadership in group dynamics	Ap	
CO-5	Apply the theoretical knowledge into different field settings	Ap	

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Note: 1 or 2 COs/module

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Internal/ External Viva voce
- Final Exam

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Internal/ External Viva voce	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓	✓		✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓
CO 5			✓	✓

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10. MDC2-Option2: Transforming Social Behaviour

Discipline	SOCIAL WORK				
Course Code	UK2MDCSWK103				
Course Title	Transforming Social Behaviour				
Type of Course	**MDC**				
Semester	II				
Academic Level	Foundation (100-199)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	3	2		2	4
Pre-requisites					
Course Summary	The Foundation Course on Transforming Social Behaviour provides an introduction to the basic principles and theories that underpin human social behaviour. The course explores how individuals perceive, influence, and interact with others in various social contexts. Through a combination of theoretical concepts, research findings, and real-life examples, students will gain a deeper understanding of social processes and their impact on individuals and society.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**SOCIAL PSYCHOLOGY: INTRODUCTION**		**06**
	1	Social Work: Definition, Objectives, Process and Methods Social Work and Social Transformation. The relation between Social Work and Social Psychology.	
	2	Definition of Social Psychology; Focus of social psychology, Land marks in the history of social psychology, Social Psychology and its relation to Social Work	
II	**SOCIAL COGNITION**		**08**
	3	Mental shortcuts- schema, prototype, heuristics and stereotypes – sources of errors in social cognition- attribution - theories of attribution – theory of correspondent inference, Kelley's theory of causal attribution.	

		ABC model of attitude –Nature and functions of attitude –Attitude formation - Attitude change – impression formation and impression management	
III	**SOCIAL INFLUENCES AND PROSOCIAL BEHAVIOR**		**08**
	4	Nature of conformity, factors influencing the development of conformity, normative and informational social influences, social support, gender difference in conformity, nature of conformity. Compliance – principles of compliance, techniques of compliance. Obedience	
	5	Responding to an emergency. Steps. Classic studies and experiments. The helpers and those who receive help (briefly). Explaining prosocial behavior: Empathy altruism model, negative state relief model, empathic joy hypothesis, genetic determinism	
IV	**STEREOTYPING, PREJUDICE AND DISCRIMINATION**		**08**
	6	Nature, Prejudice and discrimination. Origins of prejudice. Role of prejudice in communal issues. (Illustrations and analyses of Indian/Kerala cases). Discrimination – Explicit and implicit. Stereotypes. Role of media in maintaining stereotypes and prejudice. Techniques of countering the effects of prejudice. Prejudice based on gender: its nature and effects. Hostile and benevolent sexism in Indian society.	
V	**FIELDWORK**		**30**
	7	Design and conduct a basic survey or case study to understand any three of the concepts above. Associate the study to the implementation of a welfare programme by government or non-governmental agency.	

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understand the fundamental theories and concepts of social psychology.	U	
CO-2	Analyze how individuals perceive and interpret social information.	AN	
CO3	Identify social influence processes and their effects on attitudes and behaviors.	U	

CO4	Explain the formation and maintenance of stereotypes, prejudice, and discrimination.	An	
CO5	Apply social psychological principles to understand and address real-world social issues.	Ap	

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Transforming Social Behaviour

Credits: 1:1:2 (Lecture:Tutorial:Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1												
CO 2												
CO 3												
CO 4												
CO 5												
CO 6												

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1				
CO 2				
CO 3				
CO 4				
CO 5				
CO 6				

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SEMESTER 3

11. DSC7-Major-Working with Communities

Discipline	SOCIAL WORK				
Course Code	UK3DSCSWK200				
Course Title	WORKING WITH COMMUNITIES				
Type of Course	**DSC** Major				
Semester	III				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	This course offers learners a comprehensive understanding of community dynamics, including the definition, types, and historical context of communities, alongside principles, assumptions, and objectives of community organization. The learners will progress through sequential phases of community organization, from study and analysis to reflection and modification, and discern the conceptual differences between community organization and development, particularly within the Indian context. Through skill development exercises like rural camps, they will enhance cooperation, planning, leadership, networking, fundraising, and documentation skills, culminating in the ability to prepare comprehensive reports for various stages of community intervention.				

Detailed Syllabus

Module	**Unit**	**UNDERSTANDING COMMUNITY AND COMMUNITY ORGANIZATION**	**Hrs**
I	**Content**		**10**
	1	**Concept of community**: Meaning, Definition, Types.	
	2	**Community organization** – History, Definition, Principles, Assumptions, and Objectives	
	3	**Phases of Community Organisation**: Community entry, Building rapport and relationships, Study and Analysis, Planning, Organization,	

		Intervention/Action, Reflection/Evaluation, Modification and Continuation.	
II		**MODELS OF COMMUNITY ORGANIZATION**	**12**
	4	**Community Organisation Models:** Models of Jack Rothman- Locality Development Model, Social Planning Model & Social Action Model. Models of Mary Weil.	
	5	**Approaches:** Empowerment, Participation, Political Activists approach- Neighbourhood maintenance/community development approach	
III		**SOCIAL ACTION**	**11**
	9	**Social Action**: Concepts, Objectives, Process, Values and Principles	
	10	**Strategies** - campaign, awareness, collaboration, lobbying, procedural and direct action	
	11	**Contributions**: Ambedkar, Gandhiji, Saul Alinsky, Paulo Freire	
	12	Critically analysis of contemporary Social Movements - MeToo, Black Lives Matters, Land Rights (especially *adivasi*), LGBTQI Rights, Nirbhaya, Plachimada Struggle - strategies for Social Movements	
IV		**ROLES AND SKILLS**	**12**
	13	**Roles of Social Workers in Community Organisation and Social Action**: Guide, Initiator, Communicator, Enabler, Counsellor, Motivator, Advocator, Catalyst, Innovator, Collaborator, Expert, Therapist.	
	14	**Skills for Community Organisation**: Interaction, Information Gathering and Assimilation, Observation, Social Analysis, Listening and Responding, Organizing, Resource Mobilization, Conflict Resolution, Rapport Building, Identification of Needs, Programme Planning, Program Management.	
V		**FIELDWORK**	**30**
	15	Practice in Community- Study needs, Organize, Plan and Intervene **OR** Participatory Rural Appraisal (PRA) **OR** Rural Camp	
			75

COURSE OUTCOMES

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO Addressed
CO-1	Understand the concept and historical development of community organization as a method in Social Work	U	PSO 1
CO-2	Analyse the models and phases of community organization	An	PSO 2
CO-3	Enhancing skills for analysing the needs of a community	An	PSO 2 PSO 4
CO-4	Create and evaluate a connection between theory and praxis of Social Action and social movements	C,E	PSO 4
CO-5	Provide with an opportunity to acquire skills in planning, organizing, handling regulations, decision during the Rural Camp	Ap,C,An, E	PSO 3 PSO 5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: WORKING WITH COMMUNITIES

Credits: 3:0:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/ PSO	Cognitive Level	Knowledge Category	Lecture (L)/ Tutorial (T)	Practical (P)
CO-1	Understand the concept and historical development of community organization as a method in Social Work	PSO 1	U	F, C	L	
CO-2	Analyse the models and phases of community organization	PSO 1	An	P,C	L	
CO-3	Enhancing skills for analysing the needs of a community	PSO 5	An	C,P	T	
CO-4	Create and evaluate a connection between theory and	PSO 4	C,E	C,P	T	

	praxis of Social Action and social movements					
CO-5	Provide with an opportunity to acquire skills in planning, organizing, handling regulations, decision during the Rural Camp	PSO 5	Ap,C,An ,E	P	T	

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	-	1	-	-	-						
CO 4	-	-	2	3	-	-						
CO 5	-	1	-	-	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Discussion / Seminar/visits
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓

CO 2	✓			✓
CO 3	✓			✓
CO 4		✓		✓
CO 5		✓		✓
CO 6			✓	

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12. DSC8- Minor5-Social Work Competencies

Discipline	SOCIAL WORK				
Course Code	UK3DSCSWK201				
Course Title	SOCIAL WORK COMPETENCIES				
Type of Course	**DSC** Minor				
Semester	III				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	The Social Work Competencies Paper course is designed to provide students with a comprehensive understanding of the core competencies required for effective social work practice. Throughout the course, students explore the knowledge, skills, and values necessary to work ethically and competently in a variety of social work settings. Throughout the course, students engage in case studies and experiential learning activities to apply these competencies in practice. They also explore the ethical and legal considerations relevant to social work, such as mandated reporting, confidentiality, and professional boundaries.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Self-sustenance**		**11**
	1	**Self-sustenance**: Life skills management – Development of macro practising skills (Assessment skills, presentation of vignettes, TED talk, data visualization and use of social media) – Demonstration of innovative thinking	
	2	**Digital applications**: Concept of Social Work Informatics – Application of ICT (Information and Communication Technology) tools to gather and disseminate information – Digital strategy to spread	

		awareness by making use of IEC (Information, Education and Communication) training materials.	
II	**Diversity and policy practice**		**11**
	3	**Diversity**: Awareness of the dimensions of diversity – Well-being of diverse client groups–Practice strategies to attain equity and inclusion – strength-based perspective	
	4	**Policy practice**: Policy formulation at local level – Assessment of welfare programmes and social policies – Analysis of welfare services rendered for women by MGNREGS and Kudumbasree.	
III	**Community Empowerment**		**12**
	5	**Data base tools:** Preparation of data base tools like KYN (Know Your Neighbourhood), SDB (Social Data Base) and Ethnographic Data Base (EDB) for developing community resource repositories. FGD (Focused Group Discussion): Analytic approach of FGD for gathering local information – Development of template for demonstrating the sequence of steps in FDG – Networking to improve and standardize practice strategies	
	6	**Capacity Building**: Training – Mentorship – Promoting leadership – Team building – Development of planning and organizational skills	
	7	**Process of capacity building**: Assessment of current capacity, Define desired capacity, Identify needs and gaps, Develop objectives and strategies, Monitor and evaluate progress.	
IV	**Assessment, intervention, evaluation**		**11**
	8	**Assessment and intervention:** Conceptual dimensions of assessment and decision-making – Assessment for selecting appropriate intervention strategies – Analysis of intervention processes – Demonstration of negotiation, mediation, and advocacy role – Critical assessment of strengths, needs, and challenges of groups	
	9	**Evaluation:** Objectives of evaluation – Evaluation of intervention outcomes – Application of evaluation findings to improve practice	

		effectiveness – Evaluation of social work practice in terms of research findings	
V	**Fieldwork**		**30**
	10	Trainee should: Organize a training programme by making use of IEC training materials.	
	11	Prepare an assessment report on the needs and problems of a community in a template	
	12	Frame rural community profile Evaluate the outcome of a social development project executed by a Grama Panchayat Gather information about a tribal community using the tool designed for Ethnographic Data Base (EDB)	
			75

COURSE OUTCOMES

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO Addressed
CO 1	Understand the concept of Social Work Informatics, principles of human rights, concept of diversity & professionalism	U	PSO 1
CO 2	Apply digital techniques like ICT, data base tools and FDG to mobilize data and disseminate information	Ap	PSO4
CO 3	Analyse welfare services, research findings and assessment data	An	PSO4
CO 4	Evaluate intervention outcomes and social work practice in terms of research findings	E	PSO4

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13. DSC9- Minor 6-Community Immersion

Discipline	SOCIAL WORK				
Course Code	UK3DSCSWK202				
Course Title	Community Immersion				
Type of Course	**DSC** Minor				
Semester	III				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	The course Community Immersion provides students with a rich community experience. Community immersion is an important process in professional social work practice. Hence, to start with, the student will be introduced to the profession of Social Work, its values, ethics, and methods. Then it goes on to describe and facilitate the practice of the basic competencies necessary for effective engagement with communities.				

Detailed Syllabus

I	**Understanding Community**		**10**
	1	**Community-** Concept and Definition Types of communities- rural, urban, tribal and coastal / rural, urban and suburban Characteristic features of different communities	
	2	**Community and Social Work-** Scope and role of social work in community development in India	
II	**Community Immersion**		**12**
	3	Definition and significance The role of community immersion in social work practice Ethical considerations in community engagement- values and principles while engaging with community- rapport building, acceptance, respect and dignity, collaboration, social justice etc.	

III	**Phases of Community Engagement**		05
	4.	Levels of Community engagement- inform, consult, involve, collaborate, empower. Phases of Community engagement- Planning phase, rapport building phase, engagement phase, action phase, evaluation and reflection	
IV	**Requisites for Community Engagement**		**18**
	5	**Tools and techniques-** Community mapping, survey, need assessment, community walks and tours, cultural immersion activities, Use of digital media- for data collection, documentation, community awareness	
IV	6	**Skills required** (Equip students through activity based sessions) Communication skills- meaning, types of communication, techniques and ways for effective communication Empathy , active listening and observation skill- meaning, related aspects (relationship, knowing self and others, social sensitivity) , non- verbal cues Critical thinking and problem solving Cultural competence	
V	**FIELDWORK**		**30**
	7	Experience community immersion by camping in a rural/ tribal community	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understanding on the concepts of community and community immersion	U	PSO-1
CO-2	Analyse the need of social work intervention in community	An	PSO-1
CO-3	Reflect different phases and levels of community engagement	Ap An	PSO-3 PSO-4 PSO 5
CO-4	Critically evaluate and apply the tools, technique and skills needed for community engagement.	Ap E	PSO-3 PSO-4
CO 5	Convert the learnt practices in action through fieldwork	Ap	PSO2

			PSO5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Community Immersion

Credits: 2:1:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1	Understanding the concepts of community and community immersion .	PSO 1	U	F, C	L	
2	Analyse the need of social work intervention in community	PSO 1	An	P,C	L	
3	Reflect different phases and levels of community engagement	PSO 3 PSO 4 PSO 5	An Ap	C,P	L& T	
4	Critically evaluate and apply the tools, technique and skills needed for community engagement.	PSO 4	Ap, E	C,P	T	
5	Convert the learnt practices in action through fieldwork	PSO 2 PSO 5	Ap	P		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						

CO 3	-	-	1	-	-	-						
CO 4	-	-	2	3	-	-						
CO 5	-	1	-	-	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Discussion / Seminar/visits
- Midterm Exam
- Project Evaluation
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓
CO 5			✓	✓

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14. DSE1-Elective1-CD1: Sustainable Development

Discipline	SOCIAL WORK				
Course Code	UK3DSESWK200				
Course Title	SUSTAINABLE DEVELOPMENT				
Type of Course	**DSE**				
Semester	V				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	This course equips students with a holistic understanding of development paradigms, emphasizing social, environmental, and gender perspectives, while fostering practical skills through fieldwork to analyze indicators and implement sustainable practices. By exploring the intersection of sustainable development and community dynamics, students are prepared to address environmental and social challenges, promoting resilience and well-being in diverse communities.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Development concepts and models**		**13**
	1	Development: Concept, indicators of development and underdevelopment Indicators	
	2	Paradigm shifts in formulating the new indicators: Social Development, Human Development, Sustainable Development, Gender Development	
	3	Gender and Development: Feminist Development Thoughts; Women and Development; Gender and Development	
II	**Sustainable Development**		**12**
	4	Sustainable development: The Brundtland Commission, Sustainable Development Indicators	

	5	Examples of Sustainable Development Practices – (Solar Energy, Wind Energy, Crop Rotation, Efficient Water Fixtures, Green Spaces)	
	6	Benefits of sustainable development, Challenges to achieving sustainable development, Strategies to overcome challenges to sustainable development	
	7	How does sustainable development benefit future generation	
III	**Key environmental and resource issues of Sustainable Development**		**10**
	8	Energy Crisis and Clean Energy Transition, Fate of Tropical Forests,	
	9	Financing for Low-Carbon Energy in Developing Countries,	
	10	Loss of biodiversity, Climate change, Depletion of energy resources, Pollution, deforestation,	
	11	soil erosion, population growth, Extreme weather events.	
	12	Impacts of resource degradation and environmental crises to our quality of life.	
IV	**Sustainable Development Goals**		**10**
	13	No Poverty, Zero Hunger, Good Health and Well-being, Quality Education, Gender Equality, Clean Water and Sanitation,	
	14	Affordable and Clean Energy, Decent Work and Economic Growth, Industry–Innovation and Infrastructure, Reduced Inequalities, Sustainable Cities and Communities, Responsible Consumption and Production	
	15	Climate Action, Life Below Water, Life on Land, Peace-Justice, and Strong Institutions, Partnerships for the Goals.	
V	**Community Fieldwork**		**30**
	16	**Development Indicators Assessment**: Conduct a survey or community assessment to identify key indicators of development and underdevelopment in a local community. Analyze the findings to understand the community's strengths and challenges.	
	17	**Paradigm Shifts Observation:** Explore local initiatives or programs that reflect paradigm shifts in development indicators, such as projects focused on social development, human development, sustainable development, or gender development. Interview community members and organizers to understand the impact and effectiveness of these initiatives**.**	

	18	**Gender and Development Analysis:** Investigate gender dynamics within the community and how they intersect with development efforts. Engage in discussions with community members, particularly women, to understand their experiences and perspectives on development issues.	
	19	**Sustainable Development Practices Observation:** Visit sites within the community where sustainable development practices are implemented, such as solar energy installations, community gardens, or water conservation projects. Document these practices and assess their effectiveness in promoting sustainability.	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Comprehend the concept of development, discern indicators of development and underdevelopment, and evaluate their significance in assessing societal progress.	U	PSO-1,2
CO-2	Analyze paradigm shifts in development frameworks, encompassing social, human, sustainable, and gender development, to discern evolving perspectives on progress and well-being.	U	PSO -2
CO -3	Critique feminist development theories, examine the nexus between gender and development, and assess the roles of women in fostering inclusive and equitable societal advancement.	Ap.	PSO -2
CO - 4	Appraise the principles and metrics guiding sustainable development initiatives.	An	PSO-3,5
CO – 5	Students will assess the efficacy of sustainable development practices such as solar and wind energy utilization, crop rotation, water conservation, and green space integration, in fostering ecological integrity and human well-being.	An	PSO-3

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Sustainable Development

Credits: 2:1:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1	Comprehend the concept of development, discern indicators of development and underdevelopment, and evaluate their significance in assessing societal progress.	PSO-1,2	U	F, C	L/T	
2	Analyze paradigm shifts in development frameworks, encompassing social, human, sustainable, and gender development, to discern evolving perspectives on progress and well-being.	PSO -2	U	F	L/T	
3	Critique feminist development theories, examine the nexus between gender and development, and assess the roles of women in fostering inclusive and equitable societal advancement.	PSO -2	Ap.	F,C	L/T	
4	Appraise the principles and metrics guiding sustainable development initiatives.	PSO-3,5	An	P	L/T	
5	Students will assess the efficacy of sustainable development practices such as solar and wind energy utilization, crop rotation, water conservation, and green space integration, in fostering ecological integrity and human well-being.	PSO-3	An	M	L/T	

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	-	1	-	-	-						
CO 4	-	-	2	3	3	-						
CO 5	-	1	-	-	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓

CO 4	✓	✓		✓
CO 5	✓	✓		✓

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15. DSE1-Elective2-MP1: Health Care Administration

Discipline	SOCIAL WORK				
Course Code	UK3DSESWK202				
Course Title	Health Care Administration				
Type of Course	**DSE**				
Semester	III				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5 hours
Pre-requisites					
Course Summary	This course introduces the learner to the dimension of Health and its various determinants. An illumination of how health care is administrated at local, state, national and international levels is also made. Various health care legislations are also discussed. This course thus equips the social worker with vital information required to practice in Medical and Psychiatric setting.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Understanding concepts of health and health social work**		**7**
	1	Concepts: Health, determinants, indicators, spectrum	
	2	Concepts of nutrition and balanced diet, constituents of food, nutritional deficiency diseases. Concepts of well-being, occupational health, holistic health, positive health.	
	3	Factors affecting health, SGDs and health.	
	4	Health Social Work: Role and Scope	
II	**Epidemiology of diseases**		**13**
	5	Epidemology- meaning, definition, epidemiology of diseases, epidemiological triad, Environmental health, personal hygiene	

	6	Communicable diseases: -AIDS, STDs,TB, Leprosy, Polio, Typhoid, Dysentery, Diarrhea, Jaundice,Cholera, Malaria, Zoonotic diseases	
	7	Non communicable diseases/life style diseases- cancer, coronary artery disease, obesity, diabetes, trauma and injury	
III	**Organizations of healthcare services**		**12**
	8	Organizations of healthcare services - concept, meaning	
	9	Organizations of healthcare services in central, state and local levels	
	10	Directorate of health services and family welfare departments	
IV	**National Health Policy, programmes and legislations**		**13**
	11	National Health Policy	
	12	National health programmes: 1. National Health Mission (NRHM,NUHM, goals, objectives, programmes- NLEP, DISHA, NTPC) 2.National Aids Control programme 3.National Nutritional Programme.	
	13	Health legislations: 1.MTP ACT, 1972 2.PCPNDT ACT, 1994, 3.The Epidemic Disease Act,4.NDPS Act 1985	
	14	Concept of public health and its components, public health programmes in India	
V	**Fieldwork**		**30**
	15	▪ Observation visits to PHC /CHC/FHC, Taluk Hospital, District Hospital, Medical College, ICT Centres, Anganwadi. ▪ Practice in a Medical or Psychiatric Setting	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	To understand the basic concepts of health	U	PSO-1
CO-2	To understand about the symptomatology of various diseases	R, U	PSO-1
CO-3	To analyse National health programmes and legislations	U, An	PSO-2,3
CO-4	To evaluate public health administration and organization's for health	E	PSO-4,5

	care services		
CO-5	To extend a connection between theory and practice in health settings	Ap	PSO-2,4,5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Health Care Administration

Credits: 2:1:1 (Lecture:Tutorial:Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1	To understand the basic concepts of health	PSO-1	U	F, C	**L**	
2	To understand about the symptomatology of various diseases	PSO-1	R,U	F,C	**L**	
3	To analyse National health programmes and legislations	PSO-2,3	U,An	P	**L**	
4	To evaluate public health administration and organization's for health care services	PSO-4,5	E	P	T	
5	To extend a connection between theory and practice in health settings	PSO-2,4,5	Ap	P		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	-1	2	-	-	-						

CO 4	-	-		3	4	-						
CO 5	-	1	-	3	4	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓	✓		✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓
CO 5		✓		✓
CO 6			✓	

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http://shodhganga.inflibnet.ac.in/bitstream/10603/60032/11/11_chapter%205.pdf

16. DSE1-Elective3- CF1: Child Care and Development

Discipline	SOCIAL WORK				
Course Code	UK3DSESWK202				
Course Title	CHILD CARE & DEVELOPMENT				
Type of Course	DSE				
Semester	IV				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	This course provides a comprehensive overview of child care development, focusing on the critical stages of child development. It also equips students with necessary social work skills to intervene with children professionally.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**CHILD DEVELOPMENT**		**11**
	1	**Pregnancy** : Bio- psychosocial changes, development tasks and hazards	
	2	**Infancy and babyhood** Bio- psychosocial changes, development tasks and hazards	
	3	**Early childhood and late childhood**: Bio- psychosocial changes, development tasks and hazards	
	4	**Adolescence**: Bio- psychosocial changes, development tasks and hazards	
II	**PROBLEMS FACED BY CHILDREN**		**11**
	5	Abuse and Violence, Child Sexual Abuse, Street Children, Children living with AIDS, Child in Armed Conflict, Child Marriage, Children with Disabilities, Children affected by Substance Abuse, Missing Children,	

		Children in Conflict with Law, Child Labour, Children Trafficking, Children without Parental care. ● Children with special needs ● Child Health and Nutrition, Children in Poverty ● Childhood Disorders: Conduct Disorders, Anxiety Disorders, Depression, Eating Disorders, Mental Retardation, Learning Disabilities	
III	**SOCIAL WORK WITH CHILDREN**		**11**
	6	**Engagement and Assessment**: Meaning ,definition and objectives **Assessment Tools**: Interviewing; Supportive Techniques: Home Visits, Collateral Contacts and Referrals	
	7	**School based practice**: Introduction to school based social work, concept, meaning, definition and characteristics Roles and responsibilities of school social workers	
IV	**ETHICS AND SKILLS OF WORKING WITH CHILDREN**		**12**
	8	**Ethical Considerations:** Values and principles, Key factors for working with children: Legal context, agency context, place to work, knowledge, skills, relationship, openness, Genuineness, warmth and empathy	
	9	**Skills**: Skills in Behaviour modification techniques, play and relaxation therapy, Skills to work with individual and group, use of creative activities, family group conferences, Skills in Advocacy and campaigning for children.	
	10	**Intervention:** Bio-Psychosocial Approach, Child Centred Intervention, Integrated Child and Family Model, Group Work with Children; Play and Relaxation Therapy: Meaning and Techniques.	
V	**FIELDWORK PRACTICUM**		**30**
	11	Field placement in any child care centres to practice the skills, techniques and tools while working with children.	

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understand and identify different stages of child development	U	PSO-1
CO-2	Critically analyse different issues and challenges faced by children	An	PSO 5
CO- 3	Illustrate and apply tools and techniques of Social Work with Children	Ap	PSO 2, PSO 3

			PSO 4
CO- 4	Create and implement intervention plans at different levels of child development	C	PSO 2 PSO 3 PSO 4
CO- 5	Apply the learnt theory into practice while working with children	Ap, C	PSO 2 PSO 3 PSO 4 PSO 5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Child Care and Development

Credits: 2:1:1 (Lecture:Tutorial:Practical)

CO No.	**CO**	**PO/PSO**	**Cognitive Level**	**Knowledge Category**	**Lecture (L)/Tutorial (T)**	**Practical (P)**
1	Understand and identify different stages of child development	PSO-1	U	F, C	L	
2	Critically analyse different issues and challenges faced by children	PSO 5	An	C	T	
3	Illustrate and apply tools and techniques of Social Work with Children	PSO 2, PSO 3 PSO 4	Ap	P	L	
4	Create and implement intervention plans at different levels of child development	PSO 2 PSO 3 PSO 4	C	P,M	L	P
5	Apply the learnt theory into practice while working with children	PSO 2 PSO 3 PSO 4 PSO 5	Ap, C	P, M		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO1	PSO2	PSO3	PSO4	PSO5	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	3	-	-	-	-						
CO 2			-	-	1						
CO 3	-	2	2	2	-						
CO 4	-	3	3	3	-						
CO 5	-	3	3	3	3						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Internal/ External Viva Voce
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Viva Voce	End Semester Examinations
CO 1	✓			✓
CO 2	✓	✓		✓
CO 3	✓			✓
CO 4		✓		✓

CO 5			✓	✓

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17. VAC1-Option1: Sustainability Consciousness

Discipline	SOCIAL WORK				
Course Code	UK3VACSWK200				
Course Title	SUSTAINABILITY CONSCIOUSNESS				
Type of Course	**VAC**				
Semester	IV				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	3	2		2	4
Pre-requisites					
Course Summary	This course is designed to introduce the essential concepts of Sustainable Development to undergraduate University students from all faculties and specializations.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Foundations of Sustainable Consciousness**		**6**
	1	Concept of sustainability, Three dimensions of sustainability	
	2	Definitions of Sustainable development, Systems Thinking and Interconnectedness	
	3	Ethics and Values in Sustainable Consciousness:	
II	**Practicing Sustainable Consciousness in Social Work**		**8**
	4	Integration of Sustainability in Social Work Practice	
	5	Community Engagement and Empowerment	
	6	Advocacy and Policy Development for Sustainability, Environmental movements in India	
III	**Building Resilience and Well-being through Sustainable Consciousness**		**8**
	7	Promoting Sustainable Lifestyles and Behavior Change	
	8	Health, Well-being, and Environmental Justice	
	9	Building Resilience in the Face of Climate Change	
IV	**Sustainability in Personal Life**		**8**
	10	Personal choices and sustainability	

	11	Waste Management	
	12	Minimalism, Tiny Homes and other approaches and innovative ideas	
V	**Practicals**		**30**
	13	Plan and executive a programme/campaign to promote sustainability consciousness	
	14	A Personal project to improve your sustainability consciousness	
			60

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understand the concept of sustainability consciousness and its significance in the context of social work	U	
CO-2	Integrate principles of sustainable consciousness into social work frameworks and methodologies.	R, U	
CO-3	Evaluate the effectiveness of policy interventions in promoting sustainable development and equitable outcomes	E	
CO-4	Differentiate between the levels of medical care and understand indicators of health	An	
CO-5	Discuss the role of a social worker in health and medical settings, emphasizing advocacy, support, and intervention.	C	

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18. VAC1-Option2: Personal Health Development

Discipline	SOCIAL WORK				
Course Code	UK3VACSWK201				
Course Title	PERSONAL HEALTH DEVELOPMENT				
Type of Course	**VAC**				
Semester	III				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	3	2		2	4
Pre-requisites					
Course Summary	The course on Personal Health Development is designed to provide individuals with the knowledge and skills necessary to enhance their health and well-being. Through a combination of theoretical foundations and practical applications, students will learn about various aspects of health, including physical fitness, nutrition, stress management, and mental well-being. The course aims to empower individuals to make informed decisions and adopt healthy habits that will contribute to a balanced and fulfilling lifestyle.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Assessing Personal Health**		**6**
	1	Introduction to Personal Health Development	
	2	Self-Assessment Tools and Techniques	
	3	Identifying Strengths and Areas for Improvement	
	4	Goal Setting and Creating a Personalized Wellness Plan for Long-Term Success	
	5	Creating a Personal Health Profile	
II	**Physical Fitness and Active Living**		**8**
	6	Components of physical fitness	
	7	Principles of exercise and training	
	8	Promoting an active lifestyle and overcoming barriers;	

	9	Healthy Sleep Habits and Sleep Hygiene Practices	
	10	Designing a personalized exercise plan	
III	**Nutrition and Healthy Eating**		**8**
	11	Fundamentals of nutrition and its role in health	
	12	Understanding macronutrients and micronutrients	
	13	Healthy eating guidelines and meal planning- Creating Balanced Meals and Snacks, Portion Control, and Mindful Eating- Grocery Shopping Strategies.	
	14	Addressing common nutritional challenges and dietary restrictions - Dietary Guidelines and Nutritional Recommendations	
IV	**STRESS MANAGEMENT AND MENTAL WELL-BEING**		**8**
	15	Understanding Stress and its Effects on Health	
	16	Stress Reduction Techniques: Relaxation, Breathing, and Meditation	
	17	Practicing Self-Compassion and Self-Kindness; Incorporating Mindfulness into Daily Life	
	18	Building Resilience and Coping Skills	
	19	Seeking Support and Resources for Mental Health	
V	**Practicals**		**30**
	20	Creating Plan, Practicing Mindfulness, Yoga, Breathing and Relaxation techniques Conducting a personal development session	
			60

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understand the importance of personal health and its impact on overall well-being	U	PSO-2
CO-2	Identify and apply strategies for maintaining physical fitness and leading an active lifestyle	R, U	PSO-1,2
CO-3	Demonstrate knowledge of nutrition principles and make informed dietary choices.	Ap, An	PSO-3
CO-4	Develop effective stress management techniques and apply them in real-life situations.	Ap	PSO-3
CO-5	Enhance mental well-being through self-care practices and mindfulness.	An, Ev	PSO-5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Personal Health Development

Credits: 1:1:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/ PSO	Cognitive Level	Knowledge Category	Lecture (L)/ Tutorial (T)	Practical (P)
CO-1	Understand the importance of personal health and its impact on overall well-being.	PSO -2	U	C	L	
CO-2	Identify and apply strategies for maintaining physical fitness and leading an active lifestyle.	PSO -1,2	R, U	F, C	L	
CO-3	Demonstrate knowledge of nutrition principles and make informed dietary choices	PSO -3	Ap, An	F, C	L	
CO-4	Develop effective stress management techniques and apply them in real-life situations.	PSO -3	An	P	L	
CO-5	Enhance mental well-being through self-care practices and mindfulness.	PSO -5	An, Ev	P	L	

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

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19. SEC1-Option1: Street Theatre

Discipline	SOCIAL WORK				
Course Code	UK3SECSWK200				
Course Title	STREET THEATRE				
Type of Course	**SEC**				
Semester	III				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	3	2		2	4
Pre-requisites					
Course Summary	This course in street theatre is designed to equip participants with the necessary skills and knowledge to excel in the vibrant world of street performance. This course combines theoretical learning with practical experience to create a comprehensive understanding of street theatre. would provide ample opportunities to understand group dynamics, experiment with self and grow as a team. The course will give space to cultivate the art of social problem identification and developing a solution based on it.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Street Theatre**		**6**
	1	Street theatre for social change	
	2	Requirements: voice modulation, lyrics creation, Space orientation and Presence of mind, Direction, characters dialogues, Music	
II	**Individual Transformation**		**8**
	3	Improving attention and Concentration, Multitasking, Mindfulness, Physical and mental exercise, coordination and synchronization, Empathy towards others, Expression of feelings, understanding Different perspectives, expressing emotions, communicating through body movements, Experimentation with life	
III	**Team Building and Group Dynamics**		**8**

	4	Developing Cooperation, trust, and unity among team work, Importance of inclusion, Role changing and role taking, instilling physical and mental trust among the group members, growing together, understanding personal responsibility and collective responsibility, breaking the stereotypes.	
IV	**Skills and Values**		**8**
	5	Observation skills, Leadership skills, listening skill and alertness, Decision making skills, Empathy, respect for others, trust, cooperation.	
	6	To explore the body capacity of the person, Self-discipline, Mind body coordination, energising the person, physical and mental fitness, and body flexibility.	
V	**Body Exercises**		**30**
	7	Organize a street theatre on a socially relevant topic	
			60

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Build an understanding and working knowledge of various techniques used within the theatrical process.	U	
CO-2	Work in collaboration with others by enhancing mutual trust and respect towards one another.	Ap	
CO3	Understand group dynamics and learn to work as a team	U & Ap	
CO4	Equip the learner to use the knowledge in street theatre to sensitise people on social issues and to reach out to the masses.	Ap	
CO5	To Create a street play and be able to perform to reach out to the masses.	Ap & C	

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

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20. SEC1-Option 2: Computer Applications

Discipline	SOCIAL WORK				
Course Code	UK3SECSWK201				
Course Title	COMPUTER APPLICATIONS				
Type of Course	**SEC**				
Semester	IV				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	3	2		2	4
Pre-requisites					
Course Summary					

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Introduction to Computers and Operating Systems**		**6**
	1	Overview of computer hardware and software components	
	2	Introduction to operating systems (e.g., Windows, macOS, Linux)	
	3	Navigating computer interfaces and managing files and folders	
	4	Principles of digital etiquette and online professionalism	
II	**Introduction to word processing software (e.g., Microsoft Word, Google Docs)**		**3**
	4	Creating, formatting, and editing documents	
	5	Managing document layout, styles, and headers/footers	
	6	Collaborative editing and document sharing (e.g., Google Suite)	
III	**Spreadsheet Fundamentals**		**3**
	7	Introduction to spreadsheet software (e.g., Microsoft Excel, Google Sheets)	
	8	Creating and formatting spreadsheets	
	9	Basic formulas and functions for data organization and calculations	
	10	Data visualization using charts and graphs	
IV	**Presentation Design and Delivery**		**3**

	11	Introduction to presentation software (e.g., Microsoft PowerPoint, Google Slides)	
	12	Designing effective slides with appropriate layouts, visuals, and text formatting	
	13	Incorporating multimedia elements (images, videos, etc.) into presentations	
	14	Delivering engaging and professional presentations	
V	**Practicals**		**60**
	15	Editing a large word document Working on spreadsheet data Preparing an attractive ppt Collaborative working using google suite	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understand the basic components and functions of a computer system.	U	
CO-2	Operate common operating systems and navigate computer interfaces.	Ap	
CO3	Create, format, edit, and manage documents using word processing software	U & Ap	
CO4	Utilize spreadsheet software for data organization, analysis, and basic calculations.	Ap	
CO5	Create and deliver effective presentations using presentation software.	Ap & C	

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

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21. MDC3-Working with Communities

Discipline	SOCIAL WORK				
Course Code	UK3MDCSWK200				
Course Title	WORKING WITH COMMUNITIES				
Type of Course	**MDC**				
Semester	III				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	3	2		2	4
Pre-requisites					
Course Summary	This course offers learners a comprehensive understanding of community dynamics, including the definition, types, and historical context of communities, alongside principles, assumptions, and objectives of community organization. The learners will progress through sequential phases of community organization, from study and analysis to reflection and modification, and discern the conceptual differences between community organization and development, particularly within the Indian context. Through skill development exercises like rural camps, they will enhance cooperation, planning, leadership, networking, fundraising, and documentation skills, culminating in the ability to prepare comprehensive reports for various stages of community intervention.				

Detailed Syllabus

Module	**Unit**	**UNDERSTANDING COMMUNITY AND COMMUNITY ORGANIZATION**	**Hrs**
I	**Content**		**06**
	1	**Concept of community**: Meaning, Definition, Types.	
	2	**Community organization** – History, Definition, Principles, Assumptions, and Objectives	
	3	**Phases of Community Organisation**: Community entry, Building rapport and relationships, Study and Analysis, Planning, Organization, Intervention/Action, Reflection/Evaluation, Modification and Continuation.	

II	**MODELS OF COMMUNITY ORGANIZATION**		**08**
	4	**Community Organisation Models:** Models of Jack Rothman- Locality Development Model, Social Planning Model & Social Action Model. Models of Mary Weil.	
	5	**Approaches:** Empowerment, Participation, Political Activists approach-Neighbourhood maintenance/community development approach	
III	**SOCIAL ACTION**		**08**
	6	**Social Action**: Concepts, Objectives, Process, Values and Principles	
	7	**Strategies** - campaign, awareness, collaboration, lobbying, procedural and direct action	
	8	**Contributions**: Ambedkar, Gandhiji, Saul Alinsky, Paulo Freire	
	9	Critically analysis of contemporary Social Movements - MeToo, Black Lives Matters, Land Rights (especially *adivasi*), LGBTQI Rights, Nirbhaya, Plachimada Struggle - strategies for Social Movements	
IV	**ROLES AND SKILLS**		**08**
	10	**Roles of Social Workers in Community Organisation and Social Action**: Guide, Initiator, Communicator, Enabler, Counsellor, Motivator, Advocator, Catalyst, Innovator, Collaborator, Expert, Therapist.	
	11	**Skills for Community Organisation**: Interaction, Information Gathering and Assimilation, Observation, Social Analysis, Listening and Responding, Organizing, Resource Mobilization, Conflict Resolution, Rapport Building, Identification of Needs, Programme Planning, Program Management.	
V	**FIELDWORK**		**30**
	12	Practice in Community- Study needs, Organize, Plan and Intervene **OR** Participatory Rural Appraisal (PRA) **OR** Rural Camp	
			60

COURSE OUTCOMES

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO Addressed
CO-1	Understand the concept and historical development of community organization as a method in Social Work	U	PSO 1
CO-2	Analyse the models and phases of community organization	An	PSO 2
CO-3	Enhancing skills for analysing the needs of a community	An	PSO 2 PSO 4
CO-4	Create and evaluate a connection between theory and praxis of Social Action and social movements	C,E	PSO 4
CO-5	Provide with an opportunity to acquire skills in planning, organizing, handling regulations, decision during the Rural Camp	Ap,C,An, E	PSO 3 PSO 5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: WORKING WITH COMMUNITIES

Credits: 2:0:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/ PSO	Cognitive Level	Knowledge Category	Lecture (L)/ Tutorial (T)	Practical (P)
CO-1	Understand the concept and historical development of community organization as a method in Social Work	PSO 1	U	F, C	L	
CO-2	Analyse the models and phases of community organization	PSO 1	An	P,C	L	
CO-3	Enhancing skills for analysing the needs of a community	PSO 5	An	C,P	T	
CO-4	Create and evaluate a connection between theory and	PSO 4	C,E	C,P	T	

	praxis of Social Action and social movements					
CO-5	Provide with an opportunity to acquire skills in planning, organizing, handling regulations, decision during the Rural Camp	PSO 5	Ap,C,An ,E	P	T	

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	-	1	-	-	-						
CO 4	-	-	2	3	-	-						
CO 5	-	1	-	-	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Discussion / Seminar/visits
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓

CO 2	✓			✓
CO 3	✓			✓
CO 4		✓		✓
CO 5		✓		✓
CO 6			✓	

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SEMESTER 4

22. DSC10-Major4-Working with Individuals

Discipline	SOCIAL WORK				
Course Code	UK4DSCSWK203				
Course Title	WORKING WITH INDIVIDUALS				
Type of Course	DSC Major				
Semester	IV				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	Understand the basic concepts of Social Case Work Apply the skills, techniques and ethics in the practice besides implement the process in Social Casework Prepare reports incorporating appropriate the models Practice various situations and settings where case work can be applied				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Social Case Work**		**5**
	1	Social Case Work: meaning, definition, objectives, scope and components (Person, Problem, Place and Process)	
	2	Historical development of case work - contributions by Mary Richmond	
II	**Social Case Work Process**		**16**
	3	Definition and meaning: Rapport, Client, Therapeutic Interview, Shadowing, Transference & Counter-transference	

	4	Process: Intake, Study, Diagnosis, Treatment, Evaluation, Termination and Follow-up	
	5	Principles of Social Case Work	
	6	Tools: Listening, Observation, Interview, Collateral interviewing and Home-visits, Professional relationship	
	7	Skills: Empathy, Support, Clarification, Interpretation, Developing Insight, Identification, Resource Utilization, Environmental Modification, Counselling, Handling emotions & Problem solving, Clarifying, Analysing, Interpreting, Verbalizing, Challenging, Motivating (Reinforcing)	
	8	Techniques: Rapport-building, Interacting, attending behaviour & observing nonverbal behaviour, Partialisation, Paraphrasing, Summarising	
III	**Models of Social Case Work**		**12**
	9	Different models to conceptualize social case work practice – The behavioural Model, Functional Model, Humanistic-existential Model, Problem solving Model, General Systems Model, Crisis Intervention, Task-centred Model, Solution-focused Model, Eclectic Model	
IV	**Recording in Social Case Work**		**12**
	10	Meaning, Importance & Uses of recording	
	11	Types: Verbatim, Narrative, Condensed, Analytical & Summary records	
	12	Ethical considerations in Social Case Work	
V		**Fieldwork (in Practice Setting)**	**30**
	13	Roles and Responsibilities of the Social Case Worker in multiple settings: School, Counselling centers, De- addition, Family Court, Sureksha home.	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understand the basic concepts of Social Case Work	R,U	PSO-1,2

CO-2	Apply the process of Case Work and intervene with individuals and evaluate practice	U,A, E	PSO- 1,2,3
CO-3	Apply the skills, techniques and ethics in the practice besides implement the process in Social Casework and in Counselling	R, U, A	PSO-1,2,4
CO-4	Prepare reports incorporating appropriately the modes - Verbatim, Narrative, Condensed, Analytical & Summary – of reporting Use reports as a medium for self-analysis and improving practice skills in Social Case Work	U,A,An,E, C	PSO-1,2,4,5
CO-5	Evaluate the roles and responsibilities of Social Case Worker in multiple setting and create report	U, An, E,C	PSO-1,2,3,4,5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Working with Individuals

Credits: 2:1:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1.	Understand the basic concepts of Social Case Work	1,2	1	F, C	L	
2.	Apply the process of Case Work and intervene with individuals and evaluate practice	1,2,3	1,2	P	T	
3.	Apply the skills, techniques and ethics in the practice besides implement the process in Social Casework and in Counselling	1,2,4	1,2,3	F, C, P	L, T	

4.	Prepare reports incorporating appropriately the modes - Verbatim, Narrative, Condensed, Analytical & Summary – of reporting Use reports as a medium for self-analysis and improving practice skills in Social Case Work	1, 2,4,5	1,2,3	F, C, P	L, T	
5.	Evaluate the roles and responsibilities of Social Case Worker in multiple setting and create report	1,2,3,4,5	1,2,3,4	F, C, P, M		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO1	**PSO2**	**PSO3**	**PSO4**	**PSO5**	**PSO6**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO 1	1	-	-	-	-	-						
CO 2	1	2	-		-	-						
CO 3	1	2	-	3	-	-						
CO 4		2	-	3	-	-						
CO 5	-	-	-	-	1	-						

Correlation Levels:

Level	Correlation
1	Slightly / Low
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Discussion / Seminar
- Internal Assessment Tests
- Case Analysis
- Case Presentation
- End Semester Examination
- Report Writing

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓	✓		✓
CO 3	✓			✓
CO 4	✓			✓
CO 5			✓	

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23. DSC11-Major5-Sociology and Economics

Discipline	SOCIAL WORK				
Course Code	UK4DSCSWK204				
Course Title	SOCIOLOGY AND ECONOMICS				
Type of Course	**DSC Major**				
Semester	IV				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	The course "Sociology and Economics for Social Work" aims to provide students with a comprehensive understanding of the fundamental concepts and theories in sociology and economics relevant to the practice of social work. Throughout the course, students will explore the origin and development of sociology, delve into sociological concepts applicable to social work practice, and examine basic economic concepts and their relevance to social work. The course also covers topics such as development paradigms, globalization, digitalization, and their impacts on individuals, communities, and societies. Students will learn social analysis techniques to deconstruct and analyze the structures of society, and they will apply these skills to various groups in the field. By the end of the course, students will be equipped with the cognitive abilities to analyze and interpret real-world social issues, apply sociological concepts to social work practice, evaluate development paradigms, and employ social analysis techniques effectively.				

Detailed Syllabus:

Module	Unit	Content	Hrs
I	**The Fundamentals of Sociology**		**08**
	1	Origin and Development of Sociology	
	2	Basic Concepts: society, community, association, culture: traditions, customs, values, norms, folkways and, mores	

	3	Thinking Sociologically and Thinking Globally: Sociological Imagination and Sociological Perspectives: functionalist, conflict, interactionist, postmodernist and Global: Network Society and Risk Society	
II	**Sociological Concepts for Social Work Practice**		**07**
	4	Social Process: Conjunctive and Disjunctive	
	5	Socialisation: Agents and theories	
	6	Social Institutions: Meaning and Types	
	7	Social Control: Meaning and agencies	
	8	Social Change: Meaning, Types and Theories	
	9	Social exclusion, marginalisation and communalism	
III	**Basic Economic Concepts for Social Work Practice**		**15**
	10	Definition and scope of Economics; Origin and Development of Economics: Micro and Macro Economics	
	11	Economic systems: traditional economy, command economy market economy and mixed economy	
	12	Basic Concepts: Factors of production, want, need, Market equilibrium and price determination Elasticity of demand and supply	
	13	National income and per capita income National Income Analysis	
IV	**New Development Paradigms: Globalisation and Digitalisation**		**15**
	14	Development: Indicators Sustainable Development Kerala Model of Development	
	15	Globalisation – it's paradoxes and contemporary dynamics in the global development process	
	16	Impacts of digitalization on individuals, communities, and societies	
	17	S**ocial Analysis: Methods and Tools** Social Analysis: concept, steps and Methods and tools Application of Sociology and Economics for Social Work	

V	**Fieldwork**		**30**
	18	Film and Documentary Screening	
	19	Students will be accompanied to five villages to do a social analysis of the villages. A Transect Walk, Timeline, Trend analysis and Problem Analysis will be carried out by the students in five villages. The presentations of the information depicted in the charts will be done by the students	
	20	Community Profile: The students will prepare a community profile focussing on the power structures	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Acquire a comprehensive understanding of the fundamental concepts and theories in sociology for the practice of social work.	Understand	PSO1
CO-2	Demonstrate the ability to apply sociological concepts and perspectives to analyse and interpret real-world social issues.	Analyse	PSO 3
CO-3	Create a comprehensive understanding of the origin and development of economics, differentiating between micro and macroeconomics and assessing the scope of economics, recognizing its relevance to social work practice	Apply	PSO 3 PSO 4
CO-4	Evaluate the complexities of development paradigms, including globalisation and digitalisation, by drawing on a comprehensive understanding of sustainable development, and diverse models	Analyse	PSO 4 PSO 5
CO-5	Apply social analysis techniques to deconstruct and analyse the basic structures of society, including economic, social, political, and ideological dimensions and employ social analysis for various groups in the field	Create	PSO 4 PSO 5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Sociology and Economics

Credits: 2:1:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/ PSO	Cognitive Level	Knowledge Category	Lecture (L)/ Tutorial (T)	Practical (P)
CO-1	Acquire a comprehensive understanding of the fundamental concepts and theories in sociology for the practice of social work.	PSO 1	U	C	L	
CO-2	Demonstrate the ability to apply sociological concepts and perspectives to analyse and interpret real-world social issues.	PSO 3	An	C	L	
CO-3	Create a comprehensive understanding of the origin and development of economics, differentiating between micro and macroeconomics and assessing the scope of economics, recognizing its relevance to social work practice	PSO 3 PSO 4	Ap	P, M	L	
CO-4	Evaluate the complexities of development paradigms, including globalisation and digitalisation, by drawing on a comprehensive understanding of sustainable development, and diverse models	PSO 4 PSO 5	An	C, P	L	
CO-5	Apply social analysis techniques to deconstruct and analyse the basic structures of society, including economic, social, political, and ideological dimensions and employ social analysis for various groups in the field	PSO 4 PSO 5	C	M	L, T	P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6

CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	-	1	-	-	-						
CO 4	-	-	2	3	-	-						
CO 5	-	1	-	-	-	-						
CO 6	-	-	-	3	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓			✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓
CO-5	✓	✓		

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24. DSE2-Elective1-CD2: Community Health

Discipline	SOCIAL WORK				
Course Code	UK4DSESWK203				
Course Title	COMMUNITY HEALTH				
Type of Course	**DSE**				
Semester	IV				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	Understand the basic concepts of health and also social work aspirants get acquainted with the various health related programmes and policies. The health care need of the community and also various components of health care services are taught				

Detailed Syllabus

Module	Unit	Content	Hrs
I		**Concept of Health**	**11**
	1	Health- Meaning and Definition, Determinants, indicators of health, spectrum of health, Holistic Health	
	2	Mental Health and Concept of well-being, Positive Health.	
	3	Epidemiology- Definition, Objectives, Methods, Epidemiological Triads	
		Health Care	11
	4	Health Care- Meaning and Definition, Principles– Levels of Health Care- Primary, Secondary, Tertiary, Health Care Services- Promotive, Protective, Preventive, Curative, Rehabilitative, Palliative	
	5	Health Care System in India	

	6	Health Statistics and Vital Statistics- Meaning, Importance, Uses and Sources	
		Public Health	11
	7	Public Health- Meaning and Definition, Importance	
	8	Health Sector Planning- Five Year Plan, System of Medicine, SDG, National Health Policy 2002	
	9	International Health Care Institutions– WHO, UNICEF, FAO, ILO	
	10	NGOs and Voluntary Organizations- CARE, International Red Cross, Rock Feller foundation	
	11	Role of Social Worker and Social Welfare Organizations in Community Health	
IV	**Health Scenario**		**12**
	12	Palliative Care treatment and services – components, terminal malignancy, community-based programmes	
	13	Health Education- Personal Hygiene, Environmental Health, Community Health care, Health Education in Schools, Person centered Approach	
V	**Fieldwork**		**30**
	1	Practice in a Community Health Setting: Visit to FHC/PHC/Anganwadi/CHC to understand, analyse and evaluate the social work roles and responsibilities and prepare a report.	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understand the holistic concept of health	U	PSO 1
CO-2	Understand and analyse the health care practice and also health care system in India	U, An	PSO 1 PSO 5
CO-3	Analyse plans and policies/services in health and implications in development practice	An	PSO 1, 2, 3
CO-4	Evaluate the different diseases and also the services in this context	E	PSO 1, 2, 3, 4
CO-5	Critical evaluation of the services offered by different agencies	E	PSO 1, 2, 5

	in the health care services		

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Community Health

Credits: 2:1:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1	Understand the holistic concept of health	PSO 1	U	F, C	L	
2	Understand and analyse the health care practice and also health care system in India	PSO 1 PSO 5	U, An	F,C	L	
3	Analyse plans and policies/services in health and implications in development practice	PSO 1 PSO 2 PSO3	An	C	L&T	
4	Evaluate the different diseases and also the services in this context	PSO 1 PSO 2 PSO 3 PSO 4	E	C,P	T	
5	Critical evaluation of the services offered by different agencies in the health care services	PSO 1 PSO 2 PSO 5	E	C,P		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	PSO2	PSO3	PSO4	PSO5	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	3	-	-	-	-						
CO 2	3		-	-	2						
CO 3	3-	1	2	-	-						
CO 4	1	2	2	2	-						
CO 5	1	2	-	-	2						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Viva Voce
- Final Exam

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Viva Voce	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4	✓	✓		✓
CO 5			✓	✓

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http://www.who.int/water_sanitation_health/hygiene/settings/hvchap2.pdf
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http://www.who.int/gho/publications/world_health_statistics/EN_WHS2015_Part2.pdf
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25. DSE2-Elective2-MP2: Medical Social Work

Discipline	SOCIAL WORK				
Course Code	UK4DSESWK204				
Course Title	MEDICAL SOCIAL WORK				
Type of Course	DSE				
Semester	IV				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	The course enables to understand the various concepts of human physiology, related diagnostic parameters, medical social work its evolution and application in different medical settings, the course envisages the vision of providing different roles and responsibilities of medical social worker in different phase of a patient's life				

Detailed Syllabus

Module	Unit	Content	Hr
I	**Elementary understanding of human physiology**		**11**
	1	Human physiological system and its functions	
	2	Diagnostics and related parameters as indicative of health (BP, Pulse, counts, Hb, LDL/HDL, Creatine, Urea etc	
II	**Patient as a person**		**11**
	3	Concept of patient as a person	
	4	Social and emotional factors involved in disease	
	5	Hospitalization and its implications for the patient and family members	

	6	Reaction to terminal illness- DABDA-denial, anger, bargaining, depression and acceptance Illness as a social problem and its effects on the individual, family and community	
III	**Medical social work**		**11**
	7	Medical social work: meaning, definition, historical development of medical social work in India and abroad	
	8	Scope of medical social work profession, difficulties and challenges of medical social work in India	
	9	Roles and responsibilities of medical social worker	
	10	Medical ethics- issues and challenges (patient rights, informed consent)	
	11	Medical social work care plan from intake to discharge	
	12	Role of medical social worker in primordial, primary, secondary and tertiary prevention	
IV	**Medical social work in different settings**		**12**
	13	Roles and responsibilities of medical social worker in different aeras. Departments- burns, organ donation, emergency Clinics: fertility clinics, STI/HIV clinics, blood banks Hospitals: Leprosy/TB hospitals, cancer hospitals, palliative care	
	14	Multidisciplinary team -role of each member, factors essential for team work	
V	**Fieldwork**		**30**
	15	Observation visits to different hospital settings to understand the role of medical social worker in different medical settings Practice in Medical and Psychiatric Setting	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	To understand the basics of human physiological systems and its functions	U	PSO-1
CO-2	To analyse the importance of patient as a person	R, U	PSO-1

CO3	To understand the basics of medical social worker	R,U,Ap	PSO-2,3
CO4	To analyse the roles and responsibilities of medical social worker in different settings	Ap,An,E	PSO-4,5
CO5	To extend a connection between theory and practice in medical settings	Ap,An,E	PSO-2,4,5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Medical Social Work

Credits: 2:1:1 (Lecture:Tutorial:Practical)

CO No.	CO	PO/ PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
CO-1	To understand the basics of human physiological systems and its functions	PSO-1	U	F, C	**L**	
CO-2	To analyse the importance of patient as a person	PSO-1	R, U	P,C	**L**	
CO3	To understand the basics of medical social worker	PSO-2,3	R,U,Ap	C,P	**L**	
CO4	To analyse the roles and responsibilities of medical social worker in different settings	PSO-4,5	Ap,An,E	C,P	T	
CO5	To extend a connection between theory and practice in medical settings	PSO-2,4,5	Ap,An,E	P		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	-	1	2-	-	-						
CO 4	-	-		3	4	-						
CO 5	-	1	-	3	4	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓	✓		✓
CO 3	✓	✓		✓
CO 4		✓		✓
CO 5		✓		✓

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26. DSE2-Elective2-CF2: Child Mental Health

Discipline	SOCIAL WORK				
Course Code	UK4DSESWK205				
Course Title	CHILD MENTAL HEALTH				
Type of Course	**DSE**				
Semester	IV				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	The course introduces the learners to development and disorders related to children and adolescents. It also explores in depth various governmental and non-governmental initiatives that aim at improving mental health of young people. The course delves deeper into the school social work setting, empowering students to be equipped to intervene in school mental health.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Basics of Child and Adolescent Development**		**9**
	1	Motor, Language, Cognitive, Social, Moral, Emotional, Psychosexual domains, Attachment, Temperament	
	2	Theories of child development: -psychoanalytic theory, psychosocial theory, cognitive-development theory, learning theory.	

	3	Role of other factors in child mental health – family environment, parenting method, school services, culture & ethnicity	
II	**Various Child & Adolescent Psychiatric Disorders and Interventions**		**12**
	4	Disorders: -Neurodevelopmental disorders (Intellectual developmental disorder, Autism spectrum disorder, Communication disorders, attention deficit hyperactivity disorder, specific learning disorder, Motor Coordination disorder, Selective Mutism	
	5	Trauma- and Stressor-Related Disorders in Children-Early-Onset Bipolar Disorder-anxiety disorders of Infancy, Childhood, and Adolescence: (Separation Anxiety Disorder, Generalized Anxiety Disorder, Social Anxiety Disorder)	
	6	Obsessive-Compulsive Disorder in Childhood and Adolescence-Early-Onset Schizophrenia-Adolescent Substance Use Disorders-Physical, Sexual, and Emotional abuse-School avoidance-Depressive Disorders and Suicide in Children and Adolescents	
	7	Intervention Techniques and Therapies: (Cognitive Behaviour Therapy, Family therapy, Relaxation techniques, Crisis Intervention, Play therapy. Group psychotherapy, Psychodynamic therapy, Parent management training)	
III	**Laws and schemes related to Child mental health**		**12**
	8	Laws**:** Protection Of Children from Sexual Offences; Right to Education, Juvenile Justice Act; Rights of Persons with Disability act;	
	9	Mental Health Care Act; Adoption rules; Role of Social Worker in Juvenile Justice Board & Child Welfare Committee.	
	10	Government schemes and programmes for Child mental health: (ICDS, ICPS, RBSK, RKSK, National Education Policy)	
IV	**Social Work and Youth**		**12**
	11	Definition, characteristics, needs, aspirations	
	12	Problems of youth (unemployment, youth unrest, substance abuse, HIV/AIDS, suicide, generation gap and terrorism)	
	13	Issues and challenges in the field of youth development.	
	14	Principles of working with youth, values, skills	
	15	Role of a social worker in youth development Governmental and non-governmental programmes and schemes for youth Welfare (educational, recreational, vocational, guidance and counselling, leadership and health)	
	16	Policies: National youth policy International and national Youth welfare organization	
V	**Fieldwork**		**30**
	17	Observation of cases while working with children and youth	
	18	Initiatives for awareness creation on various issues in the field	
	19	Case Studies with the help of case assessment records	
	20	Familiarisation of Assessment Tools	
	21	Practical sessions on therapies with the help of experts	

	22	Preparation of Case Records	
			75

Course Outcomes

No.	Upon completion of the course, the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understanding the Prevalence and Scope of Child Mental Health Issues:	**U**	**PSO- 2**
CO-2	Identifying various Child & Adolescent Psychiatric Disorders and Interventions	**R, U**	**PSO-1,2**
CO-3	Analysing the Laws and schemes related to Child mental health in India	**An**	**PSO-3**
CO-4	Gain a thorough understanding of Youth and social work interventions in India	**Ap**	**PSO-4**
CO-5	Applying the interventions while working with children and Adolescent in Indian Scenario	**Ap, Ev**	**PSO-3,4,5**

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Note: 1 or 2 COs/module

Name of the Course: Credits: 3:0:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)

CO-1	Understand the basics of Child mental Health.	**PSO- 2**	**U**	**F, C**	**L**	
CO-2	Gain the knowledge related to school social work practice	**PSO-1,2**	**R, U**	**C**	**L**	
CO-3	Recognise the issues of children in schools	**PSO-3**	**An**	**C,P**	**L**	
CO-4	Develop the skills and competencies of School social worker	**PSO-4**	**Ap,**	**P**	**L**	
CO-5	Demonstrate the interventions of Schol Social Worker Practice in different settings	**PSO-3,4,5**		**P**		**P**

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO 1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	**1**	**-**	**-**	**-**	**-**	**-**						
CO 2	**2**	**3**	**-**	**-**	**-**	**-**						
CO 3	**-**	**-**	**1**	**-**	**-**	**-**						
CO 4	**-**	**-**	**2**	**3**	**-**	**-**						
CO 5	**-**	**1**	**-**	**-**	**-**	**-**						
CO 6	**-**	**-**	**-**	**3**	**-**	**-**						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

§ Quiz / Assignment/ Quiz/ Discussion / Seminar

§ Midterm Exam

§ Programming Assignments

§ Final Exam

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓

CO 2	✓			✓
CO 3	✓			✓
CO 4		✓		✓
CO 5		✓		✓

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27. VAC2-Option1: Self-Development

Discipline	SOCIAL WORK				
Course Code	UK4VACSWK202				
Course Title	SELF-DEVELOPMENT				
Type of Course	DSE				
Semester	IV				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	3	2		2	4
Pre-requisites					
Course Summary	The course helps students to achieve self-development and greater productivity, through self-analysis, planning, health development and development of specific skills like communication, stress management, time management etc.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Self-Management Skills**		**06**
	1	Self-awareness and life skills: Definition, importance and benefits – Practice of personal SWOC analysis – Life skills education	
	2	Emotional intelligence: Developing skills to build healthy relationship - Managing emotions to navigate social circumstances - techniques to cope with stress.	
	3	Stress management: Methods employed for stress management - Role of self-motivation – Time management – Cultivating adaptability and resilience.	
II	**Module 2: Communication skills**		**08**
	4	Effective communication: Steps involved in effective communication - Development of listening skills– Management of conflict resolution – Awareness of emotions and anger management	

	5	Interpersonal and intrapersonal communication: Definition and distinction – Skills required for interpersonal and intrapersonal communication - Relevance of group communication in professional life	
	6	Improvement of communication: Importance of communication in a profession - Measures to strengthen communication skills in social work practice – Strategies to enhance language ability – Principles underlying social networking	
III	**Module 3: Goal setting, reflection and continuous learning**		**08**
	7	Goal setting: Objectives and key principles – Development of goal setting model – Significance of SMART protocol in goal setting – Preparation of goal tree. Time Management.	
	8	Reflection: Process of self-reflection - Characteristics of critical thinking – Skills necessary for creative thinking and problem solving	
	9	Continuous learning: Definition and key elements – Relevance of continuous learning in modern era - Assessment strategies – Types of learning	
IV	**Module 4: Health and Wellbeing**		**08**
	10	Health as a holistic phenomenon: Health: Conceptual dimensions, Determinants, and philosophy - Prevention of diseases: primary, secondary & tertiary levels - Benefits of emotional well-being	
	11	Health practice: Strategies – Awareness of health promotion & protection – Hygienic behaviours – Concepts of 'WASH' - Core functions of public health	
	12	Physical wellness: Physical wellness, a key component of health - Detrimental effects of junk food - Promotion of physical exercises - Strategies for improving physical health	
V	**Fieldwork**		**30**
	13	SWOC analysis: Hold a personal SWOC analysis and submit a report in a template framed for the purpose	
	14	Stress reduction activity: Demonstrate a visual imagery to bring down stress by creating individual visualization and write down in a journal as to how the student feels after completing the activity	
	15	Prepare ten statements projecting three types of communication styles, passive/assertive/aggressive (Example: A wants to borrow Rs100/- from B Passive: I am sorry, I don't have Rs.100/- to spare now /	

		Assertive: I don't have any money with me / Aggressive: I have no money to give you).	
	16	Prepare a tool kit for physical fitness	
			60

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Develop self-awareness and life skills.	Ap, Ev	PSO 1
CO-2	Analyze communication blocks and learn how to work around it.	An	PSO 1, PSO 2
CO-3	Plan for self-development.	Ap, Cr	PSO 1, PSO 3
CO-4	Adopt practices to improve one's health, well-being and productivity.	An	PSO 4
CO-5	Apply the principles and techniques of self-development to one's own life.	Ap	PSO 5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: SELF-DEVELOPMENT

Credits: 3:0:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
CO-1				F, C	L	
CO-2				P	L	
CO-3				P	L	P
CO-4				M	L	

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PO 1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	-	1	-	-	-						
CO 4	-	-	2	3	-	-						
CO 5	-	1	-	-	-	-						
CO 6	-	-	-	3	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ / Seminar
- Midterm Exam
- Group Discussions
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4		✓		✓
CO 5		✓		✓
CO 6			✓	

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28. VAC2-Option2: Peer Educationfor Adolescents

Discipline	SOCIAL WORK				
Course Code	UK4VACSWK203				
Course Title	PEER EDUCATION FOR ADOLESCENTS				
Type of Course	**VAC**				
Semester	IV				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	3	2		2	4
Pre-requisites					
Course Summary	Peer education harnesses the power of peer influence for learning and support. Rooted in theories like Social Learning, Reasoned Action, Diffusion of Innovation, and Participatory Education, it emphasizes accurate information sharing and behavior change. Peer educators play pivotal roles, requiring skills in counseling, communication, and social connection. Organizing effective programs involves understanding peer dynamics and fostering appreciation. A peer educator embodies empathy, approachability, and leadership. Tools like assessment templates aid in evaluating group interactions. Becoming a good peer educator demands continuous learning and a genuine commitment to helping others navigate life's challenges.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Knowing the Peer**		**6**
	1	Peer: Definition – characteristics of peers - Meaning of peer group	
	2	Dimensions of peer influence	
	3	Peer growth & development: Peer introduction game – Concept of Peer tutoring –	
II	**Peer Education Programme (PEP)**		**8**
	4	Peer education: Concept - Theories of Peer Education (Social Learning Theory, Theory of Reasoned Action, Diffusion of Innovation Theory and Theory of Participatory Education) - Responsibilities of Peer Educator – Creation of peer education tool kit	

	5	Knowledge and skills for Peer Education Programme: Developing a peer educator(Counselling, training, personal orientation, improving social contacts, participatory planning and assessment) - Organizing peer education programme (How Peers influence each other's life, Understand peer mindset, How to appreciate others, Help friends) – Need for peer education	
	6	Peer educators (PEs): Qualities of a PE - Template preparation for assessment of group interactions – How to become a good peer educator?	
III	**Adolescent Education**		**8**
	7	Adolescent Education: Objectives – Guiding principles for adolescent education - Classroom exercises for developing personal beliefs and opinions	
	8	Organizing Programmes for understanding and coping with peer pressure - Development of Emotional sensitivities – Know the facts about substance abuse - educational interventions to respond to adolescents' concerns.	
	9	Activities for: Enhancing self-esteem and confidence - Managing emotions effectively- Clarifying misconceptions	
	10	Peer Relationships - Friendship, Attraction, and bullying - Relationship with parents -Anger reduction techniques – Psychosocial development of adolescents – Analysis of peer group relationships	
IV	**Handling peer pressure**		**8**
	11	Peer pressure: Definition and types (Positive, Negative, Direct and Indirect) - Parental Influence vs. Peer Pressure - Behavioural Addiction (Internet addiction, Video game addiction, sex addiction, shopping addiction, food addiction)	
	12	Impacts of peer pressure: Techniques to overcome negative peer pressure – Fostering positive peer influence – Educating the parents to support their children in dealing with peer pressure – Development of training module for orientation of parents	
V	**Fieldwork**		**30**
	13	Develop peer tutoring model based on ability, skills, behaviour and knowledge	
	14	Template preparation for assessment of group interactions	
	15	Organize peer education programme	
	16	Organize activities for enhancing self-esteem and confidence	
	17	Prepare training module for orientation of parents	
	18	Create a peer education toolkit	
			60

Course Outcomes

No.	Upon completion of the course, the graduate will be able to	Cognitive Level	PSO addressed

CO-1	Understand the definition and characteristics of peers, mindset of peers, and concept and theories of peer education	U	PSO- 2
CO-2	Create peer tutoring models, a suitable template for assessing group interactions, a tool kit for peer education and training module for orientation of parents	C	PSO-1,2
CO-3	Analysis of psychosocial development of adolescents and peer group relationships	An	PSO-3
CO-4	Application of skills and knowledge for developing a peer educator	Ap,	PSO-4
CO-5	Develop various peer-friendly activities during group interactions	Ap, Ev	PSO-3,4,5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

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29. VAC3-Option1: Yoga and Wellness

Discipline	SOCIAL WORK				
Course Code	UK4VACSWK204				
Course Title	YOGA AND WELLNESS				
Type of Course	VAC				
Semester	IV				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	3	2		2	4
Pre-requisites					
Course Summary	This course aims to embark on a transformative journey through the essence of yoga and mindfulness. Explore yoga philosophy's core principles, including the Eight Limbs, grounding them in modern relevance. Master basic asanas and breathing techniques, fostering strength and inner peace. Progress to advanced postures and pranayama for heightened vitality and mental clarity. Delve into alignment refinement and meditation practices for stress relief and focus enhancement. Uncover yoga's therapeutic potential, integrating Ayurveda and lifestyle medicine for holistic wellness. Embrace a regular practice, infusing mindfulness into daily life for profound personal growth and well-being				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Foundations of Yoga Philosophy and Practice**		**6**
	1	Introduction to yoga philosophy, including the eight limbs of yoga and their relevance to modern life	
	2	Exploration of basic yoga asanas, alignment principles, and breathing techniques.	
	3	Understanding the mind-body connection and the role of mindfulness in yoga practice.	

II	**Advanced Asanas and Pranayama**		**8**
	4	Deep dive into advanced yoga asanas, including inversions, arm balances, and deeper backbends.	
	5	Mastery of advanced pranayama techniques for increased energy, mental clarity, and relaxation.	
	6	Techniques for refining alignment, modifications, and adjustments in advanced poses.	
III	**Meditation and Mindfulness**		**8**
	7	Introduction to various meditation techniques, including mindfulness meditation, loving-kindness meditation, and visualization	
	8	Cultivating a regular meditation practice for stress reduction, emotional balance, and improved focus	
	9	Exploring the concept of mindfulness in daily life and its application in promoting overall well-being	
IV	**Yoga for Wellness and Healing**		**8**
	10	Yoga therapy principles for addressing common health issues such as anxiety, depression, insomnia, and chronic pain	
	11	Incorporating restorative yoga, yoga nidra, and self-massage techniques for deep relaxation and healing	
	12	Understanding the holistic approach to wellness through yoga, Ayurveda, and other complementary practices	
V	**Ayurveda and Lifestyle Medicine**		**30**
	13	Practice of Yoga	
	14	Practice of Mindfulness	
			60

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Develop a comprehensive understanding of yoga philosophy, including its principles and benefits for physical, mental, and emotional well-being.	U	PSO 1

CO-2	Master a variety of yoga asanas (poses), pranayama (breathing techniques), and meditation practices to cultivate a balanced and harmonious mind-body connection.	Ap	PSO 3
CO-3	Apply yoga principles and practices to promote holistic wellness, including stress reduction, emotional balance, and improved overall health.	Ap	PSO 2
CO-4	Cultivate self-awareness, mindfulness, and resilience to navigate life's challenges with greater ease and grace.	Ap	PSO 3, PSO 4
CO-5	Establish a consistent yoga and mindfulness practice, integrating these practices into daily life for sustained personal growth, resilience, and vitality.	Ap	PSO 5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

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30. VAC3-Option2: Stress Management

Discipline	SOCIAL WORK				
Course Code	UK4VACSWK205				
Course Title	STRESS MANAGEMENT				
Type of Course	**VAC**				
Semester	IV				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	3	2		2	4
Pre-requisites					
Course Summary	The course aims to embark on a comprehensive journey through stress management and coping strategies. Explore the nuances of stress, distinguishing between positive and negative forms, and delve into its various types and sources, from psychological to environmental. Understand the intricate framework of stress and its impact on thought processes, behaviors, and physiological responses. Examine stress-related disorders and treatment methods, from cardiovascular issues to eating disorders, and learn effective coping mechanisms, including social support and coping strategies. Discover a range of stress reduction techniques, from relaxation methods to yoga and meditation, empowering to cultivate resilience and well-being in the face of life's challenges.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Introduction to Stress**		**9**
	1	Introduction-Meaning, Definition, Eustress, Distress	
	2	Types of Stress- Acute stress, Episodic Acute stress, and chronic stress, signs and Symptoms	
	3	Sources of stress -a) Psychological, Social, Environmental; b) Academic, Family, and Work stress	

II	**Stress Framework**		**9**
	4	Stress and Thought Processes - Learning, Stress and Personality	
	5	Behavioural and Situational Modifiers, Stress and Motivation, Decision Making under Stress.	
III	**Stress Reactions**		**9**
	6	Stress Response - 'Fight or Flight' Response, Stress warning signals	
	7	Physiological Impact -Autonomic Nervous System Changes, Changes in the Brain, General adaptive syndrome (GAD), Quality of sleep, Diet, and Health effects.	
	8	Psychological Impact- Impaired Mental functions, Poor memory	
	9	Social Impact - Stressful Life Events, Social support and health	
IV	**Stress, Health and Coping**		**9**
	10	Factors that influence reaction to stress; Effects of stress on health.	
	11	Stress-related Disorders and Treatment Methods: -Cardiovascular, Gastrointestinal; Convulsion, Somatic Disorders - Pain and Hypochondriacs; Eating disorders–Anorexia nervosa, Bulimia Nervosa, Obesity; Substance use-related disorder.	
	12	Coping with Resources and Processes —Stress and Social Support, Changing Values for Understanding and Coping with Stress. Coping Mechanisms: Appraisal-focused, Emotional-focused and Problem-focused; Stress Reduction Techniques: Assertiveness Training, Autogenic Training, Biofeedback, Relaxation, Yoga, and Meditation.	
V	**PRACTICALS**		**30**
	13	Preparing a Capacity building Module for Stress Management and Conducting a training on Stress Management	
			60

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Gain the basic definition of Stress	U	PSO-2

CO-2	Understand the triggers of stress and respond to them	R, U	PSO-1,2
CO-3	Bridge the various stress reactions and their impact on human life	Ap, An	PSO-3
CO-4	Identify stressors and possible root causes and their effects on human health.	An	PSO-3
CO-5	Evaluate the effectiveness of stress management strategies and relaxation techniques on a personal level.	An, Ev	PSO-5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Stress Management

Credits: 3:0:0 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
CO-1	Gain the basic definition of Stress	PSO-2	U	C	L	
CO-2	Understand the triggers of stress and respond to them	PSO-1,2	R, U	F, C	L	
CO-3	Bridge the various stress reactions and their impact on human life	PSO-3	Ap, An	F, C	L	
CO-4	Identify stressors and possible root causes and their effects on human health.	PSO-3	An	P	L	
CO-5	Evaluate the effectiveness of stress management strategies and relaxation techniques on a	PSO-5	An, Ev	P	L	

	personal level.					

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO 1	PSO 2	PSO 3	PSO4	PS O5	PSO 6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	-	1	-	-	-						
CO 4	-	-	2	3	-	-						
CO 5	-	1	-	-	-	-						
CO 6	-	-	-	3	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations

CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4		✓		✓
CO 5		✓		✓

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31. SEC2-Option1: Life Skills

Discipline	SOCIAL WORK				
Course Code	UK4SECSWK202				
Course Title	LIFE SKILLS				
Type of Course	**SEC**				
Semester	IV				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	3	2		2	4
Pre-requisites					
Course Summary	This course focuses on developing essential life skills necessary for personal growth and success. Students will learn to navigate various aspects of life by understanding themselves, interacting with others effectively, and managing stress and emotions in a healthy manner. Through this course, students will gain the expertise to empower others in navigating life challenges, fostering healthy relationships, and enhancing overall quality of life.				

Detailed Syllabus:

Module	Unit	Content	Hrs
I	**Life Skills: Self awareness and Empathy**		**9**
	1	Conceptual Basis of Life Skills: Definition, Need and significance	
	2	Self-awareness: Self-awareness; Knowledge vs. awareness; "me as a unique person"	
	3	Self-control & self-confidence; Exploring personal strengths; My rights and responsibilities	

	4	Empathy: Understanding how people are alike and how we differ; Learning to appreciate the differences between people; Avoiding prejudice and subjectivity	
	5	How to practice self-awareness and empathy in our daily life, Difference between: Sympathy, Empathy and Altruism	
II	**Critical Thinking and Creative Thinking**		**9**
	6	Critical thinking: Qualities of a critical thinker; Making objective judgements about choices and risks; Resisting media influence on attitudes	
	7	Handling criticism; Analytical thinking, Strategies to enhance critical thinking	
	8	Creative thinking: Developing capacities to think in creative ways; Generating new ideas; Networking	
	9	Out-of –the box thinking, stages of creative thinking, factors hindering creative thinking	
III	**Decision-Making and Problem Solving**		**9**
	10	Decision making: Learning basic steps for decision making;	
	11	Making apt decision in a difficult situations; Importance of decision making in life	
	12	Problem solving: Basic steps for problem solving;	
	13	Generating solutions to difficult problems or dilemmas; Conflict resolution and ways to resolve conflicts	
IV	**Life Skills related to Building relationships**		**9**
	14	Interpersonal relationship skills: Steps to improve interpersonal skills: Learning the value relationships with friends and family; Forming support seeking and building relationships; Importance of friendships and negotiating	
	16	Communication: Basic verbal and nonverbal communication skills; Using assertiveness for communication; Effective use of body language; Accessing and analysing information. How to improve communications in daily life to improve interpersonal relationships.	

		Effective Listening, Negotiation Techniques & Process, Barriers of Communication, Presentation Skills	
	17	Coping with stress: Identifying sources of stress; Methods for coping in stressful situations. Coping in situations of adversity, Strategies to Manage Stress	
	18	Coping with emotions: Learning to express emotions; Recognition of the expression of different emotions. Understanding how emotions affect the way we behave; Coping with emotional distress.	
V	**FIELDWORK:**		**30**
	Conduct life Skills Training on any two Life Skills Coping with Stress and Coping with Emotions		
			60

Course Outcomes

No.	**Upon completion of the course the graduate will be able to**	**Cognitive Level**	**PSO addressed**
CO-1	Ø Deep understanding of the conceptual basis of life skills and to apply practical strategies to practice self-awareness and empathy in their daily lives	U & Ap	PSO 1
CO-2	Ø Learn how to handle criticism constructively and enhance their analytical thinking abilities through practical strategies and explore out-of-the-box thinking techniques, understand the stages of creative thinking, and identify factors that can hinder creative thought processes.	Ap & C	PSO 2
CO3	Ø Analyse various life problems and generating innovative solutions to complex problems or dilemmas, and making apt decisions in challenging situations, and recognizing the importance of decision-making in various aspects of life.	U & An	PSO 2, 3

CO4	Ø Analyse the value of relationships with friends and family and demonstrate effective communication skills in various life situations	Ap & An	PSO 5
CO5	Ø Demonstrate coping strategies in stressful situations and practice expressing and managing emotions effectively.	Ap	PSO 4, 5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

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32. SEC2-Option2: Business Communication

Discipline	SOCIAL WORK				
Course Code	UK4SECSWK203				
Course Title	BUSINESS COMMUNICATION				
Type of Course	**SEC**				
Semester	IV				
Academic Level	Intermediate (200 – 299)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	3	1	1	2	4
Pre-requisites					
Course Summary	This course is designed to help undergraduate students to develop ability to communicate effectively in their professional life.				

Detailed Syllabus:

Module	Unit	Content	Hrs
I	**Introduction of Business Communication**		**6**
	1	Introduction, Meaning, Definition of business communication.	
	2	Characteristics and importance of communication. Principles of communication	
	3	Process of communication.	
	4	Barriers to communication & Remedies. Methods and Channels of Communication	
II	**Methods and modes of Communication**		**8**
	5	Methods of Communication.	

	6	Verbal Communication - (Oral communication, Face-to-face communication and Written communications).	
	7	Non-Verbal communications – (Kinesics or Body Language, Dress and Grooming, Proxemics, Paralanguage, Silence, Visual and Auditory Signs and signals).	
	7	Electronic media or Technology enabled communication	
	8	Advantages and disadvantages of the three modes of communication.	
III	**Listening and Soft skills**		**8**
	9	Listening. Importance of listening. Listening process – (Receiving, Attending, Interpreting, Remembering, Evaluating and Responding)	
	10	Styles of Listening - (Empathic listening, Informational listening, Evaluative listening, Appreciative Listening and Critical listening)	
	11	Meaning, Need, Importance of Soft skills.	
	12	Elements of soft skills – (Manners & Etiquettes, Grooming. Effective Listening & Speaking, Interview Skills, Presentation, Group Discussion, Problem-solving skills, Time management abilities)	
IV	**Report Writing**		**8**
	13	Types of reports. Formal report: components and purpose. Organising information: outlining & numbering sections, section headings, sub-headings, & presentation.	
	14	Writing reports on fieldwork/visits to Organizations.	
	15	Summarizing annual reports of Organizations – (purpose, structure and principle). Drafting minutes.	
V	**Practicals**		**30**
	19	Introduction, essential elements of Bio data, Resume writing, Curriculum Vitae.	
	20	Meaning & Drafting of Job Application letter.	
			60

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed

CO-1	Understand the basic concepts of Communication and Writing	U	PSO-1,2
CO - 2	Improve students Interpretation, Reading, Writing and Speaking skills for official communication	U	PSO -2
CO-3	Develop effective writing skills so as enable students in a clear, concise, persuasive and audience centered manner.	Ap.	PSO -3
CO-4	Develop ability to communicate effectively.	Ap.	PSO - 4
CO - 5	Enable students to apply various methods and modes of communication.	Ap.	PSO - 3

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Business Communication

Credits: 1:1:1 (Lecture:Tutorial:Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1	Understand the basic concepts of Communication and Writing	PSO 1,2	U	F, C	L	
2	To improve students Interpretation, Reading, Writing and Speaking skills for official communication	PSO- 2	U	C	L	
3	To enable students to equip themselves with skills and knowledge in communication and academic writing for their future endeavours.	PSO 3	Ap.	P	T	
4	To develop ability to communicate effectively.	PSO 4	Ap.	P		P
5	To develop effective writing skills so as enable students in a clear, concise, persuasive	PSO 4	C	P		P

	and audience centered manner.					

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	1	-	-	-	-						
CO 2		1	-	-	-	-						
CO 3	-	-	2	-	-	-						
CO 4	-	-	2	2	-	-						
CO 5	-		-	3	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓

CO 2	✓			✓
CO 3	✓			✓
CO 4		✓		✓
CO 5		✓	✓	✓

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33. SEC2-Option3: Leadership, Animation and Training

Discipline	SOCIAL WORK				
Course Code	UK4SECSWK204				
Course Title	LEADERSHIP, ANIMATION AND TRAINING				
Type of Course	**SEC**				
Semester	IV				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	3	2		2	4
Pre-requisites					
Course Summary	This comprehensive training course aims to empower students with the confidence and skills needed to independently host or conduct programs for communities. Emphasizing self-reliance, the course fosters a sense of motivation towards independence, enabling participants to stand out in society. Through a variety of methods, the program equips the students to develop and enhance their facilitation skills, ensuring optimal learning experiences and increased learner engagement and retention. As trainers progress, they will continue to refine their practical skills, making this course a stepping stone towards ongoing professional development.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Training Process**		**6**
	1	**Training:** Concept, meaning, types, professionalism in training	
	2	ADDIE: Analysis, Design, Development, Implementation, Evaluation	
	3	**Trainer:** concept, meaning, skills for an effective trainer, roles of a professional trainer	
	4	**Training process:** Introduction, rapport building, interventions, clarifications, conclusion	
II	**Methods of training**		**8**

	5	**Training necessities**: a) Effective communication b) Problem-solving c) Active listening d) Leadership e) feedback f) Research g) Collaborative efforts h) Technological support i) emotional intelligence j) Critical thinking capacity- meaning, characteristics and types	
	6	**Training methods:** meaning and types- Role-play, video presentations, discussions, conferences, Interactive learning etc.	
	7	**Principles of effective training**	
III	**Effective training process**		**8**
	8	Materials required tools and techniques, proper training objectives, managing soft skills, understanding different age groups etc.	
	9	Module preparation	
IV	**Life Skill Session**		**8**
	10	Definition, meaning and importance	
	11	Life skills- Empathy, Self-awareness, critical thinking, creative thinking, problem-solving, decision making, coping with stress, coping with emotions, effective communication, interpersonal relationship	
	12	Life skill in different settings	
V	**Practical Session**		**30**
	13	Conducting training sessions in different schools.	
			60

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Identify the essential skills for effective trainers and their roles in professional training	R	PSO 1
CO-2	Understand the meaning and types of training methods	U	PSO 1,2
CO-3	Develop skills in setting proper training objectives and managing soft skills	C	PSO 4
CO-4	Analyze the application of life skills in different settings	An	PSO 3
CO-5	Develop a training module incorporating sample topics and presentation techniques	E,Ap	PSO 4, 5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

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SEMESTER 5

34. DSC12-Major6-Working with Groups

Discipline	SOCIAL WORK				
Course Code	UK5DSCSWK300				
Course Title	WORKING WITH GROUPS				
Type of Course	**DSC**				
Semester	V				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3 hours	-	2 hours	5
Pre-requisites					
Course Summary	Understand the basic concepts of Social Work Intervention with Groups Apply the skills, techniques and ethics in the practice besides implement the process in Social Group Work Prepare reports incorporating appropriate the models Practice various situations and settings where group work can be applied				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Group and Social Group work**		**11**
	1	Group: Definition, Types, Characteristics, Influence of group on individuals.	
	2	Social Group Work: Definition , Objectives, Purpose, Principles of group work, Group work as a mezzo level social work.	
II	**Group Process**		**12**
	3	Group Process: Definition, Assimilation, Accommodation, Conflict, integration	

	4	Associative and Dissociative group process, subgroups-meaning, types	
	5	Measuring tool for social interactions: sociogram and sociometry	
III	**Social Group Work Process**		**11**
	6	Social Group Work Process: Intake study, diagnosis, goal setting, Conflict resolution, Termination, Evaluation	
	7	Programme as a tool for practicing group work	
	8	Principles of Programme Planning	
	9	Programme Laboratory	
	10	Models of group work	
	11	Role and Skills of group worker	
IV	**Leadership, Communication and Recording**		**11**
	12	Group dynamism, Its elements	
	13	Leadership: Concept, Types theories, roles, and qualities of a leader	
	14	Communication: Concept, Types, Barriers, Effective Communication	
	15	Recording Group Work: Meaning, Importance and Methods.	
V	**Fieldwork**		**30**
	16	Practice group work in : Child Care Institutions, Anganwadi, Geriatric group, CDS, Kudumbasree, Grama Sabha, MGNREGS, Haritha Karma Sena, Youth group (Any Five of the above and submit reports).	
		Total hrs	**75**

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understand the concept and types of group	R, U	PSO-1,2
CO-2	Application of Group Work Process	R, U, Ap	PSO1,2
CO-3	Evaluation of Group work Outcomes	U.Ap,E	PSO1,2,3

CO-4	Create appropriate strategies for group work reporting	U,Ap, An,E, C	PSO1,2,4
CO-5	Evaluate the outcome and roles and responsibilities of Group Worker in multiple setting and create report	U, An, E, C	PSO-5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Working with Groups

Credits: 2:1:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1	Understand the concept and types of group	PSO-1,2	R, U	F, C	L/T	
2	Application of Group Work Process	PSO1,2	R, U, Ap	P	L/T	
3	Evaluation of Group work Outcomes	PSO1,2,3	U.Ap,E	F, C	L/T	
4	Create appropriate strategies for group work reporting	PSO1,2,4	U,Ap, An,E, C	C.P	L/T	
5	Evaluate the outcome and roles and responsibilities of Group Worker in multiple setting and create report	PSO-5	U, An, E, C	M		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2	2	1	-	-	-	-						
CO 3	-	-	2	-	-	-						

CO 4	-	-	2	3	-	-						
CO 5	-	-	-	2	3	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment / Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4		✓		✓
CO 5			✓	✓

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13. Don Collins, Catheleen Jordan, Heather Coleman (2000).An introduction to Family Social Work. Brooks/Cole

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35. DSC13-Major7-Social Work Administration

Discipline	SOCIAL WORK				
Course Code	UK5DSCSWK301				
Course Title	SOCIAL WORK ADMINISTRATION				
Type of Course	**DSC** Major				
Semester	**V**				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	To acquire knowledge of the basic process of managing and administrating developmental and welfare services in the context of social work profession. To study Voluntary Agency Administration. To study legal aspects of Social Work Administration and the various social welfare programmes implemented by Central & State Governments				

Detailed Syllabus:

Module	Unit	Content	Hrs
I	**Introduction to Social Work Administration**		**8**
	1	Concepts, Definition & Principles- Administration, Organization, Management-Levels of management.	

	2	Processes and scope of Administration in Social Work Practice, Scope and functions of administrator in social work and social welfare	
	3	Professional Ethics -Ethical Standards in Administration	
II	**Process in Administration**		**12**
	4	Planning – Definition, features of an ideal plan, Importance, Principles, and techniques/ steps involved in planning. Controlling- Nature Scope, Process, Techniques	
	5	Organizing- Fundamental principles of organizing, its processes and steps, Organisational Structure and Organogram Staffing: Recruitment, Selection, Appointment, Orientation, Promotion, Appraisal.	
	6	Leading -Teamwork (directing, coordinating) -Performance Appraisal – SWOT analysis – Motivation-Significance and Theories.	
	7	Reporting-definition, types Budgeting and Evaluation-Types, Steps	
III	**Organizational Development**		**10**
	8	Organisational Behaviour-Individual/Group; Organisational Structure (Organogram); Leadership- Types & theories; Organisational Communication; Organisational Change.	
	9	Organizational Culture- Diversity and Inclusion	
	10	Organization development - Process, approaches and strategies	
IV	**Legal framework for NGO's**		**15**
	11	NGO's- Definition, Characteristics; Role and Functions and Principles of NGO's; International-National NGO's; Classification of NGO's. General and Specific Problems of NGO's, Remedial Measures.	

	12	Registration of Welfare Organisation: Indian Trust Act 1882 - Societies Registration Act 1860 – Public Trust Act 1950 - Difference between Societies Act and Trust Act Registration process - Process of Framing the bylaws and MOU- Process of membership and quorum.	
	13	Companies Act 1956 (recent developments), Foreign Contributions Regulation Act 2010– Salient features and its relevance.	
	14	Income Tax Rules and Regulations Board and Executive Relations Financial Reporting Standards (12A and 80G)	
	15	Organizational policy and - Designing of Organizational Policies - Importance of organizational policies in organization	
V	**Fieldwork-Administrative Skill Training for Social Work Practitioners**		**30**
	16	Preparation of communication materials related to NGOs -writing letters, reports, conducting meetings, and minutes (documentation and reporting)	
	17	Resource mobilization and management (Fundraising and Material), Public Relations and Networking, Social Marketing and Advocacy	
	18	NGO Management of Social Workers-Case Study of the challenges faced by NGOs during registration	

Course Outcomes

No.	Upon completion of the course, the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Gain an understanding of Social Work Administration and its basic concepts of Administration in Social Work Practice.	U	PSO-1,2
CO-2	Know the theories and knowledge of administration process such as the POSDCORB and develop skills	R, U	PSO-2

CO-3	Understand the process of Organisational Development	R, U	PSO-2
CO-4	Acquire the information about the legal framework of the NGO registration process.	Ap, An	PSO-3
CO-5	Identify the Administration Skills in Social Work Practice	Ap	PSO-4

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Note: 1 or 2 COs/module

Name of the Course: Credits: 3:0:1 (Lecture: Tutorial: Practical)

CO No.	**CO**	**PO/PSO**	**Cognitive Level**	**Knowledge Category**	**Lecture (L)/Tutorial (T)**	**Practical (P)**
CO1	Gain an understanding of Social Work Administration and its basic concepts of Administration in Social Work Practice.	PSO-1,2	U	F, C	L	
CO2	Know the theories and knowledge of administration process such as the POSDCORB and develop skills	PSO-2	R, U	P	L	

CO3	Understand the process of Organisational Development	PSO-2	R, U	C	L	
CO4	Acquire the information about the legal framework of the NGO registration process.	PSO-3	Ap, An	P	L	
CO5	Identify the Administration Skills in Social Work Practice	PSO-4	Ap	P		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	**PSO2**	**PSO3**	**PSO4**	**PSO5**	**PSO6**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	-	1	-	-	-						
CO 4	-	-	2	3	-	-						
CO 5	-	1	-	-	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- § Quiz / Assignment / Discussion / Seminar
- § Midterm Exam
- § Programming Assignments
- § Final Exam

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4	✓	✓		✓
CO 5		✓	✓	✓

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36. DSC14- Major8-Theory and Practice of Counselling

Discipline	SOCIAL WORK				
Course Code	UK5DSCSWK302				
Course Title	THEORY AND PRACTICE OF COUNSELLING				
Type of Course	**DSC**				
Semester	V				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	This course would provide basic understanding about counselling and its process. An overview of theories relating to counselling is specified in this course. Counselling to special groups has been included in this course.This course exposes students to different skills and techniques required to practice counselling .Students need to carry out fieldwork activities for 30 hrs.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Introduction to Counselling**		**8**
	1	**Counselling**: Meaning, Definition, Scope, Principles	
	2	**Goals of Counselling**: Immediate and Long-term	
	3	Differences between Counselling and Guidance, Roles and Responsibilities of Counsellor	
	4	**Contexts:** Remedial, Preventive, Developmental, Crisis-intervention	
II	**Counselling Process, Theories and Counselling Special Groups**		**10**

	5	**Counselling process**: Rapport-building, Problem Assessment, Goal-setting, Intervention, Evaluation, Termination, Follow-up	
	6	Theories of counselling :Psychoanalytic, Behavioural, Cognitive , Humanistic	
	7	**Counselling Special Groups**-Socially and Economically Disadvantaged, Children in Conflict with Law, Drop-outs, HIV positives, Drug Addicts and Alcoholics, Paedophiles, Homosexuals	
III	**Counselling Skills and Techniques**		**12**
	8	**Characteristics and Skills** - Empathy. Communication, Organization, Critical Thinking, Active Listening, Self Care, Cultural Competence, Patience, Professional Commitment, Advocacy	
	9	**Techniques** –Directive Counselling, Non Directive Counselling, Eclectic Counselling	
	10	Counsellor-Counselee relationship- Transference and Countertransference	
	11	Framing Case Histories and Documentation (Manual and Digital)	
	12	Multi Disciplinary Working	
IV	**APPLICATION OF THERAPY IN COUNSELLING**		**15**
	13	Client centered Therapy	
	14	Psychoanalytic Psychotherapy	
	15	Behavioural therapy	
	16	Transactional Analysis	
	17	Family Therapy	
	18	Rational Emotive Therapy	
V	**Fieldwork**		**30**
	19	**Fieldwork for 5 days in a counselling / clinical setting (30hrs)**	
	20	Activities of fieldwork: Case history -5, Practice minimum one therapy, Individual intervention among any special groups - 1.	

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Better understanding of counselling as a process	u	PSO 1
CO-2	Analyze the stages of the Counselling process, different theories and counselling with special groups .	An	PSO 2
CO-3	Develop counselling skills	C	PSO 3
CO-4	Application of various therapies in counselling	Ap	PSO 4
CO-5	Integrate theory with practice	Ap	PSO 5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Theory and Practice of Counselling

Credits: 3:0:1 (Lecture:Tutorial:Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1	Better understanding of counselling as a process	PSO 1	u	F, C	L/T	
	Analyze the stages of the Counselling process, different theories and counselling with special groups .	PSO 2	An	P	L/T	
	Develop counselling skills	PSO 3	C	M	L/T	
	Application of various therapies in	PSO 4	Ap	P	L/T	

	counselling					
	Integrate theory with practice	PSO 5	Ap	P		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	2	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	-	1	-	-	-						
CO 4	-	-	2	3	-	-						
CO 5	-	-	-	-	3	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment / Discussion / Seminar
- Midterm Exam
- Assignments - Case Study
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations

CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4		✓		✓
CO 5		✓		✓
CO 6			✓	

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37. DSE3-Elective1-CD3: Rural Community Development and CSR

Discipline	SOCIAL WORK				
Course Code	UK5DSESWK300				
Course Title	RURAL COMMUNITY DEVELOPMENT AND CORPORATE SOCIAL RESPONSIBILITY (CSR)				
Type of Course	DSE				
Semester	V				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	This course introduces students to the principles and practices of community development, focusing on rural communities and their specific challenges such as poverty, unemployment, and food security. Through a combination of theoretical frameworks and practical fieldwork, students explore rural development programs, decentralized governance structures, and the role of corporate social responsibility in fostering community well-being. By analysing real-world projects, collecting field data, and developing action plans, students gain valuable insights into addressing development challenges and promoting sustainable growth in both rural and urban contexts.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Introduction to Community Development**		**10**

	1	Overview of Development concepts and models: Indicators of Development, Underdevelopment Indicators and the paradigm shifts in formulating the new indicators - Social Development, Human Development, Sustainable Development	
	2	Community Development: concept, definition, philosophy, objectives	
II	**Rural community Development and Problems**		**12**
	3	Introduction to Rural Community: Rural community: Meaning and Characteristics; Patterns of Rural Settlements - Farmsteads, Hamlets, Line and Round Villages	
	4	Rural Development: Meaning, Concept, Principles, approaches	
	5	Early experiments in Rural Community Development: Srinikethan, Marthandom and Gurgoan; Pilot projects- Etawah Projects, Nilohkery Experiment and Firka Scheme; Rural Community Projects after Independence	
	6	Rural problems: rural poverty, unemployment, housing, food security, changes in social institutions, problems of tribal communities	
III	**Rural Development Administration and programmes**		**13**
	7	Analysis of 73rd and 74th constitution amendment act; Concept of decentralized governance in India, Panchayati Raj Institutions – structure and administration	
	8	National and State Ministries of Rural Development	
	9	NIRD, SIRD, Local Self Government and Urban Development	
	10	Rural development through Community Based Organisations -Self-Help groups – Kudumbashree Model, NGOs, Co-operative Societies, Micro-credit Institutions.	
	11	Rural Development Programmes – MGNREGA, PMGSY, DDU-GKY, NSAP, NRLM, PMAYG, SAGY and other ongoing programmes of the Ministry	
IV	**Corporate Social Responsibility**		**10**
	12	Social Responsibility, Corporate Social Responsibility, Scope of CSR, Need and Significance of CSR, Section 135 The Companies Act, 2013. Carroll's Model of CSR (Pyramid of CSR)	
	13	Interest Groups Related to CSR, Why Social Responsibilities of Corporate Sectors (arguments for and against it), Drivers of CSR, Tools of CSR, and Benefits of CSR.	

V	**Rural Fieldwork**		**30**
	14	Field visits to rural and urban areas to observe development projects and initiatives	
	15	Data collection techniques such as surveys, interviews, and participatory methods-PRA	
	16	Analysis of field data and identification of key development challenges	
	17	Development of recommendations and action plans based on field observations	
	18	Conduct corporate visits in order to study corporate contribution to the society, and social work roles.	

Course Outcomes

No.	**Upon completion of the course the graduate will be able to**	**Cognitive Level**	**PSO addressed**
CO-1	To understand the different aspects of a community, its functions and problems, critical elements of community organization process	Understand	PSO1
CO-2	Analyse the Rural Development strategies and also the problems faced in the growth and development of rural community	Analyze	PSO 2
CO-3	Assess and Evaluate the Programmes at national and state focused on the Rural Community development	Apply Evaluate	PSO 3
CO-4	Understand and develop the clarity on the CSR programme and also develop skills and capabilities on various related concepts of CSR	Apply Evaluate	PSO 4
CO-5	Development of recommendations and action plans on Rural development and CSR in multiple setting	Evaluate Create	PSO 5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Sustainable Development

Credits: 4:0:0 (Lecture:Tutorial:Practical)

CO	**CO**	**PO/PSO**	**Cognitive**	**Knowledge**	**Lecture**	**Practical**

No.			Level	Category	(L)/Tutorial (T)	(P)
1	To understand the different aspects of a community, its functions and problems, critical elements of community organization process	PSO-1,2	U	F, C	L/T	
2	Analyse the Rural Development strategies and also the problems faced in the growth and development of rural community	PSO -3	U, An	F	L/T	
3	Assess and Evaluate the Programmes at national and state focused on the Rural Community development	PSO -4	Ap, E	F,C	L/T	
4	Understand and develop the clarity on the CSR programme and also develop skills and capabilities on various related concepts of CSR	PSO-1,3,4	Ap,E	P	L/T	

5	Development of recommendations and action plans on Rural development and CSR in multiple setting	PSO-5	C	M		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	2	-	-	-	-	-						
CO 2	-	-	3	-	-	-						
CO 3	-	-	1	2	-	-						
CO 4	1	-	2	3	-	-						
CO 5	-	-	-	-	3	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment / Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4	✓	✓		✓
CO 5	✓	✓		✓

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38. DSE3-Elective2-MP3: Psychiatric Information for Social Work

Discipline	SOCIAL WORK				
Course Code	UK5DSESWK301				
Course Title	PSYCHIATRIC INFORMATION FOR SOCIAL WORK				
Type of Course	DSE				
Semester	V				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	Learn the concepts of mental health and Psychiatric Social Work.Analyse the Symptomology and Psychiatric Intervention procedures in the diagnosis and identification of Psychiatric Illness.. Understand psychosocial and environmental precipitants of mental illness or distress Recognize signs, symptoms, and intervention options for those with mental disorders. Understand clinical and non clinical factors of mental health.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Mental Health and Psychiatric Social Work**		**05**
	1	Concepts: normality, abnormality, mental health and mental/psychiatric disorders	
	2	Etiology of psychiatric disorders: biological, psychosocial, cultural	
	3	Predisposing, precipitating, protective and perpetuating factors	
	4	Determinants of mental health	
	5	Psychiatric Social Work: Meaning and importance	
		Historical development of psychiatric social work – functions and roles of the psychiatric social worker	
II	**Symptomatology, Assessment and Diagnosis**		**10**
	6	Symptomatology: Appearance and behaviour, Thinking, Speech, Perception, Mood and Affect, Cognition, Judgment and Insight.	
	7	Assessment: Psychiatric Interviewing (Mental Status Examination / Case history recording).	
	8	Diagnosis: Current classification in psychiatry: ICD 11, DSM V	
III	**Psychiatric Disorders**		**25**

		Prevalence, clinical manifestation, course, outcome, comorbidity, Signs & Symptoms	
	9	Chapter 6 of ICD-11: Neurodevelopmental disorders, Schizophrenia, Catatonia, Mood disorders, Anxiety or fear-related disorders, Obsessive-compulsive or related disorders, Disorders specifically associated with stress, Dissociative disorders, Feeding or eating disorders, Elimination disorders, Disorders of bodily distress or bodily experience, Disorders due to substance use or addictive behaviours, Impulse control disorders, Disruptive behaviour or dissocial disorders, Personality disorders and related traits, Paraphilic disorders, Factitious disorders, Neurocognitive disorders, Mental or behavioural disorders associated with pregnancy, childbirth or the puerperium.	
IV	**Understanding Mental Health Contexts: Clinical and Non-Clinical Factors**		**05**
	10	Other Conditions warranting clinical attention (Z Code).	
	11	Chapter 24 Factors influencing health status or contact with health services.	
	12	International Classification of Functioning (ICF).	
V	**Fieldwork**		**30**
	13	Observation of various mental health conditions and its manifestations.	
	14	Observing the day-to-day activities of a Mental Health setting.	
	15	Mental Status Examination and Recording of Case History.	
	16	Mental Health promotion initiatives.	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Develop an understanding of Psychiatric Social Work- its definition, components, objectives, and relevance, differentiate it from related concepts, as well as trace its history.	PSO-1	U
CO-2	Conduct a self-evaluation to explore one's own view of mental illness and mental health care by analyzing the values, principles, psycho-social and ethical issues in Psychiatric Social Work.	PSO-2	E
CO-3	Demonstrate each of the components of the problem-solving process through case vignettes.	PSO-3	An

CO-4	Apply the skills, tools and techniques of psychiatric social work in the management of psychiatric disorders.	PSO-4	Ap
CO-5	Evaluate psychiatric social work practice in Mental hospitals/departments and Psychiatric Rehabilitation Centres.	PSO-5	E

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Note: 1 or 2 COs/module

Name of the Course: Credits: 4:0:0 (Lecture: Tutorial: Practical)

CO No.	**CO**	**PO/PSO**	**Cognitive Level**	**Knowledge Category**	**Lecture (L)/Tutorial (T)**	**Practical (P)**
CO-1	Develop an understanding of Psychiatric Social Work- its definition, components, objectives, and relevance, differentiate it from related concepts, as well as trace its history.	PSO-1	U			
CO-2	Conduct a self-evaluation to explore one's own view of mental illness and mental health care by analyzing the values, principles, psycho-social and ethical issues in Psychiatric Social Work.	PSO-2	E			

CO-3	Demonstrate each of the components of the problem-solving process through case vignettes.	PSO-3	An			
CO-4	Apply the skills, tools and techniques of psychiatric social work in the management of psychiatric disorders.	PSO-4	Ap			
CO-5	Evaluate psychiatric social work practice in Mental hospitals/departments and Psychiatric Rehabilitation Centres.	PSO-5	E			

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	**PSO2**	**PSO3**	**PSO4**	**PSO5**	**PSO6**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	-	1	-	-	-						

CO 4	-	-	2	3	-	-						
CO 5	-	1	-	-	-	-						
CO 6	-	-	-	3	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- § Quiz / Assignment /Discussion / Seminar
- § Midterm Exam
- § Programming Assignments
- § Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓			✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓

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39. DSE3-Elective3-CF3: Working with Children in distress

Discipline	SOCIAL WORK				
Course Code	UK5DSESWK302				
Course Title	WORKING WITH CHILDREN IN DISTRESS				
Type of Course	DSE				
Semester	V				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	Understand the term Children in Distress and the related concepts. Develop Knowledge on the programmes and services for children at International and National Level. Evaluate the programmes and identify the gap in planning and practical context.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Module I : Children in difficult circumstances**		**08**
	1	Child labour, child abuse, street children, child trafficking , Children of alcohol addicted parents, Children of sex workers	
	2	Children under domestic violence, Children affected by natural calamities and man made disasters,	
	3	Children suffering from terminal/incurable disease(HIV/AIDS),	
	4	Children in need of care and protection, Children in conflict with law, Differently abled, Refugees	
II	**Module II: Programmes and policies for children in distress**		**12**
	5	Institutional services: Observation homes, Children's homes Non-institutional services: Adoption, Foster care, Sponsorship, Child Line	
	6	Child security policies and schemes: ICDS – Integrated Child Development Services, Child Health and reproductive Programme, POSHAN Abhiyaan, Pulse Polio Immunization Programme, Sarva Shiksha Abhiyan, Kasturba Gandhi Balika Vidyalaya,	

		Mid-day Meal Scheme, Integrated program for Street Children, The National Rural Health Mission , Beti Bachao, Beti Padhao (BBBP), Sukanya Samriddhi Yojana (SSY)	
III	**Module III : International and National Organisations in the area of child welfare**		**15**
	7	International : WHO (world health organisation), UNICEF (united nations international children emergency fund), FAO (food and agricultural organisation), ILO (international labour organisation, WFP (world food programme), UNESCO (united nations educational scientific and cultural organisation), USAID (united state agency for international development), UNDP (united nations development programme), UNFPA (united nation fund for population activities)	
	8	National : Ministry of Health and Family Welfare, Ministry of Social Justice and Empowerment, Central Adoption Resource Authority (CARA), National Commission for Women (NCW), National Commission for Protection of Child Rights (NCPCR), National Institute of Public Cooperation and Child Development (NIPCCD), Indian red cross society, Central social welfare board, Indian council for child welfare, Family planning association of India.	
IV	**Module IV: Social Worker and children**		**10**
	9	Skills and roles of Social Worker in working with children in distress. Principles while working with children	
	10	Different fields of intervention: School Social Work, Child welfare organizations, Child protection agencies, Counselling and Guidance services, Rescue and Rehabilitation services, Refugee services , Advocacy and Policy making.	
V	**Fieldwork**		**30**
	11	Observation of incidences from newspapers, social media platforms and real life situations.	
	12	Updation of statistics related to children in distress – National and international	
	13	Case Identification and Case studies	
	14	Preparation of contact directory of different child welfare agencies Consultation with experts and agency personnels	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Develop an understanding about the children in difficult conditions- categories of children and the problems they face	PSO-1	U
CO-2	Analyse the institutional and non institutional services and also the child security policies and schemes for children in India	PSO-1,2	An
CO-3	Understand and Evaluate the services offered by the International and National organization working in the Child Setting	PSO-2,3	U, E
CO-4	Apply the skills, tools and techniques of Social Work in the various fields in relation to Child and Create a model Intervention Strategy to deal with child in distress.	PSO-3,4,5	Ap, E
CO-5	Evaluate and Create the report and case study presentation based on the newspaper incidence and social media platform	PSO-5	E,C

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Credits: 4:0:0 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)

CO-1	Develop an understanding about the children in difficult conditions-categories of children and the problems they face	PSO-1	U	F	L/T	
CO-2	Analyse the institutional and non institutional services and also the child security policies and schemes for children in India	PSO-1,2	An	C	L/T	
CO-3	Understand and Evaluate the services offered by the International and National organization working in the Child Setting	PSO-2,3	U, E	C	L/T	
CO-4	Apply the skills, tools and techniques of Social Work in the various fields in relation to Child and Create a model Intervention Strategy to deal with child in distress.	PSO-3,4,5	Ap, E	P	L/T	
CO-5	Evaluate and Create the report and case study presentation based on the newspaper incidence and social media platform	PSO-5	E,C	P		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	1	1	-	-	-						
CO 4	-	-	2	3	1	-						
CO 5	-	-	-	-	1	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment /Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓			✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓

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40. DSE4-Elective1-CD4: Urban Community Development

Discipline	SOCIAL WORK				
Course Code	UK5DSESWK303				
Course Title	URBAN COMMUNITY DEVELOPMENT				
Type of Course	DSE				
Semester	IV				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	This course provides a comprehensive exploration of urban development, focusing on urbanization processes, urban community development philosophies, and theories of urbanization. Students delve into urban problems such as slum growth, social deviance, and environmental issues, while examining urban development administration structures and initiatives including smart cities and public-private partnerships. Through urban community fieldwork, students gain practical experience in data collection, analysis, and the development of action plans to address key development challenges in urban settings.				

Detailed Syllabus:

Module	Unit	Content	Hrs
I	**Introduction to Community Development**		**13**
	1	Urban Development: Meaning, Concept – urbanism and urbanisation,	
	2	Urban Community Development: concept, definition, philosophy, objectives	
	3	Theories of urbanisation	

II	**Urban Problems and Management**		**12**
	4	Metropolitan Growth: Scale and Complexity; Growth of urban slums, migration, unemployment, urban housing, Street Families, Street Children,	
	5	Social deviance – crime, delinquency, trafficking, problems of migrants and labourers in the unorganized sector	
	6	Solid Waste Management, Pollution Control, Metro rail projects, Road safety systems, Infrastructure development	
	7	Urban housing problems & Housing schemes, Town planning, Slum clearance board – functions; Programs for slum dwellers	
III	**Urban Development Administration**		**10**
	8	Municipal Administration**:** Structure, role, functions and duties	
	9	National and State Ministries of Urban Development	
	10	Urban Development Authorities at State and District Level - structure and functions	
	11	Models of urban development in India. Public Private Partnership (PPP) for urban development	
	12	Urban development through Community Based Organisations - Self-Help groups – Kudumbashree Model, NGOs, Micro-credit Institutions.	
IV	**Urban Development Programmes**		**10**
	13	Urban Development Programmes – Smart cities, AMRUT, SWACHH BHARAT MISSION, HRIDAY, NULM, PMAY, RAY, Urban Transport and other ongoing programmes of the Ministry	
	14	Role of NGOs and voluntary agencies, in the management of urban services – Sewage, Garbage and energy – privatization of these services.	
	15	Role of civil society organizations in Urban Community Development; Intervention of Corporate in urban problems (CSR).	
V	**Urban Community Fieldwork**		**30**
	16	Field visits to urban areas to observe development projects and initiatives. Analysis of field data and identification of key development challenges	
	17	Develop recommendations and action plans based on field observations	

	18	Visit Urban local bodies and interact with elected representatives and administrative staff directly. Read development Reports to grasp urban planning and development strategies thoroughly.	
			75

Course Outcomes

No.	COs Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Students will grasp the complexities of urban development, including theories of urbanization and the challenges posed by rapid urban growth.	U	PSO-1,2
CO-2	Learners will analyze urban problems such as slum proliferation, social deviance, and environmental degradation, understanding their impact on urban communities.	U	1-2
CO-3	Participants will evaluate urban development administration structures and initiatives, including the roles of municipal authorities, ministries, and urban development authorities.	A	3
CO-4	Through exploration of urban development programs like smart cities and public-private partnerships, students will assess strategies for sustainable urban growth and infrastructure development.	A	4
CO-5	By engaging in urban community fieldwork, students will develop practical skills in data collection, analysis, and the formulation of recommendations to address urban development challenges.	C	5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Note: 1 or 2 COs/module

Name of the Course: Credits: 4:0:0 (Lecture: Tutorial: Practical)

CO No.	CO	PO/ PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
CO-1	Students will grasp the complexities of urban	PSO-1	U	F, C	**L**	

	development, including theories of urbanization and the challenges posed by rapid urban growth.					
CO-2	Learners will analyze urban problems such as slum proliferation, social deviance, and environmental degradation, understanding their impact on urban communities.	PSO-1,	R, U	P	**L**	
CO-3	Participants will evaluate urban development administration structures and initiatives, including the roles of municipal authorities, ministries, and urban development authorities.	PSO-2,3,	An	C,P	**L**	
CO-4	Through exploration of urban development programs like smart cities and public-private partnerships, students will assess strategies for sustainable urban growth and infrastructure development.	PSO-4,5	E	C,P	T	
CO-5	By engaging in urban community fieldwork, students will develop practical skills in data collection, analysis, and the formulation of recommendations to address urban development challenges.	PSO-5	Ap	P		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2	2		-	-	-	-						
CO 3	1	3	3	-	-	-						
CO 4	-	-	-	3	3	-						
CO 5	-	1	-	3	3	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment / Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓	✓		✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓

CO 5		✓		✓

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41. DSE4-Elective2-MP4: Geriatric Social Work

Discipline	SOCIAL WORK				
Course Code	UK5DSESWK304				
Course Title	GERIATRIC SOCIAL WORK				
Type of Course	DSE				
Semester	V				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
pre-requisites					
Course Summary	Course is intended to provide the aspiring social work trainees to get acquainted with the field of Geriatric Care and also receive the understanding and knowledge on working with the Senior citizens. The course will inculcate the necessary skills for working with the senior citizen.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Concept of Old Age**		**8**
	1	Basic Concepts- Ageing, Ageism, Senior Citizen, Gerontophobia	
	2	Characteristics- Physical, Social, Emotional changes- Health aspects, Interests and Activities, Social Adjustments- Marital and Vocational	
	3	Demographic Transition of Ageing in India and Kerala.	
	4	Hazards of Old Age- Socio Economic, Psychological, Cultural, Health Problems, Elderly Abuse	
II	**Geriatric Social Work**		**10**

	5	Geriatrics- Meaning and Definition- Components of Geriatric Care- Assessment of Senior Citizen	
	6	Agencies of Geriatric Care- Govt, NGO and Voluntary Organizations	
	7	Caregivers Burden- Biopsychosocial problems, providing solutions to caregiver burden- Components of Geriatric Assessment - (Physical, Cognitive, Affective, Social, Financial, Environmental, Spiritual)	
	8	Support Groups- Qualities of effective groups, Empowerment Oriented Social Work Practice with elderly; NGOs in the care for older people, Problems faced by NGOs in addressing the problems of old age; Social Work Intervention to deal Elderly Issues- Caregiver roles and responsibilities- Need for counselling to Elderly People	
III		**Perspectives on Ageing**	14
	9	Biological Theories- Immunological, Mutation, Age Clock	
	10	Social Theories- Disengagement & Activity Theory, Dependency Theory	
	11	Psychological Theories- Theory of Loneliness and Isolation, Theory of Alienation	
IV	**Social and Vocational Rehabilitation**		**13**
	11	Rehabilitation, Approaches- Institutionalized and Non institutionalized, outreach programmes, Community Based programmes, Rehabilitation services available in Kerala	
	12	Social and Vocational Rehabilitation Policy, Programmes- Maintenance and Welfare of Parents and Senior Citizens Act 2007- Atal Vayo Abhyadaya Yojana, Annapoorna Scheme, Rashtreeya Vayoshri Yojana, Antyodaya Anna Yojana, Indira Gandhi National Old Age Pension Scheme, National Old Age Pension Scheme	
V	**Fieldwork**		**30**
	13	Visit two Senior Care Home and practice and document the Daily Routine of the residents.	
	14	Practice in Geriatric setting	
	15	Practice Case work and Group work	**75**

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understand and remember the concepts related to old age and Ageing	R,U	PSO-1,2
CO-2	Understand, Analyse and Assess the different problems faced by the elderly and also caregivers and also related concepts of Geriatric Social Work	U,Ap, An	PSO- 1,2,3
CO-3	Analyse different theories related to Ageing	U,Ap, An	PSO-1,2
CO-4	Evaluate the various policies, schemes and programmes for the senior citizens at national level and formulate new policies or suggestions for improving the conditions of the senior citizens.	U, Ap, E,C	PSO-1,2,4,5
CO-5	Evaluate the services existing in the today's scenario for the betterment of the condition of the elderly and acquire skills necessary for working with Senior Citizens	U,Ap,An,E,	PSO-1,2,3,4,5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Geriatric Social Work

Credits: 4:0:0 (Lecture:Tutorial:Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1	Understand and remember the concepts related to old age and Ageing	PSO-1,2	1,2	F, C	L/T	
2	Understand, Analyse and Assess the different problems faced by the elderly and also care givers and also related concepts of Geriatric Social Work	PSO-1,2,3	2,3,4	P	L/T	
3	Analyse	PSO-1,2	2,3,4	F,C	L/T	

	different theories related to Ageing					
4	Evaluate the various policies, schemes and programmes for the senior citizens at national level and formulate new policies or suggestions for improving the conditions of the senior citizens	PSO-1,2,4,5	2,3,5,6	P,M	L/T	
5	Evaluate the services existing in the today's scenario for the betterment of the condition of the elderly and Acquire skills necessary for working with Senior Citizens	PSO-1,2,34,5	2,3,4,5	P,M	L/T	

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO 1	**PSO 2**	**PSO 3**	**PSO4**	**PSO5**	**PSO 6**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO 1	1	1	-	-	-	-						
CO 2	1	1	2	-	-	-						
CO 3	1	2	-	-	-	-						
CO 4	1	1	-	-	-							

CO 5	1	1	-	2	2	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Discussion / Seminar
- Midterm Exam
- Visit to Homes for Elderly
- Visit a palliative care unit
- Discussion with Experts on Gerontology
- Final Exam

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4		✓		✓
CO 5		✓		✓

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1. Paul Chowdhry. (1993). *Ageing and the Aged*, South Asia Books

2. Kumudini Dandekar .(1996) .*The Elderly in India*, Sage publisher Inc.

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8. Nilanjana Sanyal & Manisha Dasgupta. (2021). *Positive Ageing: An Approach Towards Transcendence,* Routledge Taylor & Francis Group.

42. DSE4-Elective3-CF4: School Social Work

<table>
<tr><td>Discipline</td><td colspan="5">SOCIAL WORK</td></tr>
<tr><td>Course Code</td><td colspan="5">UK5DSESWK305</td></tr>
<tr><td>Course Title</td><td colspan="5">SCHOOL SOCIAL WORK</td></tr>
<tr><td>Type of Course</td><td colspan="5">DSE</td></tr>
<tr><td>Semester</td><td colspan="5">V</td></tr>
<tr><td>Academic Level</td><td colspan="5">Higher (300 – 399)</td></tr>
<tr><td rowspan="2">Course Details</td><td>Credit</td><td>Lecture per week</td><td>Tutorial per week</td><td>Practical per week</td><td>Total Hours/Week</td></tr>
<tr><td>4</td><td>3</td><td></td><td>2</td><td>5</td></tr>
<tr><td>Pre-requisites</td><td colspan="5"></td></tr>
<tr><td>Course Summary</td><td colspan="5">The School Social Work course is designed to provide students with the knowledge and skills necessary to work effectively as social workers in educational settings. The course focuses on the unique roles and responsibilities of school social workers and equips students with the competencies needed to address the social, emotional, and behavioral needs of students, families, and school communities.The course provides an overview of the field of school social work, including its historical development, current trends, and the legal and ethical considerations specific to working in educational settings. Students gain an understanding of the diverse student populations they may encounter and the challenges they face, including academic difficulties, mental health issues, family problems, and social inequalities.Throughout the course, students engage in case studies and field experiences to apply the knowledge and skills learned. They also explore ethical considerations specific to school social work, such as confidentiality, informed consent, and mandated reporting.By the end of the School Social Work course, students should have a solid understanding of the roles, functions, and competencies required for effective practice in educational settings.</td></tr>
</table>

Detailed Syllabus

Module	Unit	Content	Hrs
I		**Child Mental Health**	**9**
	1	Mental Health-Concept definition, dimensions, and phases of Mental Health; Mental Health in Children	
	2	School-Concept; Schools potential for promoting Child Mental health, School impeding factors to Child Mental health	
	3	School mental health programs	
II		**Introduction to School Social Work**	**12**
	4	History and General Perspectives in School Social Work: Concept, Historical Development	
	5	School Social Work-Purpose and Theories (System Approach to School Social Work- management, teachers, parents, children)	
	6	Standards for the professional practice of school social work	
	7	Role of a School Social Worker	
III		**Issues of Children in Schools**	**12**
	8	Physical-Chronic Health Conditions, Infectious Diseases, Injuries, Poor Nutrition, Vision and Hearing problems, Sleep problems	
	9	Emotional -Anxiety, Stress, Depression, Trauma, Grief and Loss, Social Skills Deficits, Self-esteem issues, Body-Image Concerns	
	10	Behavioural -Juvenile Delinquency, Truancy, School dropouts, Substance Abuse, Suicide	
	11	Learning disability-types, identification in classroom management.	
	12	Different forms of child abuse (physical, emotional, sexual)	
IV		**Skills and Competencies of School Social Workers**	**12**
	13	Essential Skills-Assessment, Communication, Active listening, Case management, Advocacy, Networking, Documentation and Record keeping	
	14	Competencies-Social, Emotional, Behavioural	

V	**Field Practicum -Areas of Interventions of School Social Worker**		**30**
	15	Working with Groups-Children, Parents, Teachers/other staff	
	16	Working with Individuals-Children/Children with spl. needs -Social work practice with differently-abled children and special schools	
	17	School Social Work Interventions: Remedial Education, Supportive Counselling, Sex Education, Career Guidance; Life Skills.	
	18	Therapeutic Interventions for school social work: play therapy, art therapy, behavioural therapy	
			75

Course Outcomes

No.	**Upon completion of the course, the graduate will be able to**	**Cognitive Level**	**PSO addressed**
CO-1	Understand the basics of Child mental Health.	U	PSO- 2
CO-2	Gain the knowledge related to school social work practice	R, U	PSO-1,2
CO-3	Recognise the issues of children in schools	An	PSO-3
CO-4	Develop the skills and competencies of School social worker	Ap,	PSO-4
CO-5	Demonstrate the interventions of School Social Worker Practice in different settings	Ap, Ev	PSO-3,4,5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Credits: 3:0:1 (Lecture: Tutorial: Practical)

CO No.	**CO**	**PO/PSO**	**Cognitive Level**	**Knowledge Category**	**Lecture (L)/Tutorial (T)**	**Practical (P)**
CO-1	Understand the basics of Child mental Health.	PSO- 2	U	F, C	L	
CO-2	Gain the knowledge related to school social work practice	PSO-1,2	R, U	C	L	

CO-3	Recognise the issues of children in schools	PSO-3	An	C,P	L	
CO-4	Develop the skills and competencies of School social worker	PSO-4	Ap,	P	L	
CO-5	Demonstrate the interventions of School Social Worker Practice in different settings	PSO-3,4,5		P		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	**PSO2**	**PSO3**	**PSO4**	**PSO5**	**PSO6**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	-	1	-	-	-						
CO 4	-	-	2	3	-	-						
CO 5	-	1	-	-	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment / Discussion / Seminar
- Midterm Exam
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4		✓		✓
CO 5		✓		✓

REFERENCES:

1. Allen-Meares, P. (2007). Social Work Services in Schools (5th Edition). Boston: Pearson

2. Constable R, McDonald S, Flynn J. (1999). School Social Work Practice, Policy, and Research Perspectives. (5th Edition). Chicago: Lyceum

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43. SEC3-Option 1: Participatory Rural Appraisal (PRA)

Discipline	SOCIAL WORK				
Course Code	UK5SECSWK300				
Course Title	PARTICIPATORY RURAL APPRAISAL				
Type of Course	**SEC**				
Semester	V				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	3	2	2	2	4
Pre-requisites					
Course Summary	Participatory Rural Appraisal (PRA) tools and techniques were widely used to diagnose the current situation such as farming system, health and health facilities, hygiene and sanitation, gender analysis livelihoods etc. PRA presented to the world a problem-solving approach through a bottom-up approach of diagnosis of problems and suggestions of solutions with participation of people. This course would provide ample opportunities to experience rural life. The course will give space to cultivate the art of need assessment or problem identification.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Basic Concepts of PRA**		**6**
	1	Concepts, Meaning and Definitions of Participatory Rural Appraisal (PRA) PRA (definition); Purpose, PRA pillars, principles, Historical Development of RRA and PRA Difference between RRA and PAR Role and Qualities of PRA facilitator Participatory Learning and Action: Preparatory Phase; Participatory Learning and Action – Key Principles; Steps of PLA; Requirements of a successful PLA	
II	**PRA Methods and Techniques**		**8**

	2	PRA Space Related Methods Space Related PRA - Transect Walk, Social Mapping, Resource Map, Services and Opportunities Map, Mobility Map What, why, how and application. Village visit. What, Why, How and application. Steps in doing a space related method	
III	**Time Related PRA Techniques**		**8**
	3	Timeline, Trend Analysis, Seasonal Diagram Daily Activity Schedule	
IV	**PRA Relation Methods**		**89**
	4	Cause Effect Diagram, Well-Being Ranking Method, • Venn Diagram, Impact Diagram, Livelihood Analysis • SWOT and STEEP (Social Technological Economical Environmental and Political) Analysis Disadvantages/pitfalls/Dangers /Drawbacks of PRA	
V	**Practical**		**30**
	5	Prepare a project/need assessment of the village based on the PRA Experiences.	
			60

Course Outcomes

CO. No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understand the principles and methodologies of participatory approaches in rural development.	U	
CO-2	Apply various tools and techniques for community engagement and empowerment.	Ap	
CO3	Conduct effective participatory assessments of rural communities to identify needs and resources.	Ap & An	
CO4	Analyze and interpret data collected through participatory methods to inform development interventions.	An & E	
CO5	Develop skills for project development based on the needs of the community.	Ap & C	

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Credits: 3:0:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
CO-1	Understand the principles and methodologies of participatory approaches in rural development.	PSO- 1	U	F, C	L	
CO-2	Apply various tools and techniques for community engagement and empowerment.	PSO-1,2	R, U	C	L	
CO-3	Conduct effective participatory assessments of rural communities to identify needs and resources.	PSO-3	An, Ap	C,P	L	
CO-4	Analyze and interpret data collected through participatory methods to inform development interventions.	PSO-4	Ap, E	P	L	
CO-5	Develop skills for project development based on the needs of the community.	PSO-4,5	E, C	P		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO 6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2	1	2	-	-	-	-						
CO 3	-	-	1	-	-	-						
CO 4	-	-	2	-	-	-						
CO 5	-	-	-	2	1	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment / Discussion / Seminar
- Midterm Exam
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4		✓		✓
CO 5		✓		✓

REFERENCES:

1. Mukherjee Amitava. (2004) Participatory Rural Appraisal –Methods & Applications in Rural Planning. New Delhi, Concept Publishing Company

2. Mukherjee, N. (1993). Participatory Rural Appraisal, Methodology and Application. Concept Publishing Company.

3. N Narayanaswamy. (2008) Participatory Rural Appraisal: Principles, Methods and Application. New Delhi, Sage India

4. T Muhammed. Research for Social Workers A PRA/PLA Guideline for Fieldwork

44. SEC3-Option 2: Academic Writing

Discipline	SOCIAL WORK				
Course Code	UK5SECSWK301				
Course Title	ACADEMIC WRITING				
Type of Course	**SEC**				
Semester	VI				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	3	2		2	4
Pre-requisites					
Course Summary	This course is designed to help undergraduate students develop research composition, argument, and writing skills that will enable them to improve their written abilities for higher studies and academic endeavours.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Academic Writing**		**6**
	1	Introduction, meaning and definitions of academic writing, Types (essays, research papers, book review, textual analysis, literature review, project report, proposals, dissertation/ thesis and case study) and characteristics of Academic writing,	
II	**Difference between academic writing and other types of writing**		**8**
	2	Difference in terms of (purpose and audience – style and tone – structure and organization – language and vocabulary – citations and sources- audience engagement – creativity and originality).	
III	**The process of Academic writing**		**8**
	3	The Writing Process – (Pre-writing phase- (planning) - Writing phase - post-writing phase (editing)), (Decide on what you want to study - Collect	

		information or expert sources - Prepare a framework or structure to work on - Start writing - Prepare the final draft and submit).	
	4	The process of Academic writing - Research and Information Gathering - Thesis Statement or Research Question (thesis statement for essays or research question for research papers) - Planning and Outlining - Writing the Introduction - Body Paragraphs - Citing Sources and Referencing - Writing the Conclusion - Revision and Editing - Peer Review and Feedback - Final Draft – Submission	
IV	**The Elements of Academic Writing**		**8**
	5	Text, Author, Question / Problem, Method, Thesis / Argument, Stakes/Implications, Terminology, Assertion, Evidence – (textual, historical and citational), Scholarly Evidence- (critical, historical and theoretical), Citation, Analysis, Counter/Response.	
V	**Practicals**		**30**
	6	Major Formats APA (American Psychological Association) (Page Setup - Page Header - Headings and Subheadings - Title Page (for professional papers) - Abstract (for professional papers) - Reference Page - Tables and Figures - In-Text Citations).	
	7	Practice academic writing in APA format	
	8	Using computers for Format Typing (Practical)	
			60

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO1	Understand the basics of Academic writing.	U	PSO-1,2
CO 2	Understand the process of Academic writing.	U	PSO -2
CO3	Develop writing skills to integrate writing and thought effectively.	Ap.	PSO -3
CO4	Apply conventions of academic writing correctly.	Ap.	PSO - 4
CO - 5	Generate topic ideas for papers with a good chance of being	C	PSO -4

	accepted for presentation at academic conferences and in peer-reviewed publications		

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Credits: 1:1:1 (Lecture:Tutorial:Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1	Understand the basics of Academic writing.	PSO 1,2	U	F, C	L	
2	Understand the process of Academic writing.	PSO- 2	U	C	L	
3	Develop writing skills to integrate writing and thought effectively.	PSO 3	Ap.	P	T	
4	Apply conventions of academic writing correctly.	PSO 4	Ap.	P		P
5	Generate topic ideas for papers with a good chance of being accepted for presentation at academic conferences and in peer-reviewed publications	PSO 4	C	P		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO 6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	1	-	-	-	-						
CO 2		1	-	-	-	-						
CO 3	-	-	2	-	-	-						
CO 4	-	-	2	2	-	-						
CO 5	-		-	3	-	-						
CO 6	-	-	-		-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment / Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4		✓		✓

CO 5		✓	✓	✓
CO 6				

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45. SEC3-Option 3: SPSS

Discipline	SOCIAL WORK				
Course Code	UK5SECSWK302				
Course Title	Statistical Package for Social Sciences (SPSS)				
Type of Course	**SEC**				
Semester	VI				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/ Week
	3			2	4
Pre-requisites					
Course Summary	The course offers a comprehensive overview of the Statistical Package for the Social Sciences (SPSS) software, a vital tool for statistical analysis in disciplines like social sciences, business, and research. Learners delve into the fundamentals of SPSS, including navigating the interface, data entry, descriptive and inferential statistics, data visualization, and advanced techniques. Successful completion equips learners with valuable skills for data analysis, research enhancement, and increased employability across a spectrum of industries.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**BASICS OF SPSS**		**6**
	1	Different types of data, Scale of measurements, classification techniques -Basics of SPSS: Data entry in SPSS, missing values, multi response- Data transformation through SPSS: Selection of Cases, recoding of variables, Identification of Duplicate Cases, compute variable-SPSS file management: visual binning, merge files	

II	**DESCRIPTIVE ANALYSIS**		**8**
	2	Frequency tables - Different Types of Charts- Measures of Central Tendency, Measures of Dispersion- Distribution of Data Set	
III	**PARAMETRIC TESTS**		**8**
	3	Basics of Hypothesis, Procedure of Hypothesis Testing, P-Value-Logic and Assumptions For Parametric Test, Normal Probability Plot-Various parametric tests: One Sample T-Test, Two Independent Sample T-Test, Paired T-Test, One-Way ANOVA, Two-Way ANOVA, Post Hoc Test. Simple Correlation, Partial Correlation, Simple Linear Regression, Assumptions of Regression Analysis, Residual Analysis, Multiple Linear Regression, Logistic Regression.	
IV	**NON-PARAMETRIC TESTS**		**8**
	4	Basic Assumptions for Non-Parametric Tests-Various Non-Parametric Tests: Wilcoxon Test, Mann-Whitney U Test, Kruskal Wallis II Test, Run Test, Chi-Square Test. Factor Analysis, Discriminant Analysis, Cluster Analysis, Time Series Analysis	
V	**PRACTICALS**		**30**
	5	Hands-on practice of SPSS	

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Explain the principles of descriptive and inferential statistics in SPSS.	U	
CO-2	Apply statistical techniques in SPSS to analyse data sets effectively.	Ap	
CO3	Break down complex data analysis problems using SPSS tools.	An	
CO4	Critically assess the validity and reliability of statistical results obtained in SPSS.	E	
CO5	Develop advanced data visualization and analysis strategies using SPSS for research purposes.	C	

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

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SEMESTER 6

46. DSC15-Major9-Social Work Research

Discipline	SOCIAL WORK				
Course Code	UK6DSCSWK303				
Course Title	SOCIAL WORK RESEARCH				
Type of Course	**DSC** Major				
Semester	VI				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	This course equips students with the knowledge and skills necessary to engage in ethical and rigorous social work research, enabling them to contribute meaningfully to the advancement of the field.				

Detailed Syllabus:

Module	Unit	Content	Hrs
I	**Introduction to Social Work Research**		**8**
	1	Research: meaning and definition - need and relevance of research; Differentiating Social research and Social Work Research - need and scope of social work research	
	2	Scientific Method – concept and characteristics – an overview of research process	
	3	Approaches - inductive and deductive; quantitative and qualitative	
	4	Ethical considerations in research	
II	**Research Design**		**12**

	5	Problem formulation in research - problem identification, pilot study, review of literature, defining the problem, objectives	
	6	Concepts/constructs - variables - operational definition of variables; types of variables- dependent and independent - formulation of hypothesis	
	7	Research Design: Meaning and definition of a research design; Types of research design: Quantitative & Qualitative	
III	**Sampling and Data Collection**		**15**
	8	Sampling: Universe & Unit - advantages and disadvantages of sampling - sampling frame (for Quantitative) & sampling strategy (for Qualitative)	
	9	Types of Sampling: Probability and non-probability sampling – types, techniques of selecting sample	
	10	Sources of data: Primary and Secondary	
	11	Methods of Data Collection: Survey; Observation; Interview; Focused Group Discussion	
	12	Tools for Data Collection: Questionnaire; Interview schedule; Interview guide; Pre-test	
	13	Data processing: Quantitative: editing, coding, classification, tabulation; Qualitative: transcribing, editing, coding, development of themes and subthemes	
IV	**Data Analysis and Report Writing in Research**		**10**
	14	Quantitative: Statistics - uses and limitation Measures of central tendency (computation not necessary – only analysis and interpretation) Measures of dispersion (computation not necessary – only analysis and interpretation) Types of analysis: T-test, Anova (computation not necessary - only analysis and interpretation) Correlation: Types -Pearson's Coefficient of correlation, Spearman's Rank correlation – purpose; Use of SPSS in data analysis	
	15	Qualitative: Content/Thematic Analysis; Use and purpose of n-Vivo in analysis	
	16	Research Report: Presentation of statistical data – tabular and graphic Writing research report: Components; Writing research abstract Citations, bibliography and references on APA format	
V	**Fieldwork – Mini Research (Group wise)**		**30**

	17	Community Needs Assessment: During fieldwork, learners can participate in assessing the needs and assets of communities or specific populations through surveys, interviews, focus groups, or secondary data analysis. Major focus areas are the following: 1. Research Proposal Development: Engaging in the process of developing research proposals and gaining practical experience in articulating research questions, identifying theoretical frameworks, selecting appropriate methodologies, and designing research studies. 2. Literature Review on specific topics relevant to social work practice to identify, evaluate and synthesize existing research studies and understand a particular issue. 3. Data Collection: to engage in various methods of data collection, such as interviews, surveys, focus groups, case studies and observations. 4. Data Analysis: Learn to analyze qualitative or quantitative data using SPSS. 5. Ethical Considerations: Fieldwork provides opportunities to navigate ethical dilemmas related to research, such as ensuring confidentiality, obtaining informed consent, protecting participant rights, and maintaining cultural sensitivity. Engaging in discussions and reflections on ethical issues encountered during fieldwork enhances your ethical decision-making skills as a social work researcher.	

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Develop a basic understanding about research (as a scientific approach), research methodology as well as the paradigms - qualitative and quantitative - in research	U	PSO-1,2
CO-2	Understand the importance and practical implications of Social Work Research as a secondary method of Social Work	U	1-2
CO-3	Apply social work research process: problem formulation; designing the study and its sampling strategy; designing tools and data collection; analysis, interpretation and presentation of findings	A	3
CO-4	Develop skills in the selection and use of appropriate tools for data collection, processing of data, and appreciation of techniques of analysis - statistical and thematic	A	4

CO-5	Undertake research by formulating a problem, gathering data, analysis data and reporting findings in social work practice	C	5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Social Work Research

Credits: 2:1:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1	Develop a basic understanding about research (as a scientific approach), research methodology as well as the paradigms - qualitative and quantitative - in research	PSO-1,2	U	F, C	L/T	
2	Understand the importance and practical implications of Social Work Research as a secondary method of Social Work	1-2	U	P	L/T	
3	Apply social work research process: problem formulation; designing the study and its sampling strategy; designing tools and data collection;	3	A	F,P	L/T	

	analysis, interpretation and presentation of findings					
4	Develop skills in the selection and use of appropriate tools for data collection, processing of data, and appreciation of techniques of analysis - statistical and thematic	4	A	F,P	L/T	
5	Undertake research by formulating a problem, gathering data, analysis data and reporting findings in social work practice	5	C	M	L/T	P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO1	**PSO2**	**PSO3**	**PSO4**	**PSO5**	**PSO6**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO 1	1	-	-	-	-	-						
CO 2	1	2	-	-	-	-						
CO 3	-	-	1	-	-	-						
CO 4	-	-	2	3	-	-						

CO 5	-	2	1	3	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Discussion / Seminar
- Midterm Exam
- Final Exam
- Paper Presentations at any conference (not class seminar)

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4		✓		✓
CO 5		✓	✓	✓

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47. DSC16-Major10-Social Legislations

Discipline	SOCIAL WORK				
Course Code	UK6DSCSWK304				
Course Title	SOCIAL LEGISLATIONS				
Type of Course	**DSC Major**				
Semester	VI				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	Gain a bassic understanding on the basic concept of Judicial system, constitutional safeguards to vulnerable sections. understand the Legislation for the protection of women , children Socially disadvantaged groups in India. Develop necessary legislation knowledge to practice Social work				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Social Legislation- an Overview**		**8**
	1	Social legislation: meaning, scope, definition Related concepts: Social justice, Human rights, Social protection, Social change, Social defense	
	2	Indian Constitution : Preamble, Features, Fundamental Rights, Duties, Directive Principles.	
	4	Hierarchy of Courts	
	5	Pillars of Government : Legislature, Executive, Judiciary, Media.	

II	**Types of Law**		**15**
	6	Civil (CPC) and Criminal Laws (CrPC)	
	7	Personal laws: Special Marriage Act, Indian Divorce Act, Indian Succession Act, Family Court Act, and Family Courts	
	8	Laws relating to women: Protection of Women from Domestic Violence Act, 2005; The Sexual Harassment of Women At Workplace 2013, Dowry Prohibition (Amendment) Act 2018, Medical Termination of Pregnancy MTP Act , 1971	
	9	Laws relating to children: POCSO Act, Juvenile Justice Act 2021, Child Labour Prohibition and Regulation Act 1986 , Right to Education Act, 2009.	
	10	Laws relating to the environment: Forest Right Act, 1986; Environment Protection Act, 1986.	
	11	Common legislations: National Food Security Act 2013, MGNREG Act, 2005, PWD Act, 1995, CAA, 2019, UCC	
III	**Legal Literacy**		**12**
	12	Awareness about legal proceedings Arrest Warrant, FIR, Summons, bail, anticipatory bail, charge sheet, legal rights of arrested persons, Police Custody, judicial Custody	
	13	Constitutional Reliefs (Writs): Habeas Corpus, Certorari, Prohibition Mandamus and Quo Warranto	
	14	PIL(public interest litigation), IPR (intellectual property right), RTI (Right to Information	
	15	Vigilance and anti-corruption law Ombudsman , Lok Ayuktha, Lok Adalath, Legal Aid	
IV	**Legal Services**		**10**
	16	Legal Services Authorities NALSA, KELSA, DLSA –Structure, and functions	
	17	Various commissions: NHRC, NWC, NCPCR, National election commission	
V	**Fieldwork**		**30**
	18	Visit to :CWC, JJB, Correctional Home, DCPU, Observation Home, Suraksha Home, Child Care Institutions – Children Home, Asha	

		Bhavan for men and women, Home for differently abled (Visit minimum 5 and make report)	
		Total hrs	**75**

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understand Indian Constitution and its features	U	PSO-1,2
CO-2	Learn the procedures for framing social legislations	R, U	PSO-1,2,3
CO-3	Study the salient features of legislations, related to women and other common legislation	An, Ap	PSO-3,4
CO-4	Identify the salient features of legislations related to children	U, An,Ap, E	PSO-2,3,4
CO-5	Visit and learn the activities of the agencies related to legislations	E,C	PSO-5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Note: 1 or 2 COs/module

Name of the Course: Credits: 4:0:0 (Lecture:Tutorial:Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1	Understand Indian Constitution and its features	PSO-1,2	U	F, C	L/T	
2	Learn the procedures for framing social legislations	PSO-1,2,3	R, U	P	L/T	
3	Study the salient features of legislations, related to women and other common legislation	PSO-3,4	An, Ap		L/T	
4	Identify the salient features of legislations related to children	PSO-2,3,4	U, An,Ap, E		L/T	
5	Visit and learn the	PSO-5	E,C		L/T	P

	activities of the agencies related to legislations					

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2	2	3	1	-	-	-						
CO 3	-	1	1	2	-	-						
CO 4	-	-	2	3	-	-						
CO 5	-	1	-	-	3	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / AssignmenT / Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations

CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4	✓	✓		✓
CO 5	✓	✓	✓	✓

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48. DSC17-Major11-Fieldwork Lab

Discipline	SOCIAL WORK				
Course Code	UK6DSCSWK305				
Course Title	FIELDWORK LAB				
Type of Course	DSC				
Semester	6				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	The student undertakes a live-in experience of 14-15 days in the area of specialization to get acquainted with the context of specialization, as well as the roles and duties of the social worker in the specialized setting.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Understanding and experiencing field of specialization**		**24**
	1	Understanding the problem, the clientele and the agency	
	2	Analysing and evaluating the context	
	3	Study and appraisal of agency	
II	**Application of Theory, Methods and Skills**		**24**
	4	Integration of Social Work and Interdisciplinary knowledge	
	5	Case Work, Group Work and Community Organization	
	6	Social Welfare Administration and Research	

III	**Application of principles**		**24**
	7	Values and Principles	
	8	Ethical conflicts and dilemmas, Supervision	
	9	Competency assessment	
IV	**Application of Social Work roles relevant to specialization**		**24**
	11	Social Work-specific tasks	
	12	Multi-disciplinary experience	
	13	Critical evaluation	
V	**Reporting**		**24**
	14	Daily Reports	
	15	Consolidated Reports	
	16	Presentation of fieldwork	
			120

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understand the working of social work agencies in the society and role of social workers in various contexts	U	PSO1
CO-2	Apply and integrate social work theory and inter-disciplinary knowledge in analysing society and social problems, and planning interventions.	Ap, An	PSO1, 3,4, 5
CO-3	Initiate professional socialisation process by observing and interacting with social work professionals and multi-disciplinary team	Ap, An	PSO2
CO-4	Apply social work values and principles to the practice situation, analysing situations where ethical dilemmas arise and apply the code of ethics to resolve problems.	A, An	PSO2
CO-5	Demonstrate professional advancement through reports which reflect student's activities, observations, learnings and evaluation.	An, E	PSO3,4,5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Social Work Research

Credits: 2:1:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1	Understand the working of social work agencies in the society and role of social workers in various contexts	PSO 1	U	F, C		P
2	Apply and integrate social work theory and inter-disciplinary knowledge in analysing society and social problems, and planning interventions.	PSO 1, 3,4, 5	Ap, An	P		P
3	Initiate professional socialisation process by observing and interacting with social work professionals and multi-disciplinary team	PSO 2	Ap, An	F,P		P
4	Apply social work values and principles to the practice situation, analysing situations where ethical dilemmas arise and apply the code of ethics to resolve problems.	PSO 2	A, An	F,P		P
5	Demonstrate professional advancement through reports which reflect student's activities, observations, learnings and evaluation.	PSO 3,4,5	An, E	M		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO 6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2	1		1	1	1	-						
CO 3	-	1	1	-	-	-						
CO 4	-	1	2	3	-	-						
CO 5	-		1	1	1	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Discussion / Seminar
- Midterm Exam
- Final Exam
- Paper Presentations at any conference (not class seminar)

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			
CO 2	✓			
CO 3	✓			
CO 4	✓			
CO 5	✓			

49. DSE5-Elective1-CD5: Gerontological Social Work Practice

Discipline	Social Work				
Course Code	UK6DSESWK306				
Course Title	GERONTOLOGICAL SOCIAL WORK PRACTICE				
Type of Course	**DSE**				
Semester	VI				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites	1. 2.				
Course Summary	This course in Geriatric Social Work provides students with a comprehensive understanding of aging, including physical, social, and emotional aspects, and explores theories and frameworks in gerontology. Through an examination of issues such as degenerative diseases, psycho-neurological challenges, and social impairments, students learn to address the complex needs of older adults while promoting healthy aging practices. By studying policies, programs, and community interventions, students develop the knowledge and skills necessary for effective gerontological social work, including psychosocial assessment, advocacy, and interdisciplinary collaboration, while adhering to ethical and cultural considerations.				

Detailed Syllabus:

Module	Unit	Content	**Hrs**
I		**Introduction to Geriatric Social Work**	**8**
	1	Basic Concepts: Ageing, Ageism, and Senior Citizens; Nature: Physical, Social and Emotional aspects of Ageing; Demographic trends of ageing population at global, national and state levels	

	2	Theories and frameworks in gerontology: Biological, social and psychological theories	
	3	Gerontological social work, nature and scope - global and national	
II	**Issues of Aging**		**12**
	4	Nature of Degeneration: Diabetes; Cardiovascular Disease, Disability-related issues: Ophthalmologic, Hearing Impairment, Dental problems, difficulties in Speech and Orthopaedic problems like Arthritis and Osteoporosis. Terminal Illnesses	
	5	Psycho-neurological issues like Depression, Anxiety, Dementia, Parkinson's Disease, Alzheimer's Disease	
	6	Social impairments: Isolation and Loneliness; Reduced Social Networks; Cognitive Decline; Physical Health Issues; Communication Challenges; Dependence on Caregivers; Stigmatization and Ageism; Loss of Spouse or Partner; Financial Constraints; Technological Barriers	
	7	Importance of promoting healthy methods of handling changes in physical and mental abilities in the natural process of Ageing	
III	**Policies and Programmes**		**15**
	8	International policies and provisions: UN Principles for Older Persons (1991), Proclamation on Ageing and the Global Targets for Ageing (2001) and the Universal Declaration of Human Rights (UDHR, 1948), WHO active aging policy framework	
	9	Constitutional provisions and policies in India: National Policy on Older Persons (1999). The Maintenance and Welfare of Parents and Senior Citizens Act, 2007	
	10	Programmes for the Older Adults: Welfare Schemes; Shelter and Housing; Health and Disability; Health Insurance. Pension and Retirement	
	11	Issues in access to these programmes and denial of Rights. - National Pension scheme	
	12	Institutional and non- institutional services for older people: Residential care services by government and non- government organisations; non-residential care for the older people, Community based care for the older people	
IV	**Working with the elderly People**		**10**
	13	Overview of gerontological social work: Defining role and functions. Social work practice with elderly - care and rehabilitation - Formal and informal care	
	14	Gerontological Social Work Process: Psychosocial Assessment; Interventions – older adults and their families - Work on psychological aspects (work-related, self-esteem and mental health), social and cultural aspects (social roles and support, family relationships, leisure, handling technology), Assessing mental and physical capacity	

	15	Work on economic security (dependency, housing, retirement and reduction in income, unorganised sector)	
V		**Fieldwork: Community interventions among elderly**	**30**
	16	Fieldwork **may** include the following: ● Addressing Immediate Health Needs: Organize medical check-ups and health camps to provide older adults with access to basic healthcare services, including blood pressure monitoring, diabetes screening, and medication management. ● Awareness Campaigns on Elder Abuse: Conduct workshops on elder abuse prevention and intervention. ● Advocacy for Pension Rights: Advocate for the rights of older adults to access pension benefits and other social security schemes, providing support in navigating the application process. ● Promoting e-financial Literacy: Conduct e-financial literacy workshops to help older adults manage finances and plan for retirement. ● Addressing Social Isolation and Loneliness: Implement interventions to combat social isolation and loneliness among older adults. ● Promoting Intergenerational Solidarity: Facilitate intergenerational programs that bring together older adults and youth to exchange knowledge, skills, and experiences. ● Promoting Traditional Healing Practices: Integrate traditional healing practices like Ayurveda and yoga into gerontological care plans. ● Navigating Healthcare Systems: Assist older adults in navigating complex healthcare systems and advocating for their needs. ● Promoting Healthy and graceful Aging: Educate older adults about healthy lifestyle choices and disease prevention. ● Accessible Transportation Services: Advocate for accessible transportation services to help older adults	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Get a comprehensive understanding of the concept of ageing, demographic trends, gerontological theories, gerontological social work and its scope	Analyze	PSO1

CO-2	Analyze, issues of aging and importance of promoting healthy aging	Analyze	PSO 2
CO-3	Analyze the international and national policies impacting older persons, key frameworks and legislations related to implementation and accessibility of welfare programs for older adults.	Apply	PSO 3
CO-4	Demonstrate skills in social work practice with the elderly in micro settings	Apply	PSO 4
CO-5	Demonstrate skills in social work practice with the elderly in macro settings	Create	PSO 5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Note: 1 or 2 COs/module

Name of the Course: Credits: 4:0:0 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1	Get a comprehensive understanding of the concept of ageing, demographic trends, gerontological theories, gerontological social work and its scope			F, C		
2	Analyze, issues of aging and importance of promoting healthy aging			P		

3	Analyze the international and national policies impacting older persons, key frameworks and legislations related to implementation and accessibility of welfare programs for older adults.					
4	Demonstrate skills in social work practice with the elderly in micro settings					
5	Demonstrate skills in social work practice with the elderly in macro settings					

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO1	**PSO2**	**PSO3**	**PSO4**	**PSO5**	**PSO6**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO 1	**1**	-	-	-	-	-						
CO 2	**2**	**3**	-	-	-	-						
CO 3	-	-	**1**	-	-	-						

CO 4	-	-	2	3	-	-						
CO 5	-	1	-	-	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Discussion / Seminar
- Midterm Exam
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4		✓		✓
CO 5		✓		✓

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50. DSE5-Elective2-MP5: Psychiatric Social Work and Rehabilitation

Discipline	SOCIAL WORK				
Course Code	UK6DSESWK307				
Course Title	PSYCHIATRIC SOCIAL WORK AND REHABILITATION				
Type of Course	DSE				
Semester	VI				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	Understand the concepts of normal and abnormal behaviour as well as the factors contributing to mental health. familiarize with psychiatric case assessment, symptoms and systems of classification. Acquire basic knowledge and must be able to diagnose various common mental disorders. Analyse the psychosocial aspects of various diseases and devise appropriate strategies for effective interventions Understand Psychiatric Social Work and its practice in various settings				

Detailed Syllabus

Module	Unit	Content	Hrs
I		**Positive Mental Health**	**10**
	1	Positive mental health and its relevance.	
	2	The philosophical and conceptual perspectives of Positive Psychology	
	3	Measuring psychological well-being and happiness.	
	4	PERMA Model (Positive Emotion, Engagement, Positive Relationships, Meaning, Accomplishment/Achievement)	

	5	Other concepts: Flow, Gratitude, Gratification, Stress, Resilience, Mindfulness, Love and Work, Rest and Play.	
	6	Recovery perspectives. Mental Health Promotion.	
II	**Process and Skills- Planning and Management/ Psychoeducation and Psychosocial Management Strategies**		**10**
	7	Psycho-education, Psycho-social Management of Disorders, Evidence-Based Affirmative Practices.	
	8	Caregiver burden, Expressed Emotions, Co-dependency, and Stigma	
	9	Team Work: Concept and Role of different professionals in teamwork (in different settings)– Factors essential for teamwork.	
	10	Trauma-informed Care (Children, Women, Sexual and Gender Minorities) assessment and interventions- Crisis Intervention and Suicide Prevention in psychiatry.	
	11	Intersectionality of identities (e.g., race, ethnicity, gender, sexual orientation, disability), their impact on mental health experiences	
III	**Practice of Psychiatric Social Work in different settings**		**15**
	12	Children and School Mental Health Overview of issues of School Children: Development disorders. Child abuse (physical, emotional, sexual), substance abuse, truancy, suicide. Ethical issues: Confidentiality and abuse, Mandatory reporting requirements, best interest of child. Social Work Practice in School Settings: Application of Social Work methods; System Approach to School Social Work. Working with CCL, CNCP, special children, Special Education (SE) and inclusive education (IE) Deaddiction Incidence and prevalence of substance use disorders Effects of Addiction on addicted person, family, and society. Addiction Management and De-addiction centres: Prevention, Assessment (Addiction Dependence Scale). Treatment (medical, psychological, social), Relapse prevention and Documentation Role of Social Worker with addicts and their families- psycho-social assessment, motivation assessment and motivation enhancement therapy Self-help groups for persons living with addiction (Alcoholics Anonymous, Narcotics anonymous, Al-Anons etc.) The 12 Steps.	
IV	**Rehabilitation and Recovery-Oriented Services**		**10**

	13	Psychiatric Rehabilitation: Meaning, Types and Skills, Role of day-care, Halfway Homes in the Aftercare of Psychiatric Patients.	
	14	Community-based rehabilitation- Key Components, Role of Social Workers,	
	15	Vocational rehabilitation	
	16	Role of the NGOs towards psychosocial rehabilitation- Rehabilitation Centres.	
V	**Psychiatric Fieldwork**		**30**
	17	Practice the roles of social worker in a Mental health setting	
	18	Mental Status Examination and Recording of Case History	
	19	Practice of Case Work in Mental health setting	
	20	Practice of Group Work in Mental Health setting	
	21	Prepare Individual Care Plans, Project Proposals for children in need of mental health care and protection.	
	22	Engaging in policy advocacy and systems change initiatives to improve mental health services and address systemic barriers.	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Describe the multidimensional nature of mental health and its relevance in individual well-being, societal functioning, and the promotion of social justice.	U	PSO-1,2

CO-2	Apply evidence-based and culturally competent interventions, strategies, and skills in addressing mental health challenges across diverse populations and settings.	An	PSO-1,2,4
CO-3	Evaluate the ethical considerations, legal requirements, and professional responsibilities inherent in psychiatric social work practice, demonstrating commitment to client rights, confidentiality, and informed consent.	Ap	PSO-1,2,3
CO-4	Synthesize interdisciplinary collaboration, advocacy efforts, and systems change initiatives to promote equitable access to mental health services, address systemic barriers, and enhance community support networks.	E	PSO-1,2,5
CO-5	Demonstrate proficiency in conducting assessments, developing intervention plans, and facilitating recovery-oriented care processes, fostering resilience, empowerment, and holistic well-being for individuals and communities affected by mental health issues.	C	PSO-1,2,3,4

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Note: 1 or 2 COs/module

Name of the Course: Credits: 4:0:0 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)

CO-1	Describe the multidimensional nature of mental health and its relevance in individual well-being, societal functioning, and the promotion of social justice.	PSO-1,2	U	F,C	L/T	
CO-2	Apply evidence-based and culturally competent interventions, strategies, and skills in addressing mental health challenges across diverse populations and settings.	PSO-1,2,4	An	F,P	L/T	
CO-3	Evaluate the ethical considerations, legal requirements, and professional responsibilities inherent in psychiatric social work practice, demonstrating commitment to client rights, confidentiality, and informed consent.	PSO-1,2,3	Ap	C,P	L/T	

CO-4	Synthesize interdisciplinary collaboration, advocacy efforts, and systems change initiatives to promote equitable access to mental health services, address systemic barriers, and enhance community support networks.	PSO-1,2,5	E	P	L/T	
CO-5	Demonstrate proficiency in conducting assessments, developing intervention plans, and facilitating recovery-oriented care processes, fostering resilience, empowerment, and holistic well-being for individuals and communities affected by mental health issues.	PSO-1,2,3,4	C	P	L/T	

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	**PSO2**	**PSO3**	**PSO4**	**PSO5**	**PSO6**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO 1	1	-	-	-	-	-						

CO 2	2	3	-	-	-	-						
CO 3	-	-	1	-	-	-						
CO 4	-	-	2	3	-	-						
CO 5	-	1	-	-	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- § Quiz / Assignment / Discussion / Seminar
- § Midterm Exam
- § Programming Assignments
- § Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓			✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓

CO 5	✓	✓		✓

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51. DSE5-Elective3-CF5: Gender and Development

Discipline	SOCIAL WORK				
Course Code	UK6DSESWK308				
Course Title	GENDER AND DEVELOPMENT				
Type of Course	DSE				
Semester	**6**				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	To Understand the concepts of gender and protective measures of women in india				

Detailed Syllabus:

Module	Unit	Content	Hrs
I	**Gender concepts**		**15**
	1	Sex and gender, gender identity; gender relations, men and masculinity;gender roles and responsibilities. gender development indicators - sex ratio, GER,GDI,GEM	
II	**Feminism**		**15**
	2	Concept, meaning and definitions.Role of women's movements in changing status of women. Feminist social work: meaning, concept and definition. Feminist perspectives in social work.	
III	**Theories of gender relations**		**15**
	3	Liberal and radical feminism, Socialist and Marxist feminism Eco- feminism, Postmodern feminism.	

IV	**Protective measures for women in india**		**15**
	4	Constitutional and legal provisions for women: Rights with reference to entitlements, political participation . health, marriage, adoption, divorce . protective laws: hindu succession act - 1956, Prohibition of child marriage act- 2006 Sexual harassment of women at workplace act- 2013.	
V	**Fieldwork**		**15**
	5	To conduct observation visits for various projects including Suraksha etc	

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understand the conceptualization of gender.	U	PSO-1,2
CO-2	Understand the changing status of women.	R, U	PSO-1,
CO - 3	Analyze the theories of gender relations.	An	PSO-3
CO- 4	Apply the protective measures for women in india	Ap	PSO-3,4
CO-5	Apply the theoretical knowledge into different fieldwork setting	Ap	PSO-3,4

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Credits: 4:0:0 (Lecture:Tutorial:Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
CO-1	Understand the conceptualization of gender.	PSO-1,2	U	F, C	**L**	
CO-2	Understand the changing status of women.	PSO-1,	R, U	P	**L**	
CO - 3	Analyze the theories of gender relations.	PSO-3	An	C,P	**L**	
CO- 4	Apply the protective measures for women in india	PSO-3,4	Ap	C,P	T	
CO-5	Apply the theoretical	PSO-3,4	Ap	P		P

	knowledge into different fieldwork setting					

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO1	**PSO2**	**PSO3**	**PSO4**	**PSO5**	**PSO6**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO 1	1	-	-	-	-	-						
CO 2	3	2		-	-	-						
CO 3	-	-	3	-	-	-						
CO 4	-	-	3	3	-	-						
CO 5		1	-	3	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓

CO 2	✓	✓		✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓
CO 5		✓		✓

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9.Haralambos, sociology - Themes and Perspectives

10.Elliot ,Faith Robenton - Gender , Family and society

52. DSE6-Elective1-CD6: Social Policy and Planning for Community Practice

Discipline	SOCIAL WORK				
Course Code	UK6DSESWK309				
Course Title	SOCIAL POLICY AND PLANNING FOR COMMUNITY PRACTICE				
Type of Course	**DSE**				
Semester	VI				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	This comprehensive course offers a deep dive into social policy and planning, highlighting their interconnectedness and historical underpinnings. Students analyze the ethical considerations shaping policy formulation and explore the social policy formulation process in India, including stakeholder roles and policy analysis frameworks. The course also emphasizes integrated social planning theory, focusing on translating policy into actionable strategies, assessing community well-being impacts, and utilizing digital tools, while equipping students with essential advocacy skills for effective policy formulation and social development.				

Detailed Syllabus:

Module	Unit	Content	Hrs
I	**Foundations of Social Policy and Planning**		**8**
	1	Definition and Interconnections: Overview of social policy and social planning, Dynamic relationship between policy and planning	
	2	Historical Foundations: Evolution of social policies, and planning initiatives; Impact of historical policies on contemporary planning	
	3	Ethical Considerations: Ethical principles guiding social policies and planning	

II	**Social Policy Formulation Process – stakeholders and framework**		**12**
	4	Overview of Social Policy Formulation Process in India: Identification of underlying problems; determine alternatives for policy choices; forecasting and evaluating alternatives; making a choice policy implementation; policy monitoring; policy outcome; policy evaluation; and problem restricting	
	5	Key stakeholders – Types, roles and contributions: Government's role; NGO advocacy; Private sector contributions; Community participation	
	6	Policy Analysis Frameworks: Models and tools for analysing and formulating social policies.; Incorporating evidence-based practice in policy analysis and formulation	
III	**Integrated Social Planning: Theory and Practice**		**15**
	7	Social Planning: Key components of social planning	
	8	Translating Policy into Action Case studies on successful social planning initiatives and their impact on community development	
	9	Impact on Community Well-Being Outcomes of effective social planning on community well-being Evaluating the challenges and opportunities in implementing social planning initiatives	
	10	Digital Tools for Social Planning Case studies on successful digital innovations in social planning	
IV	**Advocacy Skills in Policy Formulation, Social Planning and Social Development**		**10**
	14	Advocacy in Policy Formulation: Definition, significance and role Advocacy vs. lobbying: Advocacy in Social Planning	
	15	Essential Advocacy Skills	
	16	Advocacy Strategies and Techniques Online advocacy Crafting persuasive documents to present to policymakers.	
V	**Community Fieldwork**		**30**

	17	1. Organize a community forum to discuss the intersection of social policy and planning with local policymakers. 2. Conduct a heritage walk focusing on historical landmarks related to social policies and planning initiatives. 3. Engage students in a mock policy formulation exercise addressing a community issue, with presentations to community leaders. 4. Partner with a local organization for a needs assessment survey, practicing stakeholder involvement and goal setting. 5. Implement a small-scale social planning initiative with community members and evaluate its impact on well-being. 6. Guide students in developing advocacy campaign plans for local policy issues, emphasizing effective communication and coalition-building strategies.	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Students will comprehend the dynamic relationship between social policy and planning, and articulate their interconnections within community contexts.	U	PSO-1,2
CO-2	Learners will analyze the historical evolution of social policies and planning initiatives, discerning their influence on contemporary practices.	U	1-2
CO-3	Participants will evaluate ethical principles guiding social policy and planning decisions, fostering ethical awareness in policy formulation.	A	3
CO-4	Students will demonstrate proficiency in the social policy formulation process in India, from problem identification to policy evaluation, incorporating stakeholder perspectives and evidence-based practices.	A	4
CO-5	Learners will identify and assess the roles and contributions of key stakeholders, including government, NGOs, private sector, and community members, in social policy and planning initiatives.	C	5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Note: 1 or 2 COs/module

Name of the Course: Credits: 4:0:0 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1	Students will comprehend the dynamic relationship between social policy and planning, and articulate their interconnections within community contexts.			F, C		
2	Learners will analyze the historical evolution of social policies and planning initiatives, discerning their influence on contemporary practices.			P		
3	Participants will evaluate ethical principles guiding social policy and planning decisions, fostering ethical awareness in					

	policy formulation.					
4	Students will demonstrate proficiency in the social policy formulation process in India, from problem identification to policy evaluation, incorporating stakeholder perspectives and evidence-based practices.					
5	Learners will identify and assess the roles and contributions of key stakeholders, including government, NGOs, private sector, and community members, in social policy and planning initiatives.					

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO1	**PSO2**	**PSO3**	**PSO4**	**PSO5**	**PSO6**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**

CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	-	1	-	-	-						
CO 4	-	-	2	3	-	-						
CO 5	-	1	-	-	-	-						
CO 6	-	-	-	3	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Discussion / Seminar
- Midterm Exam
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓

CO 3	✓			✓
CO 4		✓		✓
CO 5		✓		✓
CO 6			✓	

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53. DSE6-Elective2-MP6: Therapeutic Interventions

Discipline	SOCIAL WORK				
Course Code	UK6DSESWK310				
Course Title	THERAPEUTIC INTERVENTIONS				
Type of Course	DSE				
Semester	VI				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	The course provides a comprehensive framework for students to develop their knowledge, critical thinking skills and understanding of therapeutic interventions across different domains. Through a series of modules, students understand the myriad factors influencing therapeutic practice, remember key concepts and figures in the field, and analyse the application of various therapeutic techniques. From exploring different schools of psychology to examining the intersection of culture, ethics, and power dynamics in therapy, students gain a comprehensive understanding of therapeutic interventions. Through engaging coursework, discussions, and practical exercises, students develop the critical skills necessary for providing competent and compassionate therapeutic care to diverse client populations				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Introduction to psychotherapy**		**5**
	1	Concept of psychotherapy- definition, aims/objectives	
	2	Phases of psychotherapy- Beginning, middle and terminal phase	

	3	Modalities of psychotherapy- Individual therapy, group therapy, family therapy, marital therapy, child therapy	
	4	Principles of psychotherapy	
II	**Factors influencing therapeutic practice**		**5**
	5	Non-specific factors-spontaneous remission/cures, placebo effect, relationship dimension, emotional catharsis, suggestion, group dynamics	
	6	Therapist variables- empathy, unconditional positive regard, genuineness, objectivity, sensitivity	
	7	Skills required for therapeutic practice	
	8	Ethics in psychotherapy	
III	**Schools of psychotherapy**		**15**
	9	Key concepts, processes and goals, therapeutic techniques, contributions and limitations of	
	10	Psychoanalytic/psychodynamic	
	12	Humanistic	
	13	Existentialism	
	14	Transaction Analysis	
IV	**Behavioural and Cognitive Therapies**		**20**
	15	Cognitive Behavioural Therapy- The ABC Model – the phases in CBT – its applications	
	16	REBT: Key Concepts, Assumptions, Process of REBT: ABC DEF principle, Merits and Limitations	
	17	Cognitive techniques- thought stopping, thought scheduling, catastrophizing, consciousness raising, bibliotherapy, cognitive restructuring, miracle question	
	18	Behavioural techniques- systematic desensitization, assertiveness training, modelling, role-playing	
V	**Practicum** Conduct Workshops/Training that apply the principles of the major schools of Psychotherapy.		**30**
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	To familiarise with basic therapeutic approaches applicable in the field of social work	U	PSO-1,2
CO-2	To understand the key assumptions and therapeutic strategies associated with behavioural therapies	R, U	PSO-2,4,5
CO-3	To acquire knowledge and skill in therapeutic social work interventions.	Ap	PSO-2,5
CO-4	To analyse the integration of synthesis of diverse theoretical approaches in contemporary therapeutic practice.	An	PSO-4

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Therapeutic Interventions

Credits: 3:0:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1	To familiarise with basic therapeutic approaches applicable in the field of social work	PSO-1,2	U	F, C	L	
2	To understand the key assumptions and therapeutic strategies associated with behavioural therapies	PSO-2,4,5	R, U	P	L	
3	To acquire knowledge and skill in therapeutic social work interventions.	PSO-2,5	Ap	P	L	P

4	To analyse the integration of synthesis of diverse theoretical approaches in contemporary therapeutic practice.	PSO-4	An	M	L	P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO 1	**PSO 2**	**PSO 3**	**PSO 4**	**PSO 5**	**PSO 6**	**PO1**	**PO2**	**PO3**	**PO 4**	**PO5**	**PO6**
CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	-	1	-	-	-						
CO 4	-	-	2	3	-	-						

Correlation Levels:

Level	**Correlation**
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ / Seminar
- Midterm Exam
- Group Discussions
- Final Exam

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓

CO 3	✓			✓
CO 4		✓		✓

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54. DSE6-Elective3-CF6: Family Life Education

Discipline	SOCIAL WORK				
Course Code	UK6DSESWK311				
Course Title	FAMILY LIFE EDUCATION				
Type of Course	DSE				
Semester	VI				
Academic Level	Higher (300 – 399)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	To understand the concept of family as a social institution and the government efforts for strengthening the families.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Family life Education**		**8**
	1	Concept, Definition, Objectives, Need and importance of family life Education. Contemporary issues: Divorce, Domestic abuse, Drugs and alcohol, lack of communication and Finances.	
	2	Family life cycle	
	3	Family life education- in the current society.	
II	**Components of Family Life Education**		**12**
	4	Family Roles, Family economics and Family Communication	
	5	Pre and Post Marital Education	
	6	Parenting	

III	**Human sexuality**		**12**
	7	Male and female Reproductive systems	
	8	Functions of sex - Reproduction, procreation and Relational aspects of sex.	
	9	Concept of sex and sexuality; LGBTQ	
	10	An understanding of the physiological, psychological & social aspects of sexual development throughout the lifespan, so as to achieve healthy sexual adjustment.	
IV	**Family welfare programmes**		**13**
	11	Use of contraceptives, abortion, MTP act	
	12	Legal issues, policies and laws influencing the wellbeing of families.	
	13	Family welfare programmes	
V	**Fieldwork**		**30**
	14	To conduct awareness programmes in Community on positives of family life Preparing modules on Family Life Education Visit to KSACS, Suraksha project or agencies working in the field of LGBTQ+ Interaction with members of community and prepare a case study report on the problems and discrimination faced by LGBTQ+ Film Review on suitable Movie	

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understand the concept of family life education	U	PSO-1
CO-2	Understand the importance of Reproductive health in family life education	R, U	PSO-1
CO-3	Analyze the issues of family life	An	PSO-1,2
CO-4	Apply social work principles and practices in family life education for reaching diverse audiences.	Ap	PSO-,2,3,4
CO- 5	To apply the theoretical knowledge into the field setting.	**Ap**	PSO-4,5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Family Life Education

Credits:2:1:1 (Lecture:Tutorial:Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
CO-1	Understand the concept of family life education	PSO-1	U	F, C	**L**	
CO-2	Understand the importance of Reproductive health in family life education	PSO-1	R, U	P	**L**	
CO-3	Analyze the issues of family life	PSO-1,2	An	C	**L**	
CO-4	Apply social work principles and practices in family life education for reaching diverse audiences.	PSO-,2,3,4	Ap	C	T	
CO- 5	To apply the theoretical knowledge into the field setting.	PSO-4,5	Ap	P		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2	2	1	-	-	-	-						
CO 3	2	3		-	-	-						
CO 4	-	3	2	3	-	-						
CO 5	-	2	2	3	-	-						

Correlation Levels:

Level	Correlation

-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓	✓		✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓
CO 5		✓		✓

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SEMESTER 7

55. DSC18- Major12-Honours: Social Work Competencies

Discipline	SOCIAL WORK				
Course Code	UK7DSCSWK400				
Course Title	SOCIAL WORK COMPETENCIES				
Type of Course	**DSC** Major				
Semester	VII				
Academic Level	Capstone (400 – 499)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	The course covers essential aspects of social work, focusing on self-sustenance, diversity, policy practice, community empowerment, assessment, intervention, and evaluation. Students learn practical skills such as data visualization, ICT application, and community empowerment strategies. Through fieldwork, they apply their knowledge to assess community needs, develop interventions, and evaluate social development projects, culminating in comprehensive training to become effective social workers.				

Detailed Syllabus

Module	Unit	Content	Hrs
I		**Self-sustenance**	**11**
	1	Self-sustenance: Life skills management – Development of macro practising skills (Assessment skills, presentation of vignettes, TED talk, data visualization and use of social media) – Demonstration of innovative thinking	
	2	Digital applications: Concept of Social Work Informatics – Application of ICT (Information and Communication Technology) tools to gather and disseminate information – Digital strategy to spread	

		awareness by making use of IEC (Information, Education and Communication) training materials.	
II	**Diversity and policy practice**		**11**
	3	Diversity: Awareness of the dimensions of diversity – Well-being of diverse client groups – Practice strategies to attain equity and inclusion – Development of anti-oppressive approach based on strength-based perspective	
	4	Policy practice: Policy formulation at local level – Assessment of welfare programmes and social policies – Analysis of welfare services rendered for women by MGNREGS and Kudumbasree	
III	**Community empowerment**		**11**
	5	Database tools: Preparation of data base tools like KYN (Know Your Neighbourhood), SDB (Social Data Base) and Ethnographic Data Base (EDB) for developing community resource repositories. FGD: Analytic approach of FGD (Focus Group Discussion) for gathering local information – Development of template for demonstrating the sequence of steps in FDG – Networking to improve and standardize practice strategies	
	6	Capacity Building: Training – Mentorship – Promoting leadership – Team building – Development of planning and organizational skills	
	7	Process of capacity building: Assessment of current capacity, Define desired capacity, Identify needs and gaps, Develop objectives and strategies, Monitor and evaluate progress	
IV	**Assessment, intervention, evaluation**		**12**
	8	Assessment and intervention: Conceptual dimensions of assessment and decision-making – Assessment for selecting appropriate intervention strategies – Analysis of intervention processes – Demonstration of negotiation, mediation, and advocacy skills – Critical assessment of strengths, needs, and challenges of groups	
	9	Evaluation: Objectives of evaluation – Evaluation of intervention outcomes – Application of evaluation findings to improve practice effectiveness – Evaluation of social work practice in terms of research findings	
V	**Fieldwork**		30

	10	Practice in a Social Work Setting by conducting the following: ▪ Organize a training programme by making use of IEC training materials ▪ Prepare an assessment report on the needs and problems of a community in a template ▪ Frame rural community profile ▪ Evaluate the outcome of a social development project executed by a Grama Panchayat ▪ Gather information about a tribal community using the tool designed for Ethnographic Data Base (EDB)	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understand the concept of Social Work Informatics, principles of human rights, concept of diversity & professionalism	Understand	PSO-1,2
CO-2	Apply digital techniques like ICT, data base tools and FDG to mobilize data and disseminate information	Apply	PSO4
CO-3	Analyse welfare services, research findings and assessment data	Analyse	PSO3
CO-4	Evaluate intervention outcomes and social work practice in terms of research findings	Evaluate	PSO4

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course:

Credits: 2:1:1 (Lecture:Tutorial:Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
CO-1	Understand the concept of Social Work Informatics, principles of human rights, concept of diversity & professionalism	PSO-1,2	Understand	F, C	L/T	
CO-2	Apply digital techniques like ICT, data base tools and FDG to mobilize data and disseminate information	PSO4	Apply	P	L/T	
CO-3	Analyse welfare services, research findings and assessment data	PSO3	Analyse	P	L/T	
CO-4	Evaluate intervention outcomes	PSO4	Evaluate	P		P

	and social work practice in terms of research findings					

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO 1	**PSO 2**	**PSO 3**	**PSO 4**	**PSO 5**	**PSO 6**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO 1	1	-	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	-	1	-	-	-						
CO 4	-	-	2	3	-	-						

Correlation Levels:

Level	**Correlation**
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓

CO 4		✓		✓
CO 5				
CO 6				

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56. DSC18- Major12-Research: Research Methods in Social Work

Discipline	SOCIAL WORK				
Course Code	UK7DSCSWK401				
Course Title	RESEARCH METHODS IN SOCIAL WORK				
Type of Course	**DSC** Major				
Semester	VII				
Academic Level	Capstone (400 – 499)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	This advanced course in social work research delves into quantitative research strategies essential for evidence-based practice and policy development. Through exploration of philosophical foundations, research design, data collection, analysis techniques, and interpretation, students gain a comprehensive understanding of conducting rigorous quantitative research in social work. By mastering these skills, students are equipped to contribute to the advancement of social work practice through informed decision-making and effective dissemination of research findings.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	Philosophical Foundations of Quantitative Research in Social Work		15
	1	Overview of philosophical paradigms: Positivism and post positivism	
	2	Research Approaches: Quantitative Research, Qualitative Research and Mixed Methods Research Criteria for selecting Quantitative, qualitative and Mixed Research Approaches	
	3	Ethical issues in social work research; Institutional Review Boards	
	4	Overview of Research Process: - Identification and Formulation of Research Problem; Review of literature; data collection; data analysis and interpretation; Dissemination of findings	
	5	Components of a Research Proposal	
II	**Research Design and Sampling**		15

	6	Research designs: Explorative, Explanatory, Experimental and quasi-experimental designs; single subject designs; group research designs; survey research; longitudinal and cross-sectional research	
	7	Sampling: Universe/Population, sample, sampling- Probability and Non-Probability sampling	
	8	Issues of sampling bias, validity, and reliability in quantitative research	
III	**Data Collection Methods**		15
	9	Data collection methods - surveys, questionnaires, Interview Schedule, Rating Scales, structured interviews	
	10	Instrument development and validation: Measurement and tool construction: Levels of measurements; Reliability and Validity, Validation Procedures	
	11	Sources of data: Primary and secondary data; Utilizing secondary data sources in social work research	
IV	**Data Analysis Techniques**		15
	12	Quantitative Data Analysis: Data Analysis, Data Interpretation; Application of Computer Software for analysis of data - SPSS	
	13	Statistics: Functions; Descriptive and inferential statistical techniques Descriptive: Measures of Central Tendency and dispersion Inferential Statistics-parametric and non-parametric tests	
	14	Multivariate analysis methods (e.g., regression analysis, ANOVA, factor analysis)	
V	**Research Reports and dissemination of findings**		15
	15	Research Reports: Major components; Format and styles; Contents; Bibliography, referencing; Appendices	
	16	Communicating research results: Article for Professional Journals: APA Publication Manual Styles	
	17	Academic Integrity: Plagiarism; Ethical considerations in reporting and publishing research	**75**

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Demonstrate advanced understanding of quantitative research methodologies and their application to social work practice and policy.	U	PSO-1,2
CO-2	Critically evaluate quantitative research literature in social work, identifying strengths, limitations, and	U	1-2

	implications for practice.		
CO-3	Design and implement rigorous quantitative research studies in social work, including formulating research questions, selecting appropriate methods, and conducting data analysis.	A	3
CO-4	Apply advanced statistical techniques to analyze quantitative data sets relevant to social work research, interpreting findings accurately and ethically.	A	4
CO-5	Effectively communicate research findings to diverse audiences through written reports, presentations, and policy briefs, contributing to evidence-based practice and policy development in the field of social work	C	5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Research Methods in Social Work

Credits: 4:0:0 (Lecture: Tutorial: Practical)

CO No.	**CO**	**PO/PSO**	**Cognitive Level**	**Knowledge Category**	**Lecture (L)/Tutorial (T)**	**Practical (P)**
CO-1	Demonstrate advanced understanding of quantitative research methodologies and their application to social work practice and policy.	PSO-1,2	U	**F, C**	**L/T**	
CO-2	Critically evaluate quantitative research literature in social work, identifying strengths, limitations, and implications for practice.	PSO1-2	U	**P**	**T**	
CO-3	Design and implement rigorous quantitative research studies in social work, including formulating	PSO3	A		**T**	

	research questions, selecting appropriate methods, and conducting data analysis.					
CO-4	Apply advanced statistical techniques to analyze quantitative data sets relevant to social work research, interpreting findings accurately and ethically.	PSO 4	A		**T**	
CO-5	Effectively communicate research findings to diverse audiences through written reports, presentations, and policy briefs, contributing to evidence-based practice and policy development in the field of social work	PSO5	C			**P**

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	**PSO 2**	**PSO 3**	**PSO 4**	**PSO 5**	**PSO 6**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO 1	**1**	**-**	**-**	**-**	**-**	**-**						
CO 2	**2**	**3**	**-**	**-**	**-**	**-**						
CO 3	**-**	**1**	**1**	**-**	**-**	**-**						
CO 4	**1**	**-**	**2**	**3**	**-**	**-**						
CO 5	**1**	**1**	**2**	**3**	**-**	**-**						
CO 6	**-**	**-**	**-**	**-**	**-**	**-**						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Discussion / Seminar
- Midterm Exam
- Final Exam
- Paper Presentations at any state, national or international conference

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4	✓	✓		✓
CO 5	✓	✓		✓
CO 6				

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57. DSC19-Major-13-Honours: Project Planning and Management

Discipline	SOCIAL WORK				
Course Code	UK7DSCSWK402				
Course Title	PROJECT PLANNING AND MANAGEMENT				
Type of Course	**DSC Major**				
Semester	VII				
Academic Level	Capstone (400 – 499)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	The "Project Planning and Management" course covers essential aspects of projects like project planning, lifecycle-stages, key concepts like project identification and strategic planning, and practical skills in project selection and financial management. Students engage in hands-on training to apply tools such as the Logical Framework Approach and Work Breakdown Structure, enhancing decision-making for successful project outcomes in complex environments. By course completion, students gain the knowledge and experience needed to effectively implement projects from initiation to closure.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Fundamentals of Project Management**		**08**
		Fundamental Elements of Project Management: Definition, Relevance, Scope and Types of Projects, Relationship of Project	
		Program, Portfolio and Operations Management	
		Project Life Cycle	
II	**Project Initiation**		**07**
		Project Identification- Need-based project through people's participation- essential guiding principles Participatory Rural Appraisal (PRA) pillars, principles, tools/ methods	
		Values Guiding Project Management: Justice, Care, Solidarity, Project Charter, Components of project charter	
		Project Proposal Format: Steps involved in project proposal writing	

III	**Project Planning and Project Selection**		**15**
		Social Development Organisations: overview of Vision, mission, goal, objectives, activities and SWOC Analysis Types of planning: Organisational planning; Strategic planning; Operational planning and Project planning Results-based management (RBM) Logical Framework Approach (LFA) – Components of LFA and LFA Matrices, Creating Work Breakdown Structure (WBS) and Budgeting Financial Management: Basics of financial management and accounting; Project Management Information System (PMIS)	
IV	**Project Execution, Monitoring, Controlling and Closure**		**15**
		Project execution: Time-plan and inter-linkages of activities, estimation of resource estimation, Critical Path Method (CPM), Project Evaluation and Review Technique (PERT) Project Monitoring and Controlling: Purpose of Monitoring and Evaluation – Components of Monitoring and Evaluation System; Tools for Monitoring and Evaluation, Social Cost Benefit Analysis: Roles and functions of project manager Closure: Reports; Project report- Progress report, Project; evaluation report	
V	**Field Practicum**		**30**
		Hands-on Training on Participatory Rural Appraisal (PRA) Fund Raising management: Basic Principles and strategies Major Gift Programs: Strategies; Preparation for a Major Gifts Initiative - The Solicitation Interview; CSR and Fundraising; Cause-related marketing and Social Marketing Evaluation of Fundraising Plans and Process and Presentation of Fundraising Plan. Students will prepare a Fundraising Project Proposal for the rural area where they conducted the PRA	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Articulate the fundamental elements of project management, and the relationship between projects, programs, portfolios, and operations management, recognizing their interconnected roles within an organizational context.	U	PSO1
CO-2	Apply principles of need-based project identification	Ap	PSO3

	through active people's participation, incorporating Participatory Rural Appraisal (PRA) to gather comprehensive insights for project initiation		
CO-3	Apply the Logical Framework Approach (LFA) with a clear project vision, mission, goals, objectives, and activities, utilizing SWOC Analysis to enhance strategic decision-making.	C	PSO4
CO-4	Generate comprehensive project reports, including progress reports and project evaluation reports, demonstrating effective communication of project status and outcome and adopt appropriate tools and techniques for project monitoring and evaluation	C	PSO4
CO-5	Practise PRA in the field and develop and design project proposals and strategies for fundraising, ensuring sustainable project outcomes and successful resource allocation.	Ap	PSO4 PSO5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Project Planning and Management

Credits: 2:1:1 (Lecture: Tutorial: Practical)

CO No.	**CO**	**PO/PSO**	**Cognitive Level**	**Knowledge Category**	**Lecture (L)/Tutorial (T)**	**Practical (P)**
CO-1	Articulate the fundamental elements of project management, and the relationship between projects, programs, portfolios, and operations management, recognizing their interconnected roles within an organizational context.	PSO-1	Understand	C	L	
CO-2	Apply principles of need-based project identification	PSO-3	Apply	C	L, T	Prac

	through active people's participation, incorporating Participatory Rural Appraisal (PRA) to gather comprehensive insights for project initiation					
CO-3	Apply the Logical Framework Approach (LFA) with a clear project vision, mission, goals, objectives, and activities, utilizing SWOC Analysis to enhance strategic decision-making.	PSO-3 PSO-4	Create	P, M	L	P
CO-4	Generate comprehensive project reports, including progress reports and project evaluation reports, demonstrating effective communication of project status and outcome and adopt appropriate tools and techniques for project monitoring and evaluation	PSO-4	Create	C, P	L	
CO-5	Practise PRA in the field and develop and design project proposals and strategies for fundraising, ensuring sustainable project outcomes and	PSO-4 PSO-5	Apply	M	L, T	P

	successful resource allocation.					

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO 1	PSO 2	PSO 3	PSO4	PSO5	PSO 6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	1	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	1	-	1	-	-	-						
CO 4	-	1	2	3	-	-						
CO 5	-	1	2	2	-	-						
CO 6	-	-	-	-	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓			✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓
CO-5	✓	✓		

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58. DSC19-Major-13-Research: Advanced Social Work Research

Discipline	Social Work				
Course Code	UK7DSCSWK404				
Course Title	ADVANCED SOCIAL WORK RESEARCH				
Type of Course	**DSC** Major				
Semester	VII				
Academic Level	Capstone (400 – 499)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	This advanced course delves into the complexities of qualitative and mixed methods research in social work. Through theoretical exploration, hands-on practice, and critical analysis, students will develop advanced skills in designing, conducting, and analyzing qualitative and mixed methods studies. Ethical considerations, innovative research designs, and sophisticated data analysis techniques will be emphasized to prepare students for advanced research in social work.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Philosophical Foundations**		15
	1	Critical examination of advanced qualitative research paradigms: Constructivism, Participatory, Pragmatism; Feminist Research	
	2	Critique of positivist approaches to research and consideration of alternative paradigms relevant to social work	
	3.	Overview of steps in qualitative research: Conceptualizing qualitative studies, Designing qualitative studies, Methods of data collection, Data processing and analysis, Writing-up qualitative studies	
II	**Research Designs**		15
	4	Qualitative research designs: Narrative, Case study, Phenomenology, ethnography, Grounded theory and Participatory action research	

	5	Mixed Methods: Convergent parallel design, Sequential Explanatory, Sequential Exploratory, Sequential Transformative, Concurrent Triangulation, Concurrent Embedded, Concurrent Transformative	
III	**Methods & Techniques for sampling and data collection**		15
	6	Qualitative Sampling: Purposive sampling and snowball sampling	
	7	Mixed methods sampling: sequential sampling; concurrent sampling; purposeful sampling for integration	
	8	Qualitative methods and techniques for data collection: Interviews, Observation, Open-ended survey questions, narrative surveys, visual methods, reflective field notes, case studies, ethnography	
	9.	Other logical considerations; constant comparison, saturation	
	10.	Mixed Methods Research Techniques for Data Collection: Sequential Data Collection; Concurrent Data Collection; Triangulation	
IV	**Data analysis and report writing**		15
	11.	Qualitative Data Analysis: Process of data analysis -Transcribing the data, coding, categorising, writing memos and annotations; Different types of analysis Application of software - NVivo/Dedoose (Data analysis software) for data analysis	
	12.	Mixed methods data analysis: data triangulation, data transformation, joint displays, sequence analysis, concurrent analysis.	
V	**Ethical considerations and research reports**		15
	13	Ethical complexities and dilemmas in advanced qualitative and mixed methods research	
	14	Advanced techniques for integrating qualitative and quantitative data in mixed methods studies; Addressing challenges and limitations in designing and implementing innovative mixed methods approaches	
	15	Crafting scholarly research outputs, including journal articles, book chapters, and conference presentations.	
	16	Strategies for effectively communicating research findings to diverse audiences.	
	17	Peer review and publication processes in social work and related disciplines.	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Develop a comprehensive understanding of the philosophical foundations of qualitative research, and their implications for social work practice.	U	PSO-1,2
CO-2	Critically evaluate and apply advanced qualitative research methodologies in social work research.	U	1-2
CO-3	Design and implement innovative mixed methods approaches to address complex social issues	A	3
CO-4	Utilize advanced data analysis techniques to analyze and interpret complex qualitative and mixed methods data.	A	4
CO-5	Navigate ethical challenges and dilemmas inherent in advanced qualitative and mixed methods research.	C	5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Credits: 4:0:0 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
1	Develop a comprehensive understanding of the philosophical foundations of qualitative research, and their implications for social work practice.	PSO1	U	F, C	L, T	
2	Critically evaluate and apply advanced qualitative research methodologies in social work research.	PSO4	U	P	L, T	
3	Design and implement innovative mixed methods approaches to address complex	PSO4	A	P	L, T	

	social issues					
4	Utilize advanced data analysis techniques to analyze and interpret complex qualitative and mixed methods data.	PSO4	A	P	L, T	
5	Navigate ethical challenges and dilemmas inherent in advanced qualitative and mixed methods research.	PSO4	C	P		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	**PSO2**	**PSO3**	**PSO4**	**PSO5**	**PSO 6**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO 1	1	-	-	-	-	-						
CO 2	2	3	-	1	-	-						
CO 3	1	-	1	-	-	-						
CO 4	1	1	2	3	-	-						
CO 5	2	1	2	-	-	-						
CO 6	-	-	-		-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Discussion / Seminar
- Midterm Exam
- Final Exam
- Paper Presentations at any state, national and international conference

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓	✓		✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓
CO 5	✓			✓
CO 6				

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1. Braun, V., & Clarke, V. (2006). Using thematic analysis in psychology. Qualitative Research in Psychology, 3(2), 77-101.
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59. DSC20-Minor7-Project Management

Discipline	SOCIAL WORK				
Course Code	UK7DSCSWK403				
Course Title	PROJECT MANAGEMENT				
Type of Course	**DSC Minor**				
Semester	VII				
Academic Level	Capstone (400 – 499)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	The course on Project Planning and Management, providing students with a comprehensive understanding of fundamental concepts and skills in effective project management. Topics covered include project initiation, planning, execution, evaluation, financial management, and field practicum, enabling students to develop strategic decision-making abilities, generate comprehensive project reports, and implement fundraising strategies through practical training activities.				

Detailed Syllabus

Module	Unit	Content	Hrs
I		**Fundamentals of Project Management**	08
	1	Fundamental Elements of Project Management: Definition, Relevance, Scope and Types of Projects, Relationship of Project	
	2	Program, Portfolio and Operations Management	
	3	Project Life Cycle	
II		**Project Initiation**	10
	4	Project Identification- Need-based project through people's participation- essential guiding principles Overview of Participatory Rural Appraisal (PRA)	
	5	Values Guiding Project Management: Justice, Care, Solidarity, Project Charter, Components of project charter	

	6	Project Proposal Format: Steps involved in project proposal writing	
III	**Project Planning and Project Selection**		12
	7	Types of planning: Organisational planning; Strategic planning; Operational planning and Project planning	
	8	Logical Framework Approach (LFA) – Components of LFA and LFA Matrices	
IV	**Project Execution, Monitoring, Controlling and Closure**		15
	9	Project execution: Time-plan and inter-linkages of activities, estimation of resource estimation, Critical Path Method (CPM), Project Evaluation and Review Technique (PERT)	
	10	Project Monitoring and Controlling: Purpose of Monitoring and Evaluation – Components Tools for Monitoring and Evaluation, Closure: Reports; Project report- Progress report, Project; evaluation report	
V	**Field Practicum**		30
	11	Hands-on Training on Participatory Rural Appraisal (PRA) as part of SEC3 Fundraising management: Basic Principles and strategies Students will prepare a Project Proposal for the rural area where they conducted the PRA	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Articulate the fundamental elements of project management, and the relationship between projects, programs, portfolios, and operations management, recognizing their interconnected roles within an organizational context.	Understand	PSO1
CO-2	Apply principles of need-based project identification through active people's participation, incorporating Participatory Rural Appraisal (PRA) to gather	Apply	PSO3

	comprehensive insights for project initiation		
CO-3	Apply the Logical Framework Approach (LFA) with a clear project vision, mission, goals, objectives, and activities, utilizing SWOC Analysis to enhance strategic decision-making.	Create	PSO4
CO-4	Generate comprehensive project reports, including progress reports and project evaluation reports, demonstrating effective communication of project status and outcome and adopt appropriate tools and techniques for project monitoring and evaluation	Create	PSO4
CO-5	Practise PRA in the field and develop and design project proposals and strategies for fundraising, ensuring sustainable project outcomes and successful resource allocation.	Apply	PSO4 PSO5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Project Management

Credits: 2:1:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/ PSO	Cognitive Level	Knowledge Category	Lecture (L)/ Tutorial (T)	Practical (P)
CO-1	Articulate the fundamental elements of project management, and the relationship between projects, programs, portfolios, and operations management, recognizing their interconnected roles within an organizational context.	PSO-1	Understand	C	L	
CO-2	Apply principles of need-based project identification through active people's participation, incorporating Participatory Rural Appraisal (PRA) to gather	PSO-3	Apply	C	L, T	Prac

	comprehensive insights for project initiation					
CO-3	Apply the Logical Framework Approach (LFA) with a clear project vision, mission, goals, objectives, and activities, utilizing SWOC Analysis to enhance strategic decision-making.	PSO-3 PSO-4	Create	P, M	L	P
CO-4	Generate comprehensive project reports, including progress reports and project evaluation reports, demonstrating effective communication of project status and outcome and adopt appropriate tools and techniques for project monitoring and evaluation	PSO-4	Create	C, P	L	
CO-5	Practise PRA in the field and develop and design project proposals and strategies for fundraising, ensuring sustainable project outcomes and successful resource allocation.	PSO-4 PSO-5	Apply	M	L, T	P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO 1	**PSO 2**	**PSO 3**	**PSO4**	**PSO5**	**PSO 6**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO 1	1	-	1	-	-	-						
CO 2	2	3	-	1	-	-						
CO 3	-	1	1	2	-	-						
CO 4	-	1	2	3	-	-						

CO 5	-	1	3	-	-	-						
CO 6	-	-	-		-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓			✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓
CO-5	✓	✓		

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1. A Guide to the Project Management Body of Knowledge (PMBOK® Guide, (2017), Sixth edition. Project Management Institute.
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60. DSC21-Minor8-NGO Management

Discipline	SOCIAL WORK				
Course Code	UK7DSCSWK405				
Course Title	NGO MANAGEMENT				
Type of Course	**DSC** minor				
Semester	VII				
Academic Level	Capstone (400 – 499)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	This course covers foundational concepts in administration, organization and management along with specialized topics like public administration and human service administration. It delves into the ethical standards applicable to administrative roles. Participants learn about the nature, scope, principles, and functions of administration in human service contexts, as well as essential processes like planning, organizing, staffing, leading, reporting, budgeting, and evaluation within organizations. Additionally, the course explores the role and types of voluntary organizations, procedures for registration under relevant acts, and the practical aspects of administrative skills through fieldwork practicum and case studies on NGO challenge				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Administration of Human Service**		**7**
	1	Concepts - Administration, Organization, Management Administration as an art and science	
	2	Nature, Scope, Principles, and Functions of Administration of Human Service	
	3	Professional Ethics -Ethical Standards in Administration	
II	**Administration Process**		**15**
	4	Planning – Definition, characteristics, Principles, and steps Organizing- Fundamental principles, processes and steps	

	5	Staffing: Recruitment, Selection, Appointment, Orientation, Promotion, Appraisal. Directing/Leading -Teamwork (directing, coordinating), SWOC analysis Motivation-Significance, Theories.	
	6	Reporting-definition, types Budgeting and Evaluation-Types, Steps	
III	**Voluntary Organization: NGO's/NPO's**		**15**
	7	Voluntary Organization: Definition, Characteristics, Organogram, Functions and Principles	
	8	Role and Types of voluntary organizations	
	9	Procedures of registration: -Societies Registration Act, Trust Act, Companies Act 1956 - Salient features and its relevance. (recent developments) Other Acts pertaining to NGOS: Foreign Contributions Regulation Act 2010, Foreign Exchange Management Act 2010; Income Tax Rules and Regulations; Board and Executive Relations Annual auditing: Financial Reporting Standards	
IV	**Organisational Behaviour**		**8**
	10	Organisational Behaviour-Individual/Group; Leadership- Types &theories	
	11	Organisational Communication; Organisational Change	
	12	Organizational Culture- Diversity and Inclusion	
	13	Organization development - Process, approaches and strategies	
	14	Organizational policy- Designing of Organizational Policies; Relevance	
V	**Fieldwork Practicum-Administrative Skills Training**		**30**
	14	Prepare a document for NGO registration – MOA, by-laws and rules and regulations	
	15	Preparation of communication materials related to NGOs – brochure of the NGOS, writing letters, reports, conducting meetings, and minutes (documentation and reporting)	
	17	Resource mobilization and management (Fundraising and Material), Public Relations and Networking, Social Marketing and Advocacy	
	18	Case Study of a NGO relating to administrative process	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Gain an understanding the basic concepts of Administration in Human Service Organisations	U	PSO-1,2
CO-2	Recognise the administration process such as the POSCORB.	R, U	PSO-2
CO-3	Acquire the information about the legal framework of the Voluntary organisations registration process.	R, U	PSO-2
CO-4	Understand the process of Organisational Behaviour	Ap, An	PSO-3
CO-5	Demonstrate the Administrative Skills in Human Service Organisations	Ap	PSO-4

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: NGO Management

Credits: 2:1:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
CO-1	Gain an understanding the basic concepts of Administration in Human Service Organisations	PSO-1,2	U	F, C	L	
CO-2	Recognise the administration process such as the POSCORB.	PSO-2	R, U	P	L	
CO-3	Acquire the information about the legal framework of the Voluntary organisations.	PSO-2	R, U	F, C	L	
CO-4	Understand the process of Organisational Behaviour	PSO-3	Ap, An	C	L	
CO-5	Demonstrate the Administrative Skills in Human Service Organisations	PSO-4	Ap	P		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO 6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	1	-	-	-						
CO 2	2	3	-	2	-	-						
CO 3	1	1	1	2	-	-						
CO 4	3	-	2	3	-	-						
CO 5	3	1	2	-	-	-						
CO 6	-	-	-	-	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓	✓		✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓
CO 5				✓

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61. DSC22-Minor9-Social Entrepreneurship and CSR

Discipline	SOCIAL WORK				
Course Code	UK7DSCSWK406				
Course Title	SOCIAL ENTREPRENEURSHIP AND CSR				
Type of Course	**DSC Minor**				
Semester	VII				
Academic Level	Capstone (400 – 499)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	The course on Social Entrepreneurship and Social Innovation delves into the concepts and principles of entrepreneurship and innovation, specifically focusing on social entrepreneurship and social capital. Students will explore the characteristics and functions of social entrepreneurs, learn about key areas of social entrepreneurship such as education and health, and understand the theories and processes behind social innovation. Through hands-on training and fieldwork, students will develop and present viable social innovation and entrepreneurship projects for rural communities, aiming to drive social change and development.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Social Entrepreneurship**		**10**
	1	Concept of entrepreneurship, social entrepreneurship and social capital	
	2	Type of entrepreneurship	
	3	Characteristics and functions of a Social entrepreneur, principles of social entrepreneurship	

	4	Social entrepreneurship for social change and development	
II	**Social innovation**		**10**
	5	Defining social innovation and its core principles.	
	6	Understanding the difference between social and technological innovation	
	7	**Theories of Social Innovation:** Social change theories and their connection to innovation, models of social innovation (e.g., hybrid organizations, social businesses).	
	8	The Social Innovation Process: Stages of social innovation development	
	9	Future of Social Innovation: Emerging trends and challenges in the social innovation landscape	
III	**Social Entrepreneurship Models**		**15**
	10	**Incubators:** Ashoka Foundation of Bill Drayton, Skoll Foundation of Jeff Skoll (USA), Villgro	
	11	AMUL, GOONJ, SELCO, SEWA	
	12	AKSHAYA PATRA FOUNDATION	
	13	KUDUMBASREE, SEED	
IV	**Programs and Policies for Social Entrepreneurship and Innovation**		**10**
	14	Start-up India - Pradhan Mantri Mudra Yojana - Atal Innovation Mission	
	15	MSME Act - Institutional Innovation Council - National Innovation Council	
	16	Make In India Campaign 2014 - Social Innovation Immersion Programme (SIIP) - BIRAC Sparsh –	

	17	National policy for skill development and Entrepreneurship 2015	
V	**Fieldwork**		**30**
	19	Hands-on Training on Social Innovation and Social Entrepreneurship	
	20	Students will practise social innovation and social entrepreneurship tools and techniques to identify the needs or problems of the rural area. They will prepare a detailed model of social innovation and social entrepreneurship viable projects for the rural area.	
	21	Students will prepare one social innovation project and one social entrepreneurship project for the rural area.	
			75

Course Outcomes

No.	**Upon completion of the course the graduate will be able to**	**Cognitive Level**	**PSO addressed**
CO-1	Understand the concepts of entrepreneurship, and social capital, and recognize their significance in driving social change and development through social entrepreneurship.	Understand	PSO-1
CO-2	Understand the concept of social innovation and its role in addressing complex social challenges, acquire knowledge of various social innovation models and approaches, and learn practical tools and techniques for designing and implementing social innovation initiatives.	Understand	PSO-1
CO-3	Analyse and evaluate case studies of social entrepreneurship, develop a deep understanding of the strategies, challenges, and impacts of social entrepreneurship initiatives	Evaluate	PSO-3 PSO-4
CO-4	Comprehend and analyze various programs and policies for social entrepreneurship and innovation, acquire a comprehensive understanding of the objectives, mechanisms, and impacts of these programs and policies.	Apply	PSO-4 PSO-5
CO-5	Practise social innovation and social entrepreneurship in the field and develop and design project proposals and	Create	PSO-4

	strategies for social innovation and social entrepreneurship.		PSO-5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Social Entrepreneurship and Innovation

Credits: 2:1:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/ PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
CO-1	Understand the concepts of entrepreneurship, and social capital, and recognize their significance in driving social change and development through social entrepreneurship.	PSO -1	Understand	F, C	L	
CO-2	Understand the concept of social innovation and its role in addressing complex social challenges, acquire knowledge of various social innovation models and approaches, and learn practical tools and techniques for designing and implementing social innovation initiatives.	PSO -1	Understand	P	L	
CO-3	Analyse and evaluate case studies of social entrepreneurship, develop a deep understanding of the strategies, challenges, and impacts of social entrepreneurship initiatives	PSO -3 PSO -4	Evaluate	P	L	
CO-4	Comprehend and analyze various programs and policies for social entrepreneurship and innovation, acquire a comprehensive	PSO -4 PSO -5	Apply	P,M	L	

	understanding of the objectives, mechanisms, and impacts of these programs and policies.					
CO-5	Practise social innovation and social entrepreneurship in the field and develop and design project proposals and strategies for social innovation and social entrepreneurship.	PSO -4 PSO -5	Create	E	L, T	P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO 1	**PSO 2**	**PSO 3**	**PSO4**	**PSO5**	**PSO 6**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO 1	1	1	-	-	-	-						
CO 2	2	3	-	-	-	-						
CO 3	-	2	1	2	-	-						
CO 4	-	-	2	3	-	-						
CO 5	1	1	2	2	-	-						
CO 6	-	-	-	-	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Programming Assignments

- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4		✓		✓
CO 5		✓		✓
CO 6			✓	

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18. Phills Jr, J. A., Deiglmeier, K., & Miller, D. T. (2008). Rediscovering Social Innovation. Stanford Social Innovation Review.
19. Westley, F., Antadze, N., & Hyde, P. (2018). Making a Real Difference. Stanford Social Innovation Review.

SEMESTER 8

62. DSE7-Elective1-CD7: Social Entrepreneurship and Innovation

Discipline	SOCIAL WORK				
Course Code	UK8DSESWK400				
Course Title	SOCIAL ENTREPRENEURSHIP AND INNOVATION				
Type of Course	**DSE**				
Semester	VIII				
Academic Level	Capstone (400 – 499)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	This course on Social Entrepreneurship provides an in-depth exploration of the principles, models, and applications of social innovation and entrepreneurship. Students will learn about social entrepreneurship and its role in social change and development. They will examine key areas of social entrepreneurship, such as education, healthcare, agriculture, and affordable housing. The course covers theories of social innovation and its historical evolution, as well as practical aspects including the social innovation process, effective team building, financing and resource mobilization, and evaluating the sustainability of social innovation initiatives. Additionally, students will engage in hands-on training, applying social innovation tools and techniques to develop viable projects for rural areas.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Social Entrepreneurship**		**10**
	1	Concept of entrepreneurship, social entrepreneurship and social capital	

	2	Type of entrepreneurship	
	3	Characteristics and functions of a Social entrepreneur, principles of social entrepreneurship: Servant leadership, Perseverance to face challenges, urges to Experiment, Changemakers, social Mission, Empowerment and Collaboration (SPEC MEC)	
	4	Social entrepreneurship for social change and development Key areas of Social Entrepreneurship: Education, Health, Agriculture, Affordable Housing, Energy, Livelihood, water and sanitation, and financial inclusion	
II	**Social innovation**		**10**
	5	Defining social innovation and its core principles.	
	6	Understanding the difference between social and technological innovation, Historical context and evolution of social innovation	
	7	**Theories of Social Innovation:** Social change theories and their connection to innovation, models of social innovation (e.g., hybrid organizations, social businesses).	
	8	The Social Innovation Process: Stages of social innovation development (ideation, prototyping, scaling), Building effective teams for social impact, Financing and resource mobilization for social ventures. Evaluating the effectiveness and sustainability of social innovation initiatives.	
	9	Future of Social Innovation: Emerging trends and challenges in the social innovation landscape, the role of technology and digital innovation in addressing social needs, fostering social innovation through collaboration and partnerships.	
III	**Social Entrepreneurship Models**		**15**
	10	**Incubators:** Ashoka Foundation of Bill Drayton, Skoll Foundation of Jeff Skoll (USA), Villgro	
	11	AMUL, GOONJ, SELCO, SEWA	
	12	AKSHAYA PATRA FOUNDATION	
	13	KUDUMBASREE, SEED	

	14	GREENWAY GRAMEEN INFRA	
	15	THANAL	
IV	**Programs and Policies for Social Entrepreneurship and Innovation**		**10**
	16	Start-up India - Pradhan Mantri Mudra Yojana - Atal Innovation Mission	
	17	MSME Act - Institutional Innovation Council - National Innovation Council	
	18	Make In India Campaign 2014 - Social Innovation Immersion Programme (SIIP) - BIRAC Sparsh –	
	19	National policy for skill development and Entrepreneurship 2015	
V	**Fieldwork**		**30**
	20	Hands-on Training on Social Innovation and Social Entrepreneurship	
	21	Students will practise social innovation and social entrepreneurship tools and techniques to identify the needs or problems of the rural area. They will prepare a detailed model of social innovation and social entrepreneurship viable projects for the rural area.	
	22	Students will prepare one social innovation project and one social entrepreneurship project for the rural area.	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Understand the concepts of entrepreneurship, and social capital, and recognize their significance in driving social change and development through social entrepreneurship.	Understand	PSO-1

CO-2	Understand the concept of social innovation and its role in addressing complex social challenges, acquire knowledge of various social innovation models and approaches, and learn practical tools and techniques for designing and implementing social innovation initiatives.	Understand	PSO-1
CO-3	Analyse and evaluate case studies of social entrepreneurship, develop a deep understanding of the strategies, challenges, and impacts of social entrepreneurship initiatives and apply critical thinking skills to identify key factors for success in addressing social issues and driving positive social change.	Evaluate	PSO-3 PSO-4
CO-4	Comprehend and analyze various programs and policies for social entrepreneurship and innovation, acquire a comprehensive understanding of the objectives, mechanisms, and impacts of these programs and policies, and develop the ability to assess their effectiveness in promoting social entrepreneurship, innovation, and skill development for social and economic development.	Apply	PSO-4 PSO-5
CO-5	Practise social innovation and social entrepreneurship in the field and develop and design project proposals and strategies for social innovation and social entrepreneurship.	Create	PSO-4 PSO-5

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Social Entrepreneurship and Innovation

Credits: 2:1:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/ PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
CO-1	Understand the concepts of entrepreneurship, and social capital, and recognize their significance in driving social change and development through social entrepreneurship.	PSO-1	Understand	F, C	L	
CO-2	Understand the concept of social innovation and its	PSO-1	Understand	P	L	

	role in addressing complex social challenges, acquire knowledge of various social innovation models and approaches, and learn practical tools and techniques for designing and implementing social innovation initiatives.					
CO-3	Analyse and evaluate case studies of social entrepreneurship, develop a deep understanding of the strategies, challenges, and impacts of social entrepreneurship initiatives and apply critical thinking skills to identify key factors for success in addressing social issues and driving positive social change.	PSO-3 PSO-4	Evaluate		L	
CO-4	Comprehend and analyze various programs and policies for social entrepreneurship and innovation, acquire a comprehensive understanding of the objectives, mechanisms, and impacts of these programs and policies, and develop the ability to assess their effectiveness in promoting social entrepreneurship, innovation, and skill development for social and economic development.	PSO-4 PSO-5	Apply		L	
CO-5	Practise social innovation and social entrepreneurship in the field and develop and design project proposals and strategies for social	PSO-4 PSO-5	Create		L, T	P

	innovation and social entrepreneurship.					

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO 1	PSO 2	PSO 3	PSO4	PS O5	PSO 6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	1	-	-	-						
CO 2	2	3	2	-	-	-						
CO 3	-	1	1	-	-	-						
CO 4	1	1	2	3	-	-						
CO 5	1	1	2	-	-	-						
CO 6	-	-	-	-	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓	✓		✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓

CO 5	✓			✓
CO 6				

REFERENCES:

1. Austin, J., Stevenson, H., & Wei-Skillern, J. (2006). Social and Commercial Entrepreneurship: Same, Different, or Both? Entrepreneurship Theory and Practice, 30(1), 1-22.
2. Bornstein, D. (2007). How to Change the World: Social Entrepreneurs and the Power of New Ideas. Oxford University Press.
3. Brown, T. (2008). Design thinking. Harvard Business Review, 86(6), 84-92.
4. Christensen, C. M. (1997). The Innovator's Dilemma: When New Technologies Cause Great Firms to Fail. Harvard Business Review Press.
5. Coleman, J. S. (1988). Social Capital in the Creation of Human Capital. American Journal of Sociology, 94, S95-S120.
6. Crane, A., Matten, D., & Spence, L. J. (2019). Corporate Social Responsibility: Readings and Cases in a Global Context. Routledge.
7. Dees, J. G. (2001). The Meaning of "Social Entrepreneurship." Stanford Social Innovation Review, 1(1), 28-39.
8. Galbraith, B., & Molinari, F. (2014). Social Innovation and Entrepreneurship Case Studies, Practices and Perspectives. Paperback.
9. Goldsmith, S. (2010). The Power of Social Innovation: How Civic Entrepreneurs Ignite Community Networks for Good (1st ed.).
10. Hart, S. L., & Milstein, M. B. (2003). Creating Sustainable Value. Academy of Management Perspectives, 17(2), 56-67.
11. Khanka, S. S. (2009). Entrepreneurship in India: Perspective and Practice. Akansha Publishing House.
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13. Mair, J., & Marti, I. (2006). Social entrepreneurship research: A source of explanation, prediction, and delight. Journal of World Business, 41(1), 36-44.
14. Martin, R. L., & Osberg, S. (2007). Social entrepreneurship: The case for definition. Stanford Social Innovation Review, 5(2), 28-39.
15. Mulgan, G. (2010). The process of social innovation. Innovations: Technology, Governance, Globalization, 5(2), 145-162.
16. Mulgan, G., Tucker, S., Ali, R., & Sanders, B. (2007). Social innovation: What it is, why it matters and how it can be accelerated. The Young Foundation.
17. Nicholls, A., & Murdock, A. (2012). Social innovation: Blurring boundaries to reconfigure markets. Palgrave Macmillan.
18. Phills Jr, J. A., Deiglmeier, K., & Miller, D. T. (2008). Rediscovering Social Innovation. Stanford Social Innovation Review.
19. Westley, F., Antadze, N., & Hyde, P. (2018). Making a Real Difference. Stanford Social Innovation Review.

63. DSE7-Elective2-MP7: Advanced Therapeutic Interventions

Discipline	SOCIAL WORK				
Course Code	UK8DSESWK401				
Course Title	ADVANCED THERAPEUTIC INTERVENTIONS				
Type of Course	DSE				
Semester	VIII				
Academic Level	Capstone (400 – 499)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	The course provides students with a comprehensive overview of psychotherapeutic principles and practices within the context of social work. Through modules covering the introduction to psychotherapy, schools of psychotherapy, types of interventions, therapeutic approaches, and settings, students will gain a deep understanding of the theoretical foundations and practical applications of therapeutic interventions. They will explore various therapeutic modalities, including individual, group, family, and community-based approaches, while examining the cultural, social, and systemic factors that shape intervention selection and implementation. By engaging in case studies, role-playing exercises, and discussions, students will develop the skills necessary to effectively engage with diverse client populations and address a wide range of presenting issues in clinical, school-based, and community mental health settings. This course equips students with the knowledge and competencies needed to deliver ethical, evidence-based, and culturally responsive therapeutic interventions, empowering them to make meaningful contributions to the well-being of individuals, families, and communities.				

Detailed Syllabus:

Module	Unit	Content	Hrs
I	**Therapies with clients with substance abuse issues**		**12**
	1	Solution Focussed Brief Therapy (SEBT)	
	2	Motivational Enhancement Therapy (MET)	

II	**Art Therapy**		**11**
	3	Play Therapy	
	4	Psychodrama	
	5	Art	
III	**Therapy in the Context of Family and Children**		**11**
	6	Family Therapy- Concepts and Techniques	
	7	Different Models of Family Therapy	
	8	Special Techniques (Behaviour Modification Techniques) for developmental internalizing and externalizing disorders	
IV	**Mind-Body Medicine**		**11**
	9	Mind-Body Medicine: the Mind-Body connection – Yoga, Meditation and Mindfulness	
V	**Practicum**		**30**
	Conduct Workshops/Training/Role Plays that apply the principles of the major schools of Psychotherapy. Practice in a Psychiatric Social Work Setting which applies Therapeutic techniques		
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	To understand the theoretical foundations of various therapeutic interventions utilized in social work practice	U	PSO-1,2
CO-2	To understand the assessments to identify client needs and determine appropriate therapeutic interventions	R, U	PSO-2,4,5
CO-3	To demonstrate the application of different therapies	Ap	PSO-2,5
CO-4	To analyse the integration of synthesis of diverse theoretical approaches in contemporary therapeutic practice	An	PSO-4

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Advanced Therapeutic Interventions

Credits: 3:0:1 (Lecture: Tutorial: Practical)

CO No.	CO	PO/PSO	Cognitive Level	Knowledge Category	Lecture (L)/Tutorial (T)	Practical (P)
CO-1	To understand the theoretical foundations of various therapeutic interventions utilized in social work practice	PSO-1,2	U	F, C	L	
CO-2	To understand the assessments to identify client needs and determine appropriate therapeutic interventions	PSO-2,4,5	R, U	P	L	
CO-3	To demonstrate the application of different therapies	PSO-2,5	Ap	P	L	P
CO-4	To analyse the integration of synthesis of diverse theoretical approaches in contemporary therapeutic practice	PSO-4	An	M	L	

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs:

	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PO 1	PO2	PO3	PO4	PO5	PO6
CO 1	1	-	-	-	-	-						
CO 2	2	3	2	-	-	-						

CO 3	-	1	1	2	-	-						
CO 4	-	1	2	3	-	-						
CO 5	1	1	-	2	-	-						
CO 6	-	-	-	-	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ / Seminar
- Midterm Exam
- Group Discussions
- Final Exam

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓	✓		✓
CO 3	✓			✓
CO 4	✓	✓		✓
CO 5				✓
CO 6				

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64. DSE7-Elective3-CF7: Family Social Work

Discipline	SOCIAL WORK				
Course Code	UK8DSESWK402				
Course Title	FAMILY SOCIAL WORK				
Type of Course	**DSE**				
Semester	VIII				
Academic Level	Capstone (400 – 499)				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours/Week
	4	3		2	5
Pre-requisites					
Course Summary	The course delves into the complexities of family dynamics, covering topics such as the nature of family, modern family structures, marriage, and family resilience. Students explore the principles and values of family social work, along with the roles and skills required of family social workers. They learn about family counselling and therapy approaches, including systemic, solution-focused, structural, cognitive-behavioural, and integrated approaches, preparing them to conduct workshops and apply these therapies effectively in the field.				

Detailed Syllabus

Module	Unit	Content	Hrs
I	**Family**		10
	1	Meaning, nature, functions, family as a social system, Socialization with the family	
	2	The modern family- features of modern family and instability of modern family	
	3	Joint family: Meaning, characteristics, merits and demerits	
	4	Marriage: Meaning, forms of marriage, Marriage and family problems in India, psychology of present family, family resiliency, changing families and relationships.	
II	**Family Social Work**		12
	5	Definition, importance, Process of family social work; Principles and values of Family social work; roles of family social worker	
III	**Family counselling and therapy**		10

	6	Family Counselling and family therapy as tools of family social work	
	7	The stages of family therapy process	
	8	Skills of a family social worker	
IV	**Approaches in Family therapy**		13
	10	Systemic family therapy	
	11	Solution focused and strategic family therapy	
	12	Structural family therapy	
	13	Cognitive behavioral family therapy	
	14	Integrated approach to family therapy	
V	**Fieldwork**		30
	15	Conduct workshops/role-plays for various therapies. (Solution focused family therapy, CBT, etc.) Practice in a Psychiatric/Family Social Work Setting which applies Therapeutic techniques	
			75

Course Outcomes

No.	Upon completion of the course the graduate will be able to	Cognitive Level	PSO addressed
CO-1	Demonstrate an understanding of the various dimensions of family dynamics, including its nature, functions, and contemporary challenges, and apply this knowledge to analyze and address issues within familial systems.	U	PSO-1
CO-2	Apply principles and values of family social work in diverse contexts, exhibiting proficiency in roles such as counselor, mediator, and advocate, to facilitate positive change and enhance family well-being.	R, U	PSO-1
CO-3	Utilize a range of family counseling and therapy techniques, including systemic, solution-focused, and cognitive-behavioral approaches, to effectively engage with families and promote constructive relationships and problem-solving.	An	PSO-,2,3
CO-4	Critically evaluate the stages and processes of family therapy, demonstrating the ability to assess family dynamics, formulate interventions, and adapt therapeutic strategies to meet the	Ap	PSO-2,3,4

	unique needs of each family unit.		
CO-5	Engage in practical fieldwork activities, such as conducting workshops on various therapy approaches, demonstrating competency in applying theoretical knowledge to real-world scenarios and contributing to the advancement of family social work practice.	**E**	PSO-1,2

R-Remember, U-Understand, Ap-Apply, An-Analyse, E-Evaluate, C-Create

Name of the Course: Family Social Work

Credits: 2:1:1 (Lecture: Tutorial: Practical)

CO No.	**CO**	**PO/ PSO**	**Cognitive Level**	**Knowledge Category**	**Lecture (L)/ Tutorial (T)**	**Practical (P)**
CO-1	Demonstrate an understanding of the various dimensions of family dynamics, including its nature, functions, and contemporary challenges, and apply this knowledge to analyze and address issues within familial systems.	PSO-1	U	F, C	**L**	
CO-2	Apply principles and values of family social work in diverse contexts, exhibiting proficiency in roles such as counselor, mediator, and advocate, to facilitate positive change and enhance family well-being.	PSO-1	R, U	C,P	**L**	
CO-3	Utilize a range of family counseling and therapy techniques, including systemic, solution-focused, and cognitive-behavioral approaches, to effectively engage with families and promote	PSO-,2,3	An	C,P	**L**	

	constructive relationships and problem-solving.					
CO-4	Critically evaluate the stages and processes of family therapy, demonstrating the ability to assess family dynamics, formulate interventions, and adapt therapeutic strategies to meet the unique needs of each family unit.	PSO-2,3,4	Ap	C,P	T	
CO-5	Engage in practical fieldwork activities, such as conducting workshops on various therapy approaches, demonstrating competency in applying theoretical knowledge to real-world scenarios and contributing to the advancement of family social work practice.	PSO-1,2	**E**	P		P

F-Factual, C- Conceptual, P-Procedural, M-Metacognitive

Mapping of COs with PSOs and POs :

	PSO1	**PSO2**	**PSO3**	**PSO4**	**PSO5**	**PSO6**	**PO1**	**PO2**	**PO3**	**PO4**	**PO5**	**PO6**
CO 1	1	-	1	-	-	-						
CO 2	2	1	-	-	-	-						
CO 3	1	3	2	-	-	-						
CO 4	1	1	2	3	-	-						
CO 5	1	1	2	3	-	-						

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Programming Assignments
- Final Exam

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓	✓		✓
CO 3	✓	✓		✓
CO 4	✓	✓		✓
CO 5	✓			✓

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12. FIELDWORK PRACTICUM

Fieldwork Practicum forms an integral and pivotal part of the social work training. While classroom education provides the theoretical basis, fieldwork provides an opportunity to apply what has been learned in class to real life issues and problems. Fieldwork therefore, acts as a social laboratory where the learners experiment judiciously and ethically under supervision of faculty and agency supervisors.

11.1. Components of Fieldwork Practicum

Fieldwork hour requirement of minimum 1000 hours is considered mandatory. Every course offered by the Social Work discipline has a fieldwork/practical component. The last module comprising one credit or 30 hours of practicals/fieldwork is dedicated to fieldwork. In addition, there is one course in the 6th semester (12 credit-360 hours) which is entirely dedicated to practicals. There are also 3 internship opportunities, one in the 4th (2 credits-60 hours) and one each in 5th and6th semester (Total of 12 credit-360 hours). For Double Major pathways an additional 14-17 credits of internship is held mandatory and fieldwork hours may be distributed differently. Please see Section 6 for more details.

SEMESTER 1

Sem	TYPE	COURSE	Fieldwork Particulars	Credits	Hours
1	DSC1-Major1	Introduction to professional social work	Orientation on fieldwork Report writing workshop Exposure Visit- Conduct exposure visits to five agencies in different social work settings.	1	30
1	DSC2-Minor1	Social analysis for development	Hands-on Training on Social Analysis: Film and Documentary Screening Community Profile: The students will prepare a community profile focussing on the power structures and systems approaches.	1	30
1	DSC3-Minor2	Professional social work	Social work exposure activities- e.g. agency visits, participation in social work seminar, expo, camp activities etc.	1	30

1	MDC1-O1	Community immersion	Experience community immersion by camping in a rural/ tribal community. Or Undertake community immersion activities in your own locality.	1	30
1	MDC1-O2	Sustainable development	Assessment of indicators of SDGs in a Community Community Visit and Data Collection Report preparation on SDGs	1	30

SEMESTER 2

Sem	TYPE	COURSE	Fieldwork Practicum articulars	Credits	Hours
2	DSC4-Major2	Psychology for social work	• Sample Case Assessments based on Biopsychosocial Model. • Observation and Interviews of different stages of development using prepared Checklist and Questionnaires (should be provided by the teachers). • Work with older adults in assisted living facilities to implement memory-strengthening activities and cognitive stimulation programs. • Apply psychosocial theories, such as Erikson's stages of development, to conduct life span assessments or assess basic individual needs and motivation using Maslow's Hierarchy of Needs. • Engage in developmental screenings and assessments for infants and toddlers (from neighbourhood) by collaborating with school counsellors, Anganwadi teachers and other interdisciplinary teams involved in early childhood development.	1	30
2	DSC5-Minor3	Social work methods	• Undertake Case studies, group activities and community sensitization activities in community. • Organize a community program in a nearby school.	1	30
2	DSC6-Minor4	Psychological Analysis for Social Work	• Using Assessment Frameworks • Analysis of Self using various theories of development and development stages • Analysis of at least 2 persons using various theories of development and development stages.	1	30
2	MDC2-O1	Group dynamics	• Conduct group activities sessions (agency based or at community level) to understand group dynamics. • Arrange group discussion sessions, interdepartmental activities like debates, forums etc. to experience group dynamics.	1	30

			• Arrange group discussion sessions, interdepartmental activities like debates, forums etc. to experience group dynamics.		
2	MDC2-O2	Transforming social behaviour	• Design and conduct a basic survey or case study to understand any three of the concepts above. Associate the study to the implementation of a welfare programme by government or non-governmental agency.	1	30

SEMESTER 3

Sem	TYPE	COURSE	Fieldwork Particulars	Credits	Hours
3	DSC7-Major 3	Working with communities	Practice in Community- Study needs, Organize, Plan and Intervene or Participatory Rural Appraisal (PRA), Rural Camp.	1	30
3	DSC8-Minor 5	Social work competencies	• Organize a training programme by making use of IEC training materials. • Prepare an assessment report on the needs and problems of a community in a template • Frame rural community profile • Evaluate the outcome of a social development project executed by a Grama Panchayat • Gather information about a tribal community using the tool designed for Ethnographic Data Base (EDB)	1	30
3	DSC9-Minor 6	Community immersion	Experience community immersion by camping in a rural/ tribal community.	1	30
3	DSE1-E1 – CD1	Sustainable Development	**Development Indicators Assessment**: Conduct a survey or community assessment to identify key indicators of development and underdevelopment in a local community. Analyze the findings to understand the community's strengths and challenges. **Paradigm Shifts Observation**: Explore local initiatives or programs that reflect paradigm shifts in development indicators, such as projects focused on social development, human development, sustainable development, or gender development. Interview community members and organizers to understand the impact and effectiveness of these initiatives. **Gender and Development Analysis**: Investigate gender dynamics within the community and how they intersect with development efforts. Engage in discussions with community members, particularly women, to understand their experiences and perspectives on development issues. **Sustainable Development Practices Observation**: Visit sites within the community where sustainable development practices are implemented, such as solar energy installations, community gardens, or water	1	30

			conservation projects. Document these practices and assess their effectiveness in promoting sustainability.		
3	DSE1-E2-MP1	Health Care Administration	Observation visits to PHC /CHC/FHC, Taluk Hospital, District Hospital, Medical College, ICT Centres, Anganwadi.	1	30
3	DSE1-E3-CF1	Child care & development	Field placement in any child care centres to practice the skills, techniques and tools while working with children.	1	30
3	VAC1- O1	Sustainability Consciousness	Plan and executive a programme/campaign to promote sustainability consciousness A Personal project to improve your sustainability consciousness	1	30
3	VAC1- O2	Personal Health Development	· Creating Plan, Practicing Mindfulness, Yoga, Breathing and Relaxation techniques · Conducting a personal development session	1	30
3	SEC1-O2	Computer Applications	· Editing a large word document · Working on spreadsheet data · Preparing an attractive ppt · Collaborative working using google suite	2	60
3	MDC3	Working with Communities	· Practice in Community- Study needs, Organize, Plan and Intervene OR Participatory Rural Appraisal (PRA) OR Rural Camp	1	30

SEMESTER 4

Sem	TYPE	COURSE	Fieldwork Particulars	Credits	Hours
4	DSC10-MAJOR 4	Working with Individuals	Roles and Responsibilities of the Social Case Worker in multiple settings: School, Counselling centres, De-addition, Family Court, Sureksha home.	1	30
4	DSC11-MAJOR 5	Sociology and economics for social work	Film and Documentary Screening Students will be accompanied to five villages to do a social analysis of the villages. A Transect Walk, Timeline, Trend analysis and Problem Analysis will be carried out by the students in five villages. The presentations of the information depicted in the charts will be done by the students Community Profile: The students will prepare a community profile focussing on the power structures	1	30
4	DSE2-E1-CD2	Community Health	Visit to FHC/PHC/Anganwadi/CHC to understand, analyse and evaluate the social work roles and responsibilities and prepare a report	1	30
4	DSE2-E2-MP2	Medical Social work	Observation visits to different hospital settings to understand the role of medical social worker in different medical settings	1	30

4	DSE2-E3-CF2	Child mental health	· Observation of cases while working with children and youth · Initiatives for awareness creation on various issues in the field · Case Studies with the help of case assessment records · Familiarisation of Assessment Tools · Practical sessions on therapies with the help of experts · Preparation of Case records	1	30
4	VAC2-O1	Self-development	- SWOC analysis: Hold a personal SWOC analysis and submit a report in a template framed for the purpose - Stress reduction activity: Demonstrate a visual imagery to bring down stress by creating individual visualization and write down in a journal as to how the student feels after completing the activity - Prepare ten statements projecting three types of communication styles, passive/assertive/ aggressive (Example: A wants to borrow Rs100/- from B Passive: I am sorry, I don't have Rs.100/- to spare now / Assertive: I don't have any money with me / Aggressive: I have no money to give you). - Prepare a tool kit for physical fitness	1	30
4	VAC2- O2	Peer Education	Develop peer tutoring model based on ability, skills, behaviour and knowledge Template preparation for assessment of group interactions Organize peer education programme Organize activities for enhancing self-esteem and confidence Prepare training module for orientation of parents Create a peer education toolkit.	1	30
4	VAC2- O3	Yoga and Wellness	· Practice of Yoga · Practice of Mindfulness	1	30
4	VAC3- O2	Stress Management	Preparing a Capacity building Module for Stress Management and Conducting a training on Stress Management	1	30
4	SEC2-O1	Life Skills	Conduct life Skills Training on any two Life Skills Coping with Stress and Coping with Emotions	1	30
4	SEC2-O2	Business Communication	Introduction, essential elements of Bio data, Resume writing, Curriculum Vitae. Meaning & Drafting of Job Application letter.	1	30
4	SEC2- O3	Leadership, Animation and Training	Conducting training sessions in different schools.	1	30

4	Internship	Fieldwork Practicum	Based on the areas of social work covered till Semester 4. Throughout the internship, reflect on your experiences, apply theoretical frameworks to real-world scenarios, and collaborate with supervisors and peers to enhance your praxis in social work.	2	60

SEMESTER 5

Sem	TYPE	COURSE	Fieldwork Particulars	Credits	Hours
5	DSC12-Major 6	Working with groups	Practice group work in: Child Care Institutions, Anganwadi, Geriatric group, CDS, Kudumbasree, Grama Sabha, MGNREGS, Haritha Karma Sena, Youth group (Any Five of the above and Submit reports).	1	30
5	DSC13-Major 7	Social work administration	Preparation of communication materials related to NGOs -writing letters, reports, conducting meetings, and minutes (documentation and reporting). Resource mobilization and management (Fundraising and Material), Public Relations and Networking, Social Marketing and Advocacy. NGO Management of Social Workers-Case Study of the challenges faced by NGOs during registration.	1	30
5	DSC14-Major 8	Theory and practice of counselling	Fieldwork for 5 days in a counselling / clinical setting. Activities of fieldwork: Case history -5, Practice minimum one therapy, Individual intervention among any special groups – 1.	1	30
5	DSE3- E1-CD3	Rural Community Development and Corporate Social Responsibility	Field visits to both rural and urban areas to observe development projects and initiatives. Data collection techniques such as surveys, interviews, and participatory methods-PRA. Analysis of field data and identification of key development challenges. Development of recommendations and action plans based on field observations. Conduct corporate visits in order to study corporate contribution to the society, and social work roles.	1	30
5	DSE3- E2-MP3	Psychiatric information for social work	Observation of various mental health conditions and its manifestations. Observing the day-to-day activities of a Mental Health setting. Mental Status Examination and Recording of Case History. Mental Health promotion initiatives.	1	30

5	DSE3- E3-CF3	Working with Children in distress	Observation of incidences from newspaper, social media platforms and real-life situations Updating of statistics related to children in distress – National and international Case Identification Case studies Preparation of contact directory of different child welfare agencies Consultation with experts and agency personnels	1	30
5	DSE4- E1-CD4	Urban Community Development	Field visits to urban areas to observe development projects and initiatives Data collection techniques such as surveys, interviews, and participatory methods-PRA Analysis of field data and identification of key development challenges Development of recommendations and action plans based on field observations	1	30
5	DSE4- E2-MP4	Geriatric Social Work	Visit two Senior Care Home and practice and document the Daily Routine of the residents. Practice in Geriatric setting Practice Case work and Group work	1	30
5	DSE4- E3-CF4	School social work	Working with Groups-Children, Parents, Teachers/other staff Working with Individuals-Children/Children with special needs -Social work practice with differently-abled children and special schools School Social Work Interventions: Remedial Education, Supportive Counselling, Sex Education, Career Guidance; Life Skills. Therapeutic Interventions for school social work: play therapy, art therapy, behavioural therapy	1	30
5	Internship	Fieldwork Practicum	Based on the areas of social work covered till semester 5. Throughout the internship, reflect on your experiences, apply theoretical frameworks to real-world scenarios, and collaborate with supervisors and peers to enhance your praxis in social work.	6	180

SEMESTER 6

Sem	TYPE	COURSE	Fieldwork Particulars	Credits	Hours
6	DSC15-Major 9	Social work research	**Community Needs Assessment:** During fieldwork, learners can participate in assessing the needs and assets of communities or specific populations through surveys, interviews, focus groups, or secondary data analysis. Major focus areas are the following: **Research Proposal Development:** Engaging in the process of developing research proposals and gain practical experience in articulating research questions, identifying theoretical frameworks,	1	30

			selecting appropriate methodologies, and designing research studies. **Literature Review** on specific topics relevant to social work practice to identify, evaluate and synthesize existing research studies and understand a particular issue. **Data Collection:** to engage in various methods of data collection, such as interviews, surveys, focus groups, case studies and observations. **Data Analysis:** Learn to analyze qualitative or quantitative data using SPSS. **Ethical Considerations:** Fieldwork provides opportunities to navigate ethical dilemmas related to research, such as ensuring confidentiality, obtaining informed consent, protecting participant rights, and maintaining cultural sensitivity. Engaging in discussions and reflections on ethical issues encountered during fieldwork enhances your ethical decision-making skills as a social work researcher.		
6	DSC16-Major 10	Social Legislations	Visit to CWC, JJB, Correctional Home, DCPU, Observation Home, Suraksha Home, Child Care Institutions – Children Home, Asha Bhavan for men and women, Home for differently abled (Visit minimum 5, conduct group discussion and prepare report on legislative outcomes and lacunae)	1	30
6	DSC17-Major 11	Fieldwork Lab	The student undertakes a live-in experience of 14-15 days in the area of specialization to get acquainted with the context of specialization, as well as the roles and duties of the social worker in the specialized setting.	4	120
6	DSE5-E1-CD5	Gerontological Social Work Practice	Fieldwork **may** include the following: • Addressing Immediate Health Needs: Organize medical check-ups and health camps to provide older adults with access to basic healthcare services, including blood pressure monitoring, diabetes screening, and medication management. • Awareness Campaigns on Elder Abuse: Conduct workshops on elder abuse prevention and intervention. • Advocacy for Pension Rights: Advocate for the rights of older adults to access pension benefits and other social security schemes, providing support in navigating the application process. • Promoting e-financial Literacy: Conduct e-financial literacy workshops to help older adults manage finances and plan for retirement. • Addressing Social Isolation and Loneliness: Implement interventions to combat social isolation and loneliness among older adults. • Promoting Intergenerational Solidarity: Facilitate intergenerational programs that bring together older adults and youth to exchange knowledge, skills, and experiences.	1	30

			• Promoting Traditional Healing Practices: Integrate traditional healing practices like Ayurveda and yoga into gerontological care plans. • Navigating Healthcare Systems: Assist older adults in navigating complex healthcare systems and advocating for their needs. • Promoting Healthy and graceful Aging: Educate older adults about healthy lifestyle choices and disease prevention. • Accessible Transportation Services: Advocate for accessible transportation services to help older adults		
6	DSE5-E2-MP5	Psychiatric Social Work and Rehabilitation	Practice the roles of social worker in a Mental health setting Mental Status Examination and Recording of Case History Practice of Case Work in Mental health setting Practice of Group Work in Mental Health setting Prepare Individual Care Plans, Project Proposals for children in need of mental health care and protection. Engaging in policy advocacy and systems change initiatives to improve mental health services and address systemic barriers.		30
6	DSE5-E3-CF5	Gender and Development	To conduct observation visits for various projects including Suraksha etc	1	30
6	DSE6- E1-CD6	Social Policy and Planning for Community Practice	Organize a community forum to discuss the intersection of social policy and planning with local policymakers. Conduct a heritage walk focusing on historical landmarks related to social policies and planning initiatives. Engage students in a mock policy formulation exercise addressing a community issue, with presentations to community leaders. Partner with a local organization for a needs assessment survey, practicing stakeholder involvement and goal setting. Implement a small-scale social planning initiative with community members and evaluate its impact on well-being. Guide students in developing advocacy campaign plans for local policy issues, emphasizing effective communication and coalition-building strategies.	1	30
6	DSE6-E 2-MP6	Therapeutic Interventions	Conduct Workshops/Training that apply the principles of the major schools of Psychotherapy.	1	30

6	DSE6- E 3-CF6	Family Life Education	To conduct awareness programmes in Community on positives of family life Preparing modules on Family Life Education Visit to KSACS, Suraksha project or agencies working in the field of LGBTQ+ Interaction with members of community and prepare a case study report on the problems and discrimination faced by LGBTQ+ Film Review on suitable Movie.	1	30
6	Internship	Fieldwork Practicum	Based on the areas of social work covered till semester 6. Throughout the internship, reflect on your experiences, apply theoretical frameworks to real-world scenarios, and collaborate with supervisors and peers to enhance your praxis in social work.	6	180

SEMESTER 7

Sem	TYPE	COURSE	Fieldwork Particulars	Credits	Hours
7	DSC18-Major12-Honours	Social Work Competencies	Practice in a Social Work Setting by conducting the following: Organize a training programme by making use of IEC training materials Prepare an assessment report on the needs and problems of a community in a template Frame rural community profile Evaluate the outcome of a social development project executed by a Grama Panchayat Gather information about a tribal community using the tool designed for Ethnographic Data Base (EDB)	1	30
7	DSC19-Major-13-Honours	Project Planning and Management	Hands-on Training on Participatory Rural Appraisal (PRA) Fund Raising management: Basic Principles and strategies Major Gift Programs: Strategies; Preparation for a Major Gifts Initiative - The Solicitation Interview; CSR and Fundraising; Cause-related marketing and Social Marketing Evaluation of Fundraising Plans and Process and Presentation of Fundraising Plan. Students will prepare a Fundraising Project Proposal for the rural area where they conducted the PRA	1	30
7	DSC20-Minor7	Project Management	Hands-on Training on Participatory Rural Appraisal (PRA) as part of SEC3 Fundraising management: Basic Principles and strategies Students will prepare a Project Proposal for the rural area where they conducted the PRA	1	30

7	DSC21-Minor8	NGO Management	Prepare a document for NGO registration – MOA, by-laws and rules and regulations Preparation of communication materials related to NGOs – brochure of the NGOS, writing letters, reports, conducting meetings, and minutes (documentation and reporting) Resource mobilization and management (Fundraising and Material), Public Relations and Networking, Social Marketing and Advocacy Case Study of a NGO relating to administrative process.	1	30
7	DSC22-Minor9	Social Entrepreneurship and Social Innovation	Hands-on Training on Social Innovation and Social Entrepreneurship Students will practise social innovation and social entrepreneurship tools and techniques to identify the needs or problems of the rural area. They will prepare a detailed model of social innovation and social entrepreneurship viable projects for the rural area. Students will prepare one social innovation project and one social entrepreneurship project for the rural area.	1	30

SEMESTER 8

Sem	TYPE	COURSE	Fieldwork Particulars	Credits	Hours
8	DSE7-Elective1-CD7	Social Entrepreneurship and Innovation	Hands-on Training on Social Innovation and Social Entrepreneurship Students will practise social innovation and social entrepreneurship tools and techniques to identify the needs or problems of the rural area. They will prepare a detailed model of social innovation and social entrepreneurship viable projects for the rural area. Students will prepare one social innovation project and one social entrepreneurship project for the rural area.	1	30
8	DSE7-Elective2-MP7	Advanced Therapeutic Interventions	Conduct Workshops/Training/Role Plays that apply the principles of the major schools of Psychotherapy. Practice in a Psychiatric Social Work Setting which applies Therapeutic techniques.	1	30
8	DSE7-Elective3-CF7	Family Social Work	Conduct workshops/role-plays for various therapies. (Solution focused family therapy, CBT, etc.) Practice in a Psychiatric/Family Social Work Setting which applies Therapeutic techniques.	1	30

8	Internship	Fieldwork Practicum	Based on the areas of social work covered till semester 8. Throughout the internship, reflect on your experiences, apply theoretical frameworks to real-world scenarios, practice the methods of social work, and collaborate with supervisors and peers to enhance your praxis in social work.	12	360

Total hours of Fieldwork for different pathways

BSW	1020 hours
BSW Double Major with Social Work as First Major	1020 hours
BSW Double Major with Social Work as Second Major	1020 hours
BSW Honours	1680 hours
BSW Honours with research	1620 hours

11.2. Fieldwork Practicum: Course Outcomes

Course Outcomes	PSO Mapping	Bloom's Level	Weightage
1. Differentiate between social service (voluntarism) and professional social work practice.	PSO1	Analyse	Level 1
2. Understand the working of social work agencies in the society and role of social workers in various contexts	PSO 1 PSO 5	Understand	Level 2
3. Apply and integrate inter-disciplinary knowledge in analysing society and social problems.	PSO 1 PSO 3 PSO 5	Analyse	Level 2
4. Integrate social work theory with practice.	PSO 1	Evaluate	Level 3
5. Initiate professional socialisation process by observing and interacting with social work professionals.	PSO2	Apply	Level 1
6. Apply social work values and principles to the practice situation.	PSO 2	Apply	Level 2
7. Analyse situations where ethical dilemmas arise and apply the code of ethics to resolve problems.	PSO 2	Evaluate	Level 1

8. Demonstrate values, principles, attitudes and attributes that reflect commitment and professionalism in dealing with human problems.	PSO 2	Apply	Level 2
9. Plan for development of personal and professional self, so as to contribute to professional growth and development	PSO 2	Create	Level 1
10. Make effective use of supervision and learn from experiences shared during group conferences by fellow trainees	PSO 2	Apply	Level 1
11. Connect and work with others to achieve a special task	PSO 2	Apply	Level 1
12. Practice Community organisation by abiding its principles and scientific procedures - Implement at least a community intervention programme/project based on community study.	PSO 3 PSO 4	Apply	Level 2
13. Practise Social Group Work by abiding its principles and scientific procedures. (working with Groups of learners' choice (Children, youth, women, elderly etc.) Minimum one group with minimum 12-15 sessions etc.	PSO 3	Apply	Level 2
14. Practise Social Case Work by abiding its principles and scientific procedures (Identify minimum 5 cases and complete minimum 3 cases and report the same)	PSO 3	Apply	Level 2
15. Acquire skills in organising and leading a community camp of ten-day duration (inclusive of pre-camp preparation and post event/ evaluation).	PSO 4	Apply	Level 1
16. Understand how a social welfare organisation is administered and managed.	PSO4	Apply	Level 1
17. Undertake documentation, reporting and research in Social Work Interventions, with the aim of producing evidence base for the effectiveness of social work interventions.	PSO 4	Apply	Level 2
18. Make visual and oral presentations based on the community analysis and projects undertaken.	PSO 4	Apply	Level 1
19. Develop life skills, hard skills, soft skills and IT skills that will contribute to competent performance.	PSO 4	Apply	Level 1
20. Organise capacity building programme/advocacy on any contemporary social issue utilising the possibilities of social media, communication technique, art forms and theatre.	PSO 4	Apply	Level 1

11.3. Essential Requirements of Fieldwork Practicum

13. **Fieldwork supervisor:** Each student shall be assigned to a fieldwork supervisor, who shall be

responsible to guide the student in their fieldwork.

14. **Initial orientation:** Students shall be made aware about fieldwork opportunities and fieldwork requirements.
15. **Fieldwork Reports:** to be submitted at the desk of the fieldwork supervisor the following week on ***Monday before 9.00am***. The fieldwork report is expected to be unique to each student and copying shall be considered as malpractice. Reports are to be written and submitted weekly to the supervisor for timely feedback. Formats for reports may be prescribed by colleges. The minimum requirements for a report consists of (a) proper organisation of report- cover page, index indicating days and hours and field practicum opportunities; (b) A separate report is expected for every day of fieldwork. All individual reports shall indicate day, date, time, place, type of field practicum, title of programme and number of hours; the body of the report shall have the following heads- Objectives, Activities Planned, Activities undertaken, Observations, Learnings, Evaluation and Plan for next-day. (c) Where some field practicum opportunities cover a number of days, a summary report is mandatory. For example: the 10 day rural camp shall have 10 days of individual reports as well as a brief summary report. Summary reports are also expected for Case Work and Group Work and Community Practice.
16. **Group conferences:** Common instructions to all students are given and sharing of field experiences is done during group conferences. At Least six group conferences in a semester would be ideal.
17. **Supervisor Conferences:** The supervisor shall organise conferences with students to provide feedback, instructions and clarifications based on their report.
18. **Individual Conferences:** Every student is supposed to meet the supervisor to receive further feedback and assistance on their unique field experiences.
19. **Planning meetings of Summer, Block Placement and other activities:** There shall be planning meetings and students shall be assigned to work in committees to take leadership in executing these programmes.
20. **Fieldwork Presentations:** At the end of concurrent fieldwork, summer and block placements there shall be fieldwork presentations.
21. **Semester-end assessment with Faculty supervisor:** The Supervisor shall provide feedback to students on their general performance during the semester.
22. **Viva Voce:** Viva voce shall be conducted internally to assess the students' understanding about social work as well as to evaluate the extent of acquisition of professional social work skills and values. At least one internal viva-voce at the end of first year needs to be conducted

to assess if students are able to apply and integrate theory and practice.

11.4. Fieldwork Opportunities

Fieldwork is undertaken along with every course. There are 18 major opportunities available for fieldwork. The fieldwork hours of different courses may be combined so as to meet the outcomes prescribed for fieldwork.

1. Exposure/Orientation Visits
2. Concurrent fieldwork in a social work setting
3. Life Skills Training
4. Street theatre workshop
5. Know your Neighbourhood (KYN)- Minimum 6 Organizations (usually done during holidays)
6. Community Profile- of community assigned for concurrent fieldwork
7. Social Sensitization Camp/ Live-in Rural Camp
8. Internal Viva to gauge integration of theory and practice.
9. Specialisation Exposure Visit (5 Organizations)
10. Concurrent or Block fieldwork/Live-in exposures in specialisation-based setting: Psychiatric Setting/Rural setting
11. Live-in exposures in specialisation-based setting: Medical Setting/Urban Setting
12. Participatory Rural Appraisal (PRA) Camp
13. Study Tour

Other activities students may engage in through-out the year, that can be counted towards fieldwork hours (Minimum 10 days). However, these activities shall be undertaken over and above the activities listed above.

14. Survey and research
15. Extension activities of the department

16. Social work students Association (KAPS Students chapter) activities
17. Collaborations with government and non-government agencies
18. Responses to emergencies like natural calamities, epidemics and disasters.

ANNEXURES

MASTERS OF SOCIAL WORK (MSW)

PROGRAMME SPECIFIC OUTCOMES (PSOs)

PSO1: INFORMED ABOUT THE PROFESSION
The trainee shall be well-informed about the profession, by acquiring profession-specific and interdisciplinary **knowledge**.
1.1. Appreciate the importance of **informed practice** and **evidence-based practice**.
1.2. Critically analyse the **definitions, historical and contemporary contexts** of Social Work as a profession, with the aim to **indigenize** and improvise social work practice in India.
1.3. List and understand the situations where various **components of professional social work** can be applied: Social Work Theories, Process, Methods, Practice Models and Fields/Settings, Values and Skills.
1.4. Apply **Interdisciplinary concepts and theories** to practice situations (Psychology, Sociology, Economics, Social Legislation, Medicine, Psychiatry, Development, Management and Administration etc.)
PSO 2: EXPRESS PROFESSIONALISM
The trainee shall demonstrate **ethical and professional behaviour* and attributes**.
2.1. Develop **self-awareness** and understand how personal attributes can influence professional client relationships.
2.2. Plan for personal development and continuous professional development
2.3. Demonstrate **ethical behaviour** by adhering to the Code of Ethics
2.4. Contribute to the profession by actively participating in **professional associations**.

2.5. Apply the **core values and principles** of Social Work.
2.6. Appreciate of **supervision** and feedback.
2.6. Express **attributes** like Accountability, Punctuality, Honesty, Hard work, Flexibility, Resilience, Commitment, Creativity, Adaptability, Quality-orientation, Sustainability Consciousness, Life Skills.
PSO 3: APPLY THE PROBLEM-SOLVING PROCESS[2]
The trainee shall systematically and skilfully apply the **problem-solving approach** in the process of helping clients achieve better social functioning.
3.1. Engage with individuals, families, groups, organizations, and communities
3.2. Assess individuals, families, groups, organizations, and communities.
3.3. Intervene with individuals, families, groups, organizations, and communities.
3.4. Evaluate practice with individuals, families, groups, organizations, and communities.
PSO 4: DEMONSTRATE SOCIAL WORK SKILLS [3]
The trainee shall demonstrate the **social work skills** relevant to the practice of **social work methods**.
4.1. Building people's organizations: by mobilizing, forming and sustaining people's organizations (groups, associations, institutions, systems, facilities, etc.), until the goal of its formation has been achieved.

[2] NASW Core Competencies

[3] **Alexander, J.S. and Joseph, K.A.. June 2019.** The 10 Core 'Interventive'-Skill Areas (CIA) of Social Work Practice in India: A Theoretical Proposition For Social Work Education. *Loyola Journal of Social Sciences*, 33(1).

4.2. Capacity Building: Employ various empowerment strategies like conscientization, education, training, designing of IEC so as to bring about positive change in clients.
4.3. Entrepreneurship/Livelihood Support: Facilitate the process of economic empowerment of self and clients through entrepreneurial and livelihood support programmes.
4.4. Networking/Alliance management and Resource Mobilization: Create and be part of networks, linkages, partnerships and collaborations, mobilize resources, and manage the ensuing relationship so as to bring about productive results to the clients that the social worker serves.
4.5. Psycho-social support and Counselling: Undertake psycho-social support techniques, including counselling, to facilitate better social functioning in clients.
4.6. Rehabilitation: Employ various strategies to assist persons and their families who have been affected by displacement, disability or disease be to rehabilitated.
4.7. Research: Engage in practice-informed research and research-informed practice.
4.8. Policy Practice: Engage in policy practice by critically analyzing social-economic and political sub-strata and employing effective lobbying techniques.
4.9. Mediation: Employ mediation to assist individuals, families, groups, organizations, and communities in resolving or reconciling conflicts and disputes.
4.10. Advocacy: Employ advocacy strategies and techniques to advance human rights and social, racial, economic, and environmental justice.
4.11. Documentation: Document and maintain proof for all social work interventions, so that they can be readily used for administrative as well as research purposes.
4.12. NGO and Project Management: Start an NGO, apply for projects, manage an NGO and projects using POSDCORB.
4.13. Digital Proficiency: Digitally proficient in using various ICT tools and applications that can enhance the practice of methods, processes and skills of social work.

PSO 5: PRACTICE IN MULTIPLE CONTEXTS
The trainee shall be capable of incorporating **diversity in practice** by adapting to **multiple fields and contexts** of social work and **engaging sensitively with clients** of different socio-cultural and religious backgrounds.
5.1. Engage diversity, equity and inclusion in practice.
5.2. Incorporate the **systems approach** in practice, considering macro-meso-micro contexts.
5.3. Be exposed to the roles and responsibilities of the social worker in multiple social work practice **settings/fields**.
5.4. Function and contribute within a **multi-disciplinary team.**

ANNEXURE 2 - EVALUATION

EVALUATION CRITERIA FOR FIELDWORK, INTERNSHIP & PROJECT*

* BoS (Social Work) Meeting. 24March 2023, 11.00a.m.; FYUPG Sub-committee (Jose, S. & Ashik Shaji). 25April 2024, 6.15p.m.)

1. The **Fieldwork** undertaken during all the Semesters -1, 2, 3, 4, 5, 6, 7 & 8; the **Internships** (requirement for BSW Honours) undertaken during Sem-4, Sem-5, Sem-6 and Sem-8; besides for the **Project** (requirement for BSW Honours with Research) must be evaluated by means of a ***viva voce***.
2. All odd semester (Sem-1,3,5,7) *viva voce*s should be *internally* engaging a panel of 3 teaching faculty (social work) chaired by the Head of the Department/Coordinator. The marks must be compiled independently based on definite parameters (e.g. knowledge, analysis, application of theory, communication, assignments, punctuality in the field, quality of reporting, etc.). The marks awarded by each of the three invigilators and the average is to be recorded in a register with minutes stating the date, names of the evaluators, the assessment criteria (parameter), and the marks awarded, counter-signed by the Principal. The register must be made available to the External Panel to follow during Sem-2, Sem-4, Sem-6 and Sem-8.
3. In the same manner the viva voce for even semesters - Sem-2, Sem-4, Sem-6 and Sem-8, must be undertaken by an Independent Panel consisting of three teaching faculty (social work) - *one internal* teacher and *two external* teachers from among whom, preferably a senior faculty designated by the CE's Office will officiate as Chairperson. The examination will be comprehensive in nature to assess the candidates for their knowledge of social work theory/methods, principles, philosophy, fieldwork practice, internship and project (Sem-VIII). The mark by each panel member, and its average marks awarded must be recorded in the register as in the manner mentioned earlier and will be countersigned by the Principal.
4. The total marks for semester-wise **fieldwork** (Sem-1-8), **internship** (Sem-4, Sem-5, Sem-6 and Sem-8) and **Projects** will be out of a **total of 100 marks**. Of the total marks to be awarded during the even-semesters **40 marks** will be **awarded internally** by the respective fieldwork supervisors exercising due diligence, and **60 marks** will be awarded **by the panel of external examiners**.